The Berkshire Patient Portal includes messaging features to help you manage your healthcare appointment schedule. You can choose to receive voice or text messages by updating your primary contact number in your patient portal profile.

- If the first phone number listed in your profile (also known as your "primary phone") is a **land line**, you will automatically receive automated voice notification and reminder calls.
- If the first phone number listed in your profile is a **cell phone**, you will automatically receive text message notifications and reminders.

Follow the instructions below to update your primary phone number and adjust your notification and reminder preferences.

IF YOU ACCESS THE PATIENT PORTAL USING A WEB BROWSER (CHROME, EDGE, SAFARI, ETC.):

1. Visit www.berkshirepatientportal.com and sign in.



2. Select "Profile."





3. On the right-hand side of the screen, select "Update Profile."



- 4. Scroll down to the section of your Patient Information where phone numbers are listed.
 - If you have more than one phone number in your profile, select the one labeled "Primary Phone" and enter the number you would like to use to receive messages.
 - If you have only one number listed, update the number in the first field.

Primary Phone:	Cell Phone:
	Phone 2:

REMEMBER:

If the first phone number listed in your profile (also known as your "primary phone") is a **land line**, you will automatically receive automated voice notification and reminder calls.

If the first phone number listed in your profile is a **cell phone**, you will automatically receive text message notifications and reminders.



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5. Click "Next" at the bottom of the page until you are prompted to "Submit."



6. Click "Submit" to save.







IF YOU ACCESS THE PATIENT PORTAL USING THE MHEALTH APP:

1. Sign into your portal account.

Berkshire Patient Portal	
Sign In	
Welcome to the Berkshire Patient Portal!	
* If you do not have a portal account,	
please call 413-447-2505 or e-mail	
berkshireportal@bhs1.org to request an	
account invitation. You will need to	
provide your full name, date of birth, and	
the email address at which you would like	
to receive the invitation.	
* The Berkshire Patient Portal is available	
to all patients of Berkshire Health	
Systems, Berkshire Family Practice,	
Dalton Medical Associates, and	
Suburban Internal Medicine.	
* Access the Berkshire Patient Portal on	
your mobile device by downloading the	
Meditech MHealth mobile app from the	
Apple App Store or Google Play.	
Username (required)	
Password (required)	
•••••	



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2. Click on the three lines in the upper right to open the menu, then choose "Profile."



3. Click "Request Profile Update."





4. Scroll down to the phone number area and update the first phone number listed:

Cell Phone:
Phone 2:

REMEMBER:

If the first phone number listed in your profile (also known as your "primary phone") is a **land line**, you will automatically receive automated voice notification and reminder calls.

If the first phone number listed in your profile is a **cell phone**, you will automatically receive text message notifications and reminders.

5. Click the "Next" button at the bottom of the page until you come to "Submit."



6. Click "Submit" to save.



