

# VORA<sup>®</sup> TASK

## Ergonomic Features + Adjustments

### Swivel Tilt Control

#### PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

**To raise chair, pull lever up while lifting body off seat.**

**To lower chair, stay seated and pull lever down.**

#### TILT LOCK

Locks tilt of chair to limit recline. Back can be locked in an upright position or be set to recline freely.

**Push lever in to engage lock.**

**Pull lever out to disengage lock.**

#### TENSION CONTROL

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

**Turn knob counter clockwise to increase tension.**

**Turn knob clockwise to reduce tension.**



#### ARM HEIGHT\*

Raise or lower arms to support forearms and keep shoulders in a neutral posture.

Proper positioning reduces strain in the neck and shoulders.

**To adjust arm height, press button on outside of arm support while moving arm up or down.**

**Release button to lock in place.**

#### SWIVEL TILT CONTROL MECHANISM

The swivel tilt control allows the seat and back to tilt in unison from a point at the center of the chair to comfortably recline.

\*Your chair may not have all the features and adjustments shown. Please reference the price list for complete offering and material options.

# VORA<sup>®</sup> TASK STOOL

## Ergonomic Features + Adjustments

### Swivel Control



#### PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

**To raise chair, pull lever up while lifting body off seat.**

**To lower chair, stay seated and pull lever down.**

#### ARM HEIGHT\*

Raise or lower arms to support forearms and keep shoulders in a neutral posture.

Proper positioning reduces strain in the neck and shoulders.

**To adjust arm height, press button on outside of arm support while moving arm up or down.**

**Release button to lock in place.**

#### ADJUSTABLE FOOTRING

Raise or lower footring to provide support for legs and relieve uncomfortable pressure under thighs.

**Press down on plastic hub, lift footring up to unlock it, adjust to desired height, press hub up to lock in place.**

#### SWIVEL CONTROL MECHANISM

The swivel control allows the chair to swivel 360°.

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