

Purpose

- ♥ Demonstrate what has been learned in the *Live...from the Heart* unit
- ♥ Highlight what young adults should know about heart disease risk and prevention

Time Frame

2–3 hours

What Students Do In This Activity

In this lesson, students create a community health pamphlet to educate students their age about heart disease.

Materials

- ♥ Copies of the **Lesson 5 Student Pages**
- ♥ Internet access
- ♥ Access to other information sources, such as magazines, newspapers, books and encyclopedias
- ♥ Paper
- ♥ Colored pencils, crayons or markers
- ♥ Tape, glue and scissors
- ♥ Computer with publishing software (optional)

Notes:





Procedure

1. Refer to **Lesson 1**, in which the class completed the **“What We Know About Heart Disease”** and **“What We Want to Know About Heart Disease”** columns of the KWL chart. As a class, complete the **“What We Have Learned About Heart Disease”** column. Discuss and document what the students have learned about heart disease from the previous classroom activities, as well as from the live broadcast of heart surgery.

2. Ask students to generate a list of topics they think students their own age should know about heart disease. Guide the discussion to include the following topics: how the heart works, risk factors for heart disease, preventive measures, symptoms of heart disease, diagnosis, and treatments.

1. Distribute **Lesson 5 Student Pages** and read the instructions to the class. Students will design a pamphlet to educate fellow students about heart disease. Their pamphlet should cover at least three major topics, include illustrations and have a catchy title or slogan.
2. Explain the grading criteria. (See *Suggested Grading Rubric* on page 5-3.)
3. To wrap up the lesson and unit, choose several pamphlets and have the students present the information to their class or other classes.

You may wish to hold a health fair in which students give presentations on heart health and disseminate their pamphlets. Pamphlets can be displayed throughout the school (on bulletin boards, in the library or in the main office), distributed to other classes or sent home to families.

Notes:

[illegible]



Lesson 5: Let's Educate!

Suggested Grading Rubric

Catchy title or slogan	0	1	2	3	4	5
Explanation of heart disease	0	2	4	6	8	10
Three major topics						
<i>Topic one</i>	0	1	2	3	4	5
<i>Topic two</i>	0	1	2	3	4	5
<i>Topic three</i>	0	1	2	3	4	5
Creativity	0	1	2	3	4	5

Points Earned _____ / 35 Points Possible



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Catchy title or slogan	0	1	2	3	4	5
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<i>Topic two</i>	0	1	2	3	4	5
<i>Topic three</i>	0	1	2	3	4	5
Creativity	0	1	2	3	4	5

Points Earned _____ / 35 Points Possible