

Kanchenjunga Base Camp Trek

- Visit both Kanchenjunga North Base Camp (5,140m) and South Base Camp (Oktang Viewpoint, 4,730m), with spectacular views of Kanchenjunga (8,586m), the world's third-highest mountain.
- Trek through one of Nepal's most remote Himalayan regions, passing traditional villages, forests, alpine meadows, and untouched wilderness.
- Cross the high passes of Sele Le (4,290m), Mirgin La (4,663m), and Sinelapche La (4,646m), surrounded by stunning mountain scenery.
- Enjoy views of iconic Himalayan peaks including Jannu (7,710m), Kirat Chuli (7,365m), Nepal Chuli (7,177m), and Kabru (7,338m).
- Walk alongside the Kanchenjunga and Yalung Glaciers through dramatic alpine landscapes and glacial valleys.
- Experience authentic Tibetan Buddhist culture in remote villages, monasteries, and traditional mountain communities.

ITINERARY

01 DAY	Hotel in Kathmandu	Arrival in Tribhuvan International Airport Transfer to Hotel in Kathmandu.
02 DAY	Tea House in Taplejung	Fly to Bhadrapur & Jeep Drive to Taplejung Early morning transfer from your hotel to Kathmandu domestic airport. Take a scenic 45-minute flight to Bhadrapur, enjoying aerial views of Nepal's diverse landscapes. Upon arrival, continue by jeep toward Taplejung, passing through Birtamod, Ilam, Jorpokhari, and Amarpur. As the road climbs, the air becomes cooler, marking the beginning of your Kanchenjunga adventure. Ride Duration: 45 Minutes Max Altitude: 1,820 m Mode of Travel: Flight & Jeep Drive
03 DAY	Tea House in Sekathum	Drive to Sekathum After breakfast, drive from Taplejung to Sekathum along narrow mountain roads. The route passes lush forests, traditional settlements, and follows the Tamor River. Permits are checked at the Kanchenjunga Conservation Area checkpoint before reaching Sekathum. Distance : 13 km walk Max Altitude: 1,576 m Duration: 6–7 Hours
04 DAY	Tea House in Amjilosa	Trek from Sekathum to Amjilosa Begin trekking after breakfast. The trail follows Ghunsa Khola and Thotane Khola, passing through rhododendron forests, rocky paths, and suspension bridges. A mix of ascents and descents makes today adventurous. Distance : 10 km Max Altitude: 2,308 m Duration: 4–6 Hours

05 DAY	Tea House in Gyabla	Trek from Amjilosa to Gyabla Trek through the Kanchenjunga Conservation Area, rich in flora and fauna. Cross suspension bridges over the Ghunsa River and keep an eye out for red pandas. Reach the Tibetan-style village of Gyabla (Kyapra). Distance : 9 km Max Altitude: 2,730 m Duration: 4–5 Hours
06 DAY	Tea House in Ghunsa	Trek from Gyabla to Ghunsa Walk through rhododendron and oak forests with waterfalls and mountain views. Pass Phale village, known for its carpet factory, before reaching Ghunsa, the cultural center of the region. Distance : 10 km Max Altitude: 3,595 m Duration: 4–5 Hours
07 DAY	Tea House in Ghunsa	Acclimatization Day at Ghunsa Rest and acclimatize at Ghunsa. Optional hikes to nearby ridges for views of Mt. Jannu (Kumbhakarna Peak). Explore local monasteries and learn about Tibetan culture and traditions. Distance : 5-8 km round trip Max Altitude: 3,595 m Meals: Breakfast, Lunch & Dinner Accommodation: Lodge in Ghunsa
08 DAY	Tea House in Khambachen	Trek from Ghunsa to Khambachen Trek north along Ghunsa Khola through pine and rhododendron forests. Enjoy views of Mt. Jannu, Temachungi, Pholesobi Thongje, and surrounding peaks. Pass mani walls and chortens before reaching Khambachen. Distance : 14 km Max Altitude: 4,050 m Duration: 4–6 Hours
09 DAY	Tea House in Khambachen	Side Trip to Jannu Viewpoint (4,420 m) Optional acclimatization hike to Jannu (Faktanglung) Viewpoint, a sacred site for the Kirat community. Enjoy close-up views of Mt. Jannu, glaciers, and surrounding peaks. Return to Khambachen. Distance : 6 km round trip Max Altitude: 4,420 m Duration: 5–6 Hours
10 DAY	Tea House in Lhonak	Trek from Khambachen to Lhonak Follow the Ghunsa Khola through alpine terrain and moraines. Pass Ramtang village and monastery, with views of Ramdang, Mera, and Kanchenjunga glaciers. Distance : 12 km Max Altitude: 4,790 m Duration: 5–6 Hours
11 Day	Tea House in Lhonak	Trek to Kanchenjunga North Base Camp (Pangpema) & Return to Lhonak Early morning trek to Pangpema, the North Base Camp of Mt. Kanchenjunga. Enjoy panoramic views of Kanchenjunga, Kirat Chuli, Nepal Chuli, Ramtang Peak, and surrounding glaciers. Return to Lhonak. Distance : 14 km round trip Max Altitude: 5,140 m Duration: 7–8 Hours
12 Day	Tea House in Ghunsa	Trek from Lhonak to Ghunsa Descend via the same trail through Ramtang and Khambachen, returning to Ghunsa. Distance : 26 km

