



THINKING WALK

STATION #1

Eye Contact



- Make an attention noise (“kissy sound” works well).
- When dog looks up at you, say *yes* and reward with a treat or praise.
- Practice this throughout your walk.

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THINKING WALK

STATION #2

Fast/Slow Walking



- Get your dog's attention and walk quickly to the marker.
- Alternate walking slowly and quickly between the next three marker signs.
- If the dog pulls, get her attention and walk the other direction. Treat or praise anytime she is walking by your side.

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STATION #3

Sit



- Ask your dog to sit using a verbal cue, hand signal or treat lure depending on his skill level.
- When dog sits, say *yes* and reward with treat or praise.

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STATION #4

Paws Up



- Using a treat lure, verbal cue or body language, try to get your dog to put both her front paws up onto the railing.
- When she puts her paws up, say *yes* and reward with a treat or praise.

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STATION #5

Walk Backwards



- Turn and face the dog.
- Use your body language to lure him with you as you walk backwards 5 steps.
- Ask him to sit using treat lure or hand signal and say *yes*.
- Repeat 3 times and reward him with treats and praise after the 3rd sit.

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STATION #6

Down



- Sit down on bench.
- Using a verbal cue, hand signal or lure, try to get your dog into a down position on the grass, sidewalk or bench.
- When she is down, say *yes* and reward with praise, petting or a treat.

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STATION #7

Sit & Stay



- Try to get your dog to jump up onto the stone bench.
- Using a verbal cue, hand signal or lure, ask her to sit.
- Start to take one step backwards from her, then two or three if she stays.
- Say *yes* and return to her and reward.

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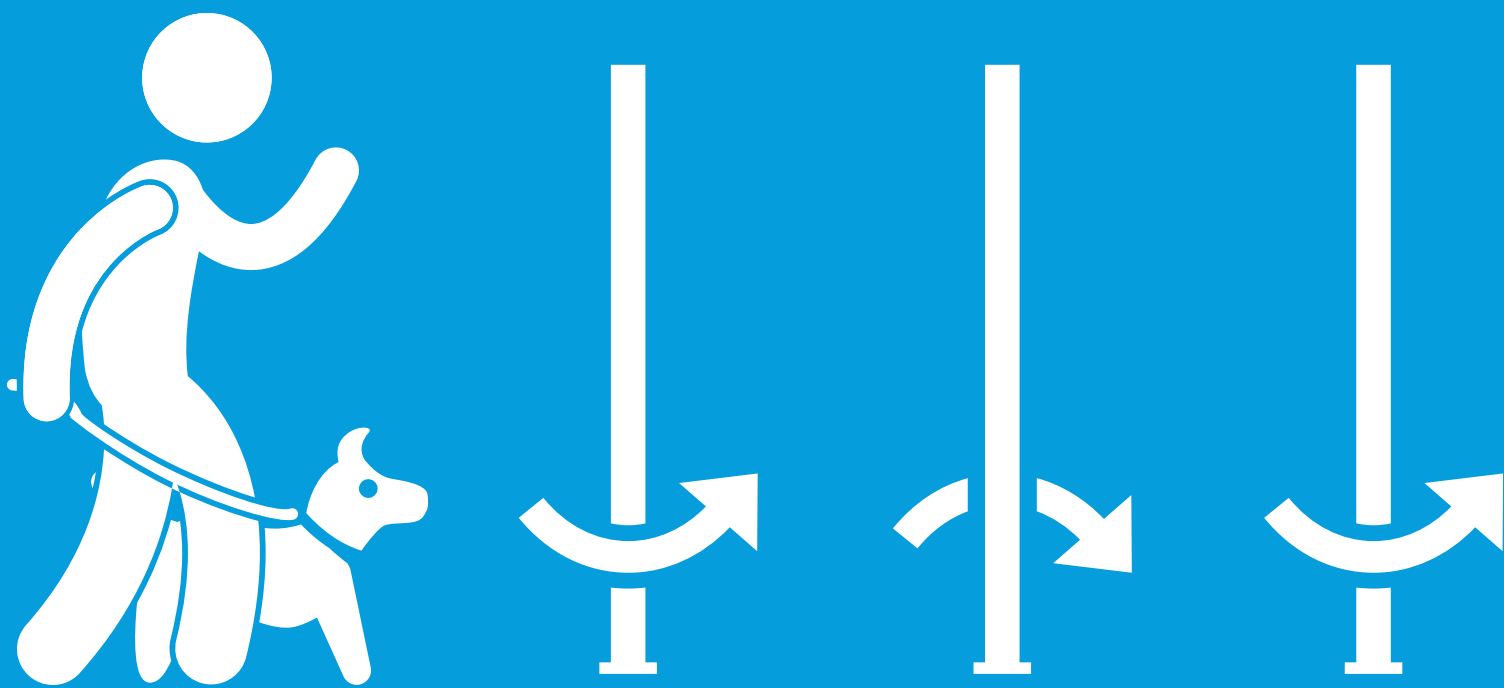
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THINKING WALK

STATION #8

Weave



- Walk off the sidewalk around a post, then onto the sidewalk around the next post, then off the sidewalk around the next, and so on.
- Use body language and treats to keep him focused, encouraging him to stay with you as you weave through the posts.

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STATION #9

Find It/Come



- Show the dog you have a treat or toy.
- Toss it where he can see it, say *find it* and let him go get it.
- When he looks back at you, say *come* and back away a few steps.
- Lure the dog into a sit, reward and repeat.

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THINKING WALK

STATION #10

Sit/Treat Party



- Ask the dog to sit.
- Say *yes* and scatter a handful of treats on the ground, saying *find it*.
- Allow her to find all the treats

Congratulations, you have completed the Thinking Walk! Good job!

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