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**Lewis County Hospital District No. 1  
dba Arbor Health  
Special Board Meeting Packet**

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**June 4, 2020– 3:00 pm  
ZOOM**

<https://myarborhealth.zoom.us/j/96429422723>

One tap mobile: +12532158782,,96429422723# US

Dial by your location: +1 253 215 8782 US

Meeting ID: 964 2942 2723

**BOARD OF COMMISSIONERS**

**Board Chair – Shelly Fritz, Commissioner – Trish Frady,  
Commissioner – Tom Herrin & Commissioner – Wes McMahan**

## Special Board Meeting Notice

The Lewis County Hospital District No. 1 Board of Commissioners will be holding a Special Board Meeting on Thursday, June 4, 2020 at 3:00 PM. The meeting will be available via Zoom:

<https://myarborhealth.zoom.us/j/96429422723>

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The purpose of this meeting is to interview commissioner candidates for the vacancy of the Position #2 (Packwood, Randle and Glenoma areas). The Board of Commissioners will go into Executive Session per RCW 42.30.110 (h). The Board of Commissioners may take action.



**LEWIS COUNTY HOSPITAL DISTRICT NO. 1  
SPECIAL BOARD OF COMMISSIONERS' MEETING**

**June 4, 2020 at 3:00 p.m.**

**Zoom**

<https://myarborhealth.zoom.us/j/96429422723>

One tap mobile: +12532158782,,96429422723# US

Dial by your location: +1 253 215 8782 US

Meeting ID: 964 2942 2723

**Mission Statement**

**To foster trust and nurture a healthy community.**

**Vision Statement**

**To provide accessible, quality healthcare.**

AGENDA	PAGE	TIME
Call to Order		3:00 pm
Reading of the Notice of the Special Meeting	2	3:01 pm
New Business <ul style="list-style-type: none"> <li>• Interview Commissioner Candidates for Position #2-Packwood, Randle &amp; Glenoma Areas               <ul style="list-style-type: none"> <li>○ <i>To interview commissioner candidate(s) for the vacant position.</i></li> </ul> </li> </ul>	5	3:02 pm
Executive Session-RCW 42.30.110 (h) <ul style="list-style-type: none"> <li>• <i>To evaluate the qualifications of a candidate for appointment to elective office.</i></li> </ul>		4:15 pm
Action		4:45 pm
Oath of Office		4:50 pm
Adjournment		5:00 pm

**NEW BUSINESS**

**MEMORANDUM**

To: Position #2 Candidates  
From: Board Chair Frady  
CC:  
Date: June 4, 2020  
Re: Interview Questions

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1. What makes our mission meaningful to you?
2. What motivates you?
3. How do you represent to your constituents a board's decision you were opposed to?
4. How would you leverage your position in the community and advocate for the District?

Van Anderson  
490 Cannon Rd  
Packwood, WA 98361

Roschelle Fritz, Board Chair  
Lewis County Hospital District #1  
521 Adams Ave.  
Morton, WA 98356

Dear Board Chair Fritz,

I am writing to you to submit my name as a replacement for Mr. Kenton Smith, upon his retirement, as the Packwood/Randle member of the Board of Commissioners for Lewis County Hospital District #1. I believe that I possess attributes and relationships which bring valuable perspective to the board in representing the health care needs of a wide cross-section of the East Lewis County community. Specifically, I feel I can represent three distinct groupings of East Lewis County residents that would otherwise be under-represented on the board: 1) my parents' peer group of retired residents, especially in the Packwood area, who face barriers to health care access in maintaining their preferred residency in East Lewis County, 2) as a member of the LGBTQ community, facing a lack of health care providers able to meet our needs, and 3) as a person currently working in East Lewis County, outside the health care field, and without employer-provided health coverage, facing both the paucity of health insurance coverage options for individuals, and navigating the health care system from the outside.

