

I	NURSERY		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
		(5)	Self-Regulation  Children will separate from main carer to come into nursery.	Self-Regulation  Beings to Show interest in the lives of people who are familiar to them	Self-Regulation  Children will become confident with visitors in nursery.	Self-Regulation  Takes practical action to reduce risk, showing their understanding that equipment and tools can be used safely	Self-Regulation  Children will show confidence walking around our local area.	Self-Regulation  Shows confidence & self- esteem through being outgoing towards people, taking risks & trying new things or social situations & being able to express their needs & asks adults for help	
Personal, Social and Emotional	Bourton Meadow Nursery	Development Matters (3-4 years)	Managing Self Theme: Marvellous Me Theme: Growing together Children will know the expectations and routine of the nursery day Know everyone has the right to play & learn Children will know to wash and dry their hands before eating and after using the toilet	Managing Self Theme: Colour & Light Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family	Managing Self Theme: Around the World Know how to behave in different settings	Managing Self  Theme: Fantastic Food and Keeping Healthy  Make healthy choices about food, drink and activity  Know that I grow and change	Managing Self Theme: Our Local Area Theme: People who help us & Superheroes Children will know to brush their teeth to be healthy. Know how it feels to belong to a community	Managing Self  Theme: Transitions – starting school and leaving friends  Children will know how to independently use the toilet.  Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'  Understand gradually how others might be feeling.	
			Building Relationships	Building Relationships	Building Relationships	Building Relationships	Building Relationships	Building Relationships	



	Children will know how to	Play with one or	Children will share	Children will take turns	Children will consider	Children will know how to
	play alongside each other	-	resources and play in	whilst playing and	the feelings of others	listen to a friend and agree a
		extending play	a group	waiting patiently to	in stories or small	compromise.
		experiences		have a go.	group discussions/play	

**Observational Checkpoint:** Can children share and take turns with others, with adult guidance and understanding 'yours' and 'mine'? Can children settle at activities for a while? Can children play alongside others? Can children take part in pretend play, taking on a role such as Mummy or Daddy? Can children take part in pretend play with different roles such as the Gruffalo? Can children negotiate solutions to conflicts in their play?

F	Reception		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Personal, Social and Emotional	Bourton Meadow Reception	Development Matters (3-4 years)	Being in my world  Developing relationships Understanding feelings Managing behaviour, using gentle words and hands	Celebrating differences  Uniqueness – what makes me special Families and homes Making friends Anti-bullying week	Dreams and goals  Never giving up Goal setting Overcoming obstacles Internet safety day	Relationships  Making friends Dealing with falling out Being a good friend	Healthy me  My body and exercise Food and teeth cleaning Sleep Stranger Danger Health Week	Transition  Changes Coping with change Identifying emotions and introducing strategies



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Sun	nmer 2
Year 1	Curiosity	Compassion	Respect	Independence	Resilience	Integrity	2 weeks Transition.
	Health and wellbeing.  • Friends and family	Living in a wider world.  • Keeping safe	Living in wider world.  • Unique and differences	Health and Wellbeing.  • How we have changed	Feeling and emotions.  • Feeling reactions	Feelings and emotions.  • What is fair	Focus on values gaps and emotional regulation around change
Year 2	Respect	Independence	Integrity	Curiosity	Resilience	Compassion	2 weeks Transition. Focus on values gaps
	Living in the wider world	Health and Wellbeing	Health and wellbeing	Living in the wider world	Feelings and emotions	Feelings and emotions	and emotional regulation around change
	Respecting our differences	Physical health	<ul> <li>Identifying risks</li> </ul>	Different jobs and money	Good and bad feelings.	Resolving differences	



Year 3	Curiosity	Compassion	Respect	Independence	Resilience	Integrity	2 weeks Transition. Focus on values gaps
	Living in the wider world.	Feelings and emotions.	Health and wellbeing	Feelings and emotions	Living in the wider world	Health and wellbeing	and emotional regulation around change
	Conflicting emotions	Positive and negative effects on wellbeing	Balance in life	Controlling emotions	Our strengths and weaknesses	Protecting our bodies	
Year 4	Curiosity	Integrity	Respect	<i>I</i> ndependence	Resilience	Compassion	2 weeks Transition. Focus on values gaps
	Health and wellbeing	Feelings and emotions	Living in the wider world	Feelings and emotions	Living in the wider world	Health and wellbeing	and emotional regulation around change
	Risk and assess	Independence in keeping safe.	Equality and religion	<ul> <li>Goals and setbacks.</li> </ul>	• Express yourself	<ul> <li>Change in our bodies         (Medway Lessons)     </li> </ul>	
Year 5	Curiosity	Compassion	Respect	Integrity	Independence	Resilience	2 weeks Transition.
	Living in the wider world	Health and wellbeing	Feelings and emotions	Living in the wider world	Health and wellbeing	Feelings and emotions	Focus on values gaps and emotional regulation around change
	Social media and risks	Personal identity.	Loving relationship	Careers and spending	Substances	<ul> <li>Changing and growing (Medway Lessons)</li> </ul>	
Year 6	Resilience	Independence	Integrity	Curiosity	Respect and Compa	ssion	2 weeks Transition.
	Health and wellbeing Health and wellbeing		Living in the wider world	Living in the wider world	Feelings and emotions		Focus on values gaps and emotional regulation around
	<ul><li>Mental health</li></ul>	<ul><li>Increasing independence</li></ul>	• Social media	• Social media	Relationships an	d puberty	change

Updated for September 2024

