

My Weekly IELTS Solo Speaking Practice Planner

Goal: Build confidence and fluency with consistent, focused practice (aim for 15–30 minutes daily).

How to Use:

- 1. **Weekly Focus:** At the start of the week, decide on a general area to focus on (e.g., improving fluency, using specific grammar, pronunciation of certain sounds).
- 2. **Daily Plan:** Each day, choose 1–2 activities. You don't have to do everything every day! Mix it up.
- 3. **Track:** Briefly note down the topic or specific exercise you did.
- 4. **Reflect:** Use the notes section to jot down anything you noticed – challenges, successes, or things to work on next time.

Remember: Consistency is key!

Week Starting: _____

My Weekly Focus: _____

Day	Focus Area for Today	Cue Card Practice (Part 2 Topic/Time)	Short Qs (Part 1/3 Topic/Time)	Record & Review? (✓)	BetterSpeak Practice (Exercise/Focus)	Notes / Reflection
Monday						
Tuesday						
Wednesday						
Thursday						
Friday						
Saturday						
Sunday	Review /Rest	(Optional catch-up)	(Optional catch-up)		(Optional review)	Weekly reflection: What went well? Next week?