First, I feel it is best to explain my history in East Lewis County, and my access to health care over my lifetime. I was born as a planned C-section in Swedish Hospital, Seattle, even though my parents were both teachers in the White Pass School District. However, for the entirety of my childhood, Dr. Gerald Stanley was my primary care provider in Packwood until he was unable to continue his Packwood practice in the late '90s. Around that time, I went to college at the University of Idaho, and utilized the campus health system during those years. I returned to East Lewis County, serving on the Cispus Center AmeriCorps team in 2003, whereupon I used Daryl Conklin at the Randle Clinic for my primary health care. I did a second year of AmeriCorps with Habitat for Humanity in Washington, DC, and stayed to work with that organization for a total of five years, with occasional use of walk-in clinics in the DC area for minor health issues. I moved back to East Lewis County a decade ago and have primarily used Arbor Health's Randle Clinic for my health care in that time, utilizing both Washington Apple Health coverage after eligibility through the ACA, and with private coverage through the state's individual marketplace. I am currently employed by the Student Leadership program of the Association of Washington School Principals at the Cispus Learning Center, with primarily administrative and program support roles.

As mentioned earlier, I believe one of my primary assets to the board would be my connection to various communities under-represented in the current board. The first of those communities are the retired individuals present throughout the community, many without local family members, who are especially concentrated in the High Valley community of Packwood. I have watched over the past decade as many of these individuals have sold their chosen homes in East Lewis County in order to live in places where their working children can assist them in transportation and logistics for their increasingly critical health care needs. As Arbor Health plans for the future in terms of both facilities

and services, this population's concerns represent unmet community health needs that could be dramatically improved by careful consideration, outreach, and program development. My connection to this population through my history in the community, as well as my family's ongoing relationship with this population would be of considerable value to the board.

My second asset to the board lies in my insight and connections to the LGBTQ community in East Lewis County. LGBTQ individuals often face both systemic and social barriers in accessing health care in rural communities such as ours. There are two distinct factors that are especially prevalent in rural settings: not knowing if a health provider is up-to-date on LGBTQ health practices, and a lack of trust that health practitioners will deal with LGBTQ health issues appropriately. Especially in the era of federal regulations undermining the baseline of trust that LGBTQ individuals can assume in regards to health care providers, it falls upon Arbor Health to not only ensure that they have practitioners who are well versed in LGBTQ health needs, but also to communicate that those needs can be met fully and appropriately at its facilities.

My third asset is actually the main reason conveyed to me as to why Mr. Smith has asked me to apply to replace him. I am only 40 years old, and work in East Lewis County outside the health care field. I would absolutely decry a Board of Commissioners if it lacked the voices of people with inside experience in delivering health care, and likewise if it didn't include the voices of retired individuals, who have an especially vested interest in ensuring access to the highest quality health care. However, those voices are not the only ones of value, and it is important to be able to meet the general needs of the working community, and absolutely essential that the voices of those who only have experience consuming health care services be present. As a health care consumer, I don't have access to the inside knowledge about how to deal with doctors, billing systems, and insurance companies. I have to navigate an incredibly complex system to maximize my health outcomes while also limiting my financial exposure when accessing health care. At a time when 40% of Americans cannot weather a \$400 emergency expense, this is a significant barrier for many in our current health care climate. Having someone who has dealt with those issues without insider knowledge is of critical importance if Arbor Health is to maintain and enhance its ability to meet its responsibilities to the broader East Lewis County community.

My last asset is an intangible, which I believe lies at the heart as to why Mr. Smith asked me to apply for his seat on the Board of Commissioners. I am fundamentally a systems thinker with an analytical bent, and I live my life trying to do the most good in the world I can. There is a reason why my professional life has found me so consistently working in the non-profit sector; I believe in making people's lives better. Ensuring the highest quality of health care to everyone in East Lewis County is surely one of the greatest opportunities for me to concretely manifest that lifelong pursuit. I would be honored and inspired to be part of that mission with the LCHD#1 Board of Commissioners, and believe I would be an asset to the board in realizing its mission in the East Lewis County community.

