

## CAT HYDRATION DAILY CHECKLIST

### MORNING:

- ☐ Check water bowl is full and clean
- ☐ Refill with fresh water
- ☐ Add water to food (if feeding wet food)

### MIDDAY:

- ☐ Check water level
- ☐ Wash and dry water bowl completely
- ☐ Refill with fresh water

### EVENING:

- ☐ Final water bowl check
- ☐ Monitor litter box for normal urination
- ☐ Refill water bowl before bedtime

### WEEKLY:

- ☐ Deep clean water bowl (soap and hot water)
- ☐ Clean fountain filter if applicable
- ☐ Check for signs of dehydration

### SIGNS TO WATCH FOR:

- ☐ Excessive thirst
- ☐ Increased urination
- ☐ Decreased urination (emergency sign!)
- ☐ Lethargy or decreased activity
- ☐ Loss of appetite
- ☐ Skin loses elasticity (skin tent test)

### EMERGENCY - CALL VET IF:

- ☐ No urination for 24+ hours
- ☐ Excessive thirst with no increase in urination
- ☐ Lethargy combined with appetite loss
- ☐ Vomiting or diarrhea