

[illegible]

PSHRE Curriculum Map



			Children will know how to play alongside each other	Play with one or more children, extending play experiences	Children will share resources and play in a group	Children will take turns whilst playing and waiting patiently to have a go.	Children will consider the feelings of others in stories or small group discussions/play	Children will know how to listen to a friend and agree a compromise.
Observational Checkpoint: Can children share and take turns with others, with adult guidance and understanding 'yours' and 'mine'? Can children settle at activities for a while? Can children play alongside others? Can children take part in pretend play, taking on a role such as Mummy or Daddy? Can children take part in pretend play with different roles such as the Gruffalo? Can children negotiate solutions to conflicts in their play?								

Reception			Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Personal, Social and Emotional	Bourton Meadow Reception	Development Matters (3-4 years)	Being in my world Developing relationships Understanding feelings Managing behaviour, using gentle words and hands	Celebrating differences Uniqueness – what makes me special Families and homes Making friends Anti-bullying week	Dreams and goals Never giving up Goal setting Overcoming obstacles Internet safety day	Relationships Making friends Dealing with falling out Being a good friend	Healthy me My body and exercise Food and teeth cleaning Sleep Stranger Danger Health Week	Transition Changes Coping with change Identifying emotions and introducing strategies

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 1	Curiosity Health and wellbeing. <ul style="list-style-type: none"> Friends and family 	Compassion Living in a wider world. <ul style="list-style-type: none"> Keeping safe 	Respect Living in wider world. <ul style="list-style-type: none"> Unique and differences 	Independence Health and Wellbeing. <ul style="list-style-type: none"> How we have changed 	Resilience Feeling and emotions. <ul style="list-style-type: none"> Feeling reactions 	Integrity Feelings and emotions. <ul style="list-style-type: none"> What is fair 	2 weeks Transition. Focus on values gaps and emotional regulation around change
Year 2	Respect Living in the wider world <ul style="list-style-type: none"> Respecting our differences 	Independence Health and Wellbeing <ul style="list-style-type: none"> Physical health 	Integrity Health and wellbeing <ul style="list-style-type: none"> Identifying risks 	Curiosity Living in the wider world <ul style="list-style-type: none"> Different jobs and money 	Resilience Feelings and emotions <ul style="list-style-type: none"> Good and bad feelings. 	Compassion Feelings and emotions <ul style="list-style-type: none"> Resolving differences 	2 weeks Transition. Focus on values gaps and emotional regulation around change

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Year 3	Curiosity Living in the wider world. <ul style="list-style-type: none"> Conflicting emotions 	Compassion Feelings and emotions. <ul style="list-style-type: none"> Positive and negative effects on wellbeing 	Respect Health and wellbeing <ul style="list-style-type: none"> Balance in life 	Independence Feelings and emotions <ul style="list-style-type: none"> Controlling emotions 	Resilience Living in the wider world <ul style="list-style-type: none"> Our strengths and weaknesses 	Integrity Health and wellbeing <ul style="list-style-type: none"> Protecting our bodies 	2 weeks Transition. Focus on values gaps and emotional regulation around change
Year 4	Curiosity <i>Health and wellbeing</i> <ul style="list-style-type: none"> Risk and assess 	Integrity Feelings and emotions <ul style="list-style-type: none"> Independence in keeping safe. 	Respect Living in the wider world <ul style="list-style-type: none"> Equality and religion 	Independence Feelings and emotions <ul style="list-style-type: none"> Goals and setbacks. 	Resilience Living in the wider world <ul style="list-style-type: none"> Express yourself 	Compassion Health and wellbeing <ul style="list-style-type: none"> Change in our bodies (Medway Lessons) 	2 weeks Transition. Focus on values gaps and emotional regulation around change
Year 5	Curiosity Living in the wider world <ul style="list-style-type: none"> Social media and risks 	Compassion Health and wellbeing <ul style="list-style-type: none"> Personal identity. 	Respect Feelings and emotions <ul style="list-style-type: none"> Loving relationship 	Integrity Living in the wider world <ul style="list-style-type: none"> Careers and spending 	Independence Health and wellbeing <ul style="list-style-type: none"> Substances 	Resilience Feelings and emotions <ul style="list-style-type: none"> Changing and growing (Medway Lessons) 	2 weeks Transition. Focus on values gaps and emotional regulation around change
Year 6	Resilience Health and wellbeing <ul style="list-style-type: none"> Mental health 	Independence Health and wellbeing <ul style="list-style-type: none"> Increasing independence 	Integrity Living in the wider world <ul style="list-style-type: none"> Social media 	Curiosity Living in the wider world <ul style="list-style-type: none"> Social media 	Respect and Compassion Feelings and emotions <ul style="list-style-type: none"> Relationships and puberty 		2 weeks Transition. Focus on values gaps and emotional regulation around change

Updated for September 2024

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