With much thanks for your consideration,

A handwritten signature in black ink, appearing to read 'Van Anderson', followed by a horizontal line and a vertical line extending upwards from the end of the horizontal line.

Van Anderson

# Curriculum Vitæ, Van Anderson

## Formal Education

White Pass Jr/Sr High School: graduated 1997

Lower Columbia College: 1996-97 (Running Start)

University of Idaho: 1997-2002

- B.A Classical Studies
- Recipient, summer study abroad scholarship - Akrotiri, Thira, Greece

## Post-college work experience

AmeriCorps public service program:

- Cispus Center AmeriCorps: 2003-04
  - Math tutor, White Pass Jr/Sr High School
  - Supervisor, Morton Teen Center
- Habitat for Humanity of Washington, DC: 2004-05 (7 houses built)
  - Volunteer crew leader
  - Surveying, earth works and foundations lead

Habitat for Humanity of Washington, DC: staff 2005-09 (34 houses built)

- Site Supervisor: 2005-06
  - Managed AmeriCorps team
  - Ensured construction quality and fidelity to plans
- Construction Manager: 2006-09
  - Scheduled subcontractors and materials delivery
  - Managed construction timelines and volunteer utilization
  - Coordinated media events, blitz builds, and site security (DC police, US Secret Service)
- Charter affiliate for Home Depot Partners in Sustainable Building program
  - Adapted Habitat for Humanity construction processes to meet certification as Earthcraft Virginia Tier II standard (~ LEED Gold)

Standards contributor, Unicode Standard v7.0 / ISO 10646: 2009-12

- Academic research, computer programming, and presentations to industry and international standards bodies Unicode Technical Committee and ISO/IEC JTC1/SC2/WG2
- Authored formal proposals to standards bodies, attended committee meetings, and negotiated with international standards members to encode Duployan Shorthands in the Unicode Standard / ISO 10646.
- Required extensive research into computer encodings of other writing systems, research on Duployan shorthand systems for multiple languages, and development of the Unicode shorthand encoding model.
- Yes, these are the people who release the new Emoji every year

Miscellaneous employment: 2012-15

- Packwood Ace Hardware
- Self-employed in residential building trades and home design

Washington School Principals' Education Foundation, Student Leadership program (AWSL): 2015-present

- Technical, administrative, and program support
- Organize programs, conferences, workshops, and retreats for students, teachers, and public school administrators, including vendor/partner liaison for National Association of Workshop Directors conference in 2013.
- Copy editor for miscellaneous communications/advertisement and three published curriculum guides:
  - Building Leaders for Life: A High School Leadership Class Curriculum
  - Starting in the Middle: Leadership Lessons for Middle Level Students
  - Inspiring Students to Lead: A Resource Guide for Elementary Schools



## **Volunteering and community involvement**

Packwood Safe Trails Coalition committee member: 1990s

- Advocates for Cannon Rd walking/biking pathway
- Fundraising and community organization
- Traffic control flagging (volunteer time value matched by grant funding)

National Bone Marrow Donor Registry: mid-1990s

- Helped fundraise for donor registry program
- Produced promotional video on local bone marrow registry drive for national program
- Organized donor registration testing event (~100 added to national registry)

Residence Hall leadership, University of Idaho: 1997-98

- Hall President, Global Village: 1997-98
  - Judicial Committee appointee
  - Delegate to NACURH 1998 conference, Lincoln NE
- Resident Assistant: 1998

Paint the Palouse committee member, Moscow ID: 1998

- Organized weekend-long service event, painting houses and minor construction for low-income/elderly residents in Moscow, ID community.

