# EAGER® TASK SEATING ERGONOMIC FEATURES+ADJUSTMENTS

## **TENSION CONTROL**

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Pull handle out, turn forward to increase tension and turn handle backwards to reduce tension.

#### PNEUMATIC LIFT

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.

To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat.

To lower chair, stay seated and pull lever up.

### SEAT SLIDE\*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort. 60mm of total seat depth adjustment

With back against chair, pull the tab up then slide seat forward or back. Release tab to lock.

ARMREST DEPTH/WIDTH/PIVOT\*

Adjust armrests to help relieve strain on neck and shoulders.

To adjust depth and pivot, push upper inside button and move forward or backward to desired comfort.

To adjust width, push inside center button moving it closer or further away from body.

#### **ARM HEIGHT\***

Raise or lower arms to support forearms and keep shoulders in a neutral posture.

Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on outside of arm support while moving arm up or down.

Release button to lock in place.

### ANSI/BIFMA ACCEPTANCE

Meets the ANSI/BIFMA X5.1-2017 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA) and approved by the American National Standards Institute (ANSI).

# Kimball