		Max Altitude: 3,595 m Duration: 6–8 Hours
13 Day	Tea House in Sele Le	Trek from Ghunsa to Sele Le Pass Camp (4,290m) Turn southward out of Ghunsa, climbing a steep, isolated trail through mossy pine woods up to the basic high shelter at Sele Le. Distance : 11 km Duration: 5-6 Hours
14 Day	Tea House in Cheram	Cross Mirgin La (4,663m) and Sinelapche La (4,646m) to Cheram (3,870m) The hardest day on the circuit. Cross multiple high, exposed passes. On a clear day, you can view Makalu and the Everest giants in the distance. Descend sharply into the southern valley at Cheram. Distance : 12 km Max Altitude: 4646 m Duration: Trek 8–9 hrs
15 Day	Tea House in Cheram	Day Hike to South Base Camp (Oktang Viewpoint - 4,730m) & return to Cheram Walk along the lateral moraine of the Yalung Glacier to the Oktang Viewpoint, looking directly up at the frozen south wall and icefalls of Kanchenjunga before tracing your steps back to Cheram. Distance : 12 km round trip Max Altitude: 4730 m
16 Day	Tea House in Yamphudin	Trek from Cheram to Yamphudin (2,080m) Drop fast into dense vegetation alongside the river, followed by a final, sharp grunt over the Lasiya Bhanjyang pass before a long descent into the multi-ethnic village of Yamphudin. Distance : 18 km Max Altitude: 2000 m Duration: Trek 8–9 hrs
17 Day	Tea House in Khamdime	Trek from Yamphudin to Khamdime (1,500m) The final day on your feet. Follow paths through sub-tropical valleys, cardamom fields, and terraced farmlands until you reach the dirt roadhead at Khamdime. Distance : 14 km Max Altitude: 1500 m Duration: Trek 7-8 hrs
18 Day	Tea House in Bhadrapur	Long Drive from Khamdime to Bhadrapur A long, bumpy jeep journey back down through the rolling eastern hills to the flat Terai plains, checking into a comfortable hotel in Bhadrapur. Distance : 93 km Drive Duration : 9-10 hrs
19 Day	Hotel in Kathmandu	Fly from Bhadrapur back to Kathmandu Catch the morning flight back to the capital. The trek is officially complete. Travel Time : 45 mins
20 Day	Hotel in Kathmandu	Rest Day
21 Day		Final Departure

ESSENTIALS

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| ☐ Sleeping bag | ☐ Hat |
| ☐ Neck gaiter | ☐ Sunglass |
| ☐ Base layer top / Baselayer pant (Wool, Merino wool) | ☐ Trekking pole |
| ☐ Insulated layer (fleece) | ☐ Water bottle/bladder |
| ☐ T-shirt | ☐ Toiletries |
| ☐ Puffy Jacket | ☐ Sunscreen SPF 30 / Lip balm |
| ☐ Waterproof shell Jacket | ☐ Protein bars and Snickers |
| ☐ Trekking pant / half pant | ☐ Iodine tablet to purify water |
| ☐ Trekking shoes | ☐ Headlight |
| ☐ Wool socks | ☐ Toilet paper and baby wipes |
| ☐ Glove | ☐ Hand sanitizer / Hand wash |
| ☐ Towel (light) | ☐ First aid kit |
| ☐ | ☐ Take all the cash you need |

INCLUDING IN PACKAGE

- One government-certified and experienced English-speaking local guide for the entire trip.
- Domestic flights
- Private Jeep transfer from Bhadrapur to Taplejung to Bhadrapur.
- All necessary trekking permits.
- All local taxes, VAT, office service charges, and domestic airport taxes.
- Airport pick-up and drop-off domestic.
- Accommodation during the trek on a twin/double-sharing basis (please note: better hotels and attached bathrooms may not be available in some trekking areas).
- Complimentary use of a sleeping bag and duffle bag during the trek (to be returned after the trek).

EXCLUDING IN PACKAGE

- All bar bills and beverages, including soft drinks such as Coke, Fanta, and bottled mineral water.
- Personal travel insurance, internet usage, telephone calls, and laundry services.
- Expenses related to emergency rescue operations, if required.
- All meals throughout the trip.
- Gratuities and tips for guides and porters.
- Personal trekking equipment.
- Charges for hot showers, battery charging, and hot drinking water during the trek.

IMPORTANT NOTES

- The itinerary is changeable and modifiable per the trekkers' needs and time frame.
- Cost will be recalculated if the itinerary is changed or modified.
- Additional activities may be added as per the trekker's request with appropriate additional cost.
- The cost may also be affected due to weather, political disturbance, and natural calamities.
- Single supplement is available only in hotels and not in tea houses.
- The cost may also be affected due to the requirement of a number of guides and porters.
- For any kind of change, please contact us by email or call.
- A total tip of \$10 per trekker per day is expected for both the guide and porter combined (not \$10 each).
- We disclaim any liability for delays or cancellations of domestic flights.
- Great Himalayan Yatri Pvt. Ltd. shall not be held responsible for incidents arising from natural hazards.