White Pass Schools, Randle WA

- White Pass & MWP athletics/activities, early 1990s-present
  - Scorekeeper, scoreboard and clock operator
  - track and field event official, cross-country starter and course official
  - Chaperone and extra player for band at district and state tournaments
  - Member of "LOU Crew" community group
- White Pass Levy Committee member, ~ 2017
  - Research and development of levy proposal to fund maintenance and operations for White Pass School District
  - Public outreach for levy election, approved by public vote

Potomac Curling Club, Laurel MD: 2007-09

- Spirit of Curling award: for first year member who "has exhibited outstanding qualities of enthusiasm, sportsmanship and dedication to the club. Endowed with the spirit of the true curler, he or she exemplifies the finest tradition of the roaring game."
- United States Curling Association certified Level I Curling Instructor
- Ice committee member
- Bonspiel volunteer (kitchen, bar, ice maintenance, event management)
- Friday night social league chair: 2008-09 season
- Thursday night drop-in facilitator

High Valley Property Committee appointed member: 2014

- Developed policies and procedures for enforcing community covenants
- Researched and submitted updates of covenants to Board of Trustees

White Pass Historical Society: ~2010-present

- Packwood Mountain Festival (fun run course manager, activities staffing)
- Event staff for presentations and other museum programs

James C. Martinek  
2403 Cispus Road  
Randle, WA 98377  
253 405-9703

3/20/2020 TC. Spoke with Jim.  
Indicated he would not hear  
from Arbor Health/  
Commissioners until May or  
June, maybe longer, d/t state or  
emergency. Jim verbalized  
undersanding. sf

March 12, 2020

Arbor Health  
Ms. Leianne Everett, CEO  
PO Box 1138  
Morton, WA 98356

Dear Ms. Everett,

I am writing this letter to express my interest in the Board Commissioner District 2 position that is becoming vacant. My interest in the community is very important to my future and health facilities are at the forefront of this community. This past year my wife and I moved our permanent residence to our cabin in the Cispus community, which we have owned for over 13 years. This was triggered by our retirement (partial in my case).

My accounting career took me through many challenges as I specialized in the accounting/senior management of construction companies. I left my accounting career with a medium sized site development company in Tacoma as the Chief Financial Officer, during which time the company tripled in size, my contribution was building business profiles and executing them profitably. Since that time in 2010, I have acquired over \$15 million in commercial real estate as an equal partner and the author of each of the companies. I am active in the management of each company, setting up budgets, maintaining quality financial statements along with annual meetings with each partnership. I offer a depth of business knowledge and several years of experience as a board of director's participant.

Education:

- Bachelor of Science degree in accounting with a minor in economics at the University of Maryland, College Park
- United States Coast Guard Masters 50 ton License, where I have passed a thorough examination from Homeland Security.
- Construction Financial Management Association, past member
- Member of Toastmasters Olympia

Listed are some of the board of director positions I have held:

- Seaport Museum, Tacoma waterfront. A non-profit organization for the benefit of the public with a flair for marine education for children.
- Chambers Creek Boat Owners Inc. Steilacoom, WA Treasurer responsible for the budget, financial reporting and physical assets of the organization.
- Tacoma Yacht Club, a 1,500 member non-profit boating organization. Actively participated on the board for four years as well as a leader of the organization as Commodore for three years.
  - I am still on the Finance Committee of this non-profit organization.
- United Church of Christ Seneca Valley, Treasurer and active participant in the development and growth of this community church.

Business Owner:

- Fife Business Investors, LLC Commercial real estate in Fife, WA
  - Managing member, active partner
- Fife Commercial Investments, LLC Commercial real estate in Fife, WA
  - Managing member, active partner
- Huson Street Partners, LLC Commercial real estate in Tacoma, WA
  - Member, silent partner
- Adventure Investments, LLC, holding company
  - Managing member

I have lived and raised two beautiful children in the Tacoma/Seattle metropolitan area. They have provided me with five grandchildren that will someday continue my legacy at the Cabin in Cispus. With this in mind gives me the motivation to apply for this community outreach board position. Please feel free to contact via phone if you have an interest in my participation in our local community hospital services.

