# FIERCE TASK SEATING

## **ERGONOMIC FEATURES+ADJUSTMENTS**

### WEIGHT BALANCE, SYNCHRONOUS CONTROL

#### **ARM HEIGHT**

Raise or lower arms to support forearms and keep shoulders in a neutral posture.

Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on outside of arm support while moving arm up or down.

Release button to lock in place.

#### PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.



#### **MESH BACK AND SEAT**

Allows air to circulate naturally the body and the chair back which keeps you cool and reduces hot spots.

#### **SEAT SLIDE**

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.

With back against chair, push the lever up then slide seat forward or back.

Release lever to lock.

#### **TILT LOCK**

Locks tilt of chair to limit recline. Back can be locked in different positions.

Push handle down to engage lock. Pull handle up to disengage lock.

#### WEIGHT BALANCE, SYNCHRONOUS CONTROL MECHANISM

Automatically adjusts to provide the proper amount of tension and recline support.

#### **ANSI/BIFMA ACCEPTANCE**

Meets the ANSI/BIFMA X5.1-2017 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