Best Regards,

James C. Martinek

Christopher Schumaker M.Ed.  
Box 201 Randle, WA 98377  
509-899-3112 Chris.Schumaker@gmail.com

5-28-2020

Board of Directors  
Arbor Health, Morton Hospital  
Box 1138  
Morton, WA 98356

Dear Board of Commissioners, Mrs. Everett, and East Lewis County Residents

Upon learning of your opening for the position of Lewis County Hospital District Commissioner, I felt compelled to submit my application for your consideration. As a public educator, voter, and resident of Randle, I would work hard to foster a positive and mutually beneficial relationship between the citizens of East Lewis County and Morton Hospital.

Small towns and rural living are in my blood. I grew up in the Okanogan Valley and completed my education at Central Washington University. For the last twenty years, I have worked in education as a paraprofessional, classroom teacher, and school principal. I have had the privilege to reside in Lewis County for the last ten years. I served as Pe Ell's k-12 Principal for four years and have been at White Pass School District for the previous five years. During my tenure, I have witnessed the needs that our residents have for community services and the barriers they face accessing those services. I see the struggles our young people have in accessing medical, mental, and social services in our rural community. My goal is to build bridges and forge pathways over and through these obstacles so that our residents can access the quality care they deserve.

I wish to contribute to the solutions in meeting the healthcare needs of all residents of East Lewis County. Through a team and community-based approach, we can increase access to medical care, keep prices competitive, and promote healthy lifestyles. My professional skill set, temperament, and work experience would be an asset to the Lewis County Hospital District in meeting those objectives. Thank you for taking the time to go through my application.

Yours sincerely,

Christopher Schumaker

**Christopher E. Schumaker**

Box 201  
 Randle, WA 98377  
 Cell 509-899-3112  
 chris.schumaker@gmail.com

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**My Professional Objectives:**

*Actively:* encourage, create, and demonstrate learning communities.  
*Illustrate:* cooperative learning, problem solving, and high-level thought.  
*Establish:* educational standards, educational appetite, and educational equality.  
*Unite:* with other dynamic educators, grow professionally and personally.  
*Pursue:* constant change, so learning does not become stagnate, but evolves.

**Professional Experience:****Administration Experience:**

<b>White Pass School District</b>	2015-Present
7-12 Building Principal	
<i>Duties:</i>	<i>Student Discipline, School Safety, Student Achievement, Staff Evaluations, Budget Management, Strategic Planning, Community Outreach, MTSS Implementation, CTE Dir., and Hi-Cap Dir.</i>
Immediate Supervisor:	Dr. Paul Farris, Superintendent
<b>Pe Ell School District</b>	2011-2015
K-12 Building Principal	
<i>Duties:</i>	<i>Student Discipline, School Safety, Curriculum Development, Student Achievement, Staff Evaluations, and Budget Management</i>
Immediate Supervisor:	Kyle MacDonald, Superintendent
<b>Shelton School District</b>	2009-2011
Administrative Assistant/Athletic Coordinator at Oakland Bay Jr. High	
<i>Duties:</i>	<i>Student Discipline, School Safety, Curriculum Development, and Sports Management</i>
Immediate Supervisor:	Bracken Budge, Mentor Principal

**Teaching Experience:**

<b>Seattle Pacific University:</b> Adjunct Professor	2019-2020
<i>Principal Leadership</i>	
<b>Brentwood Girls Group Home</b> "Services Alternative"	2007-2009
<i>General Ed. and GED Prep.</i>	
<b>Shelton School District</b>	2005-2009
<i>Jr. and Sr. High School History</i>	
<b>Okanogan School District</b>	2003-2005
<i>Middle School History</i>	
<b>Eastmont School District</b>	2002-2003
<i>HS History and Business</i>	

**Education:**

<b>Seattle Pacific University</b>	2019-Present
Doctor of Education (EdD), in progress	
Specialization: Executive Leadership	
<b>Central Washington University</b>	
Master of Education Administration:	Graduated (2007)
Bachelor of Education:	Graduated (2002)
Major: History	Minor: Political Science
Other Course Work:	Advance Administration of Athletics & Conflict Resolution
<b>Teaching and Administrative Credential # 399630C</b>	

**Professional Certification:**

Principal Pro-certification	Pacific Lutheran University	2015
Superintendent Certification	Seattle Pacific University	2019
CTE Director Certification	Washington State CTE Internship	2020

**Additional Training and Experience:**

- Highly Capable Education Coordinator
- Career & Technical Education Director Internship
- Superintendent Internship
- Multiple Tiered Systems of Support with District & Building Implementation
- Rural School Innovation and Engagement
- White Pass Levy Committee
- Washington State GEARUP Planning and Assistance
- ALICE Training: School Safety Procedures and Protocols
- Crisis Prevention and Intervention Training (CPI)
- Student Threat Assessment Training (Salem-Keizer)
- CEL 5D+ Administrative Training
- Restorative Justice Training
- Professional Learning Communities (Dufour)
- Principal Instructional Rounds Network
- T-PEP Academy
- Positive Behavior and Intervention Systems/Procedures
- Powerful Teaching and Learning (STAR Protocols)
- School Improvement and Turnaround Procedures/Process

White Pass SD  
OSPI CTE Dir. Program  
Seattle Pacific University  
ESD 113  
NW RISE Network  
White Pass Levy Group  
WA GEARUP  
Lewis County Sheriff's Office  
ESD 113  
ESD 113  
UW Center of Education  
INUA Group  
ESD 113  
ESD 113  
ESD 113  
ESD 113  
The BERG Group  
OSPI

**Professional Affiliations:**

- Association of Washington School Principals
- Washington Association of School Administrators
- Washington Association for Career and Technical Education

**References:**

Dr. John Bond, Superintendent Intern Supervisor/Professor-SPU, 206-390-4194

Dr. Bracken Budge, Former Supervising Principal-Oakland Bay, 360-888-4791

Mrs. Ricky Emmerson, Board Chairperson-White Pass SD, 360-496-1301

Dr. Paul Farris, Superintendent-White Pass SD, 509-859-4440

Mr. Marty Fortin, Former Director-Cispus Learning Center, 360-791-0387

Mr. Kyle MacDonald, Superintendent-Pe Ell SD, 360-880-6843

Mrs. Pretrina Mullins, Teacher-White Pass SD, 360-497-5816

Mr. Rich Staley, Superintendent-Oakville, 360-858-1359

Mr. Chuck Wyborney, Superintendent-Wilber/Creston SD, 509-723-6512

**CERTIFICATE OF APPOINTMENT**

STATE OF WASHINGTON )  
 ) ss.  
COUNTY OF Lewis )

The undersigned officers of Lewis Hospital District No. 1 do  
(Commission, Council, or Board Making Appointment)

hereby appoint \_\_\_\_\_ of \_\_\_\_\_  
(Person Appointed) (Address)

to the office of Hospital District No. 1, Position #2. The term for this position  
(Office and Position)

will expire on 12/31/2023.

Signed this 4th day of June, 2020

_____ (Signature)	_____ (Printed Name, Title)
_____ (Signature)	_____ (Printed Name, Title)
_____ (Signature)	_____ (Printed Name, Title)
_____ (Signature)	_____ (Printed Name, Title)

**OATH OF OFFICE**

STATE OF WASHINGTON )  
 ) ss.  
COUNTY OF Lewis )

I, \_\_\_\_\_, do solemnly swear or affirm that I  
(Person Appointed)

am a citizen of the United States and State of Washington; that I am legally qualified to  
assume the office of Hospital District No. 1, Position #2; that I will support the  
(Office and Position)

Constitution and laws of the United States and the State of Washington; and that I will  
faithfully and impartially discharge the duties of this office to the best of my ability.

_____ (Signature)	_____ (Printed Name)
Subscribed and sworn before me this <u>4th</u> day of <u>June</u> , 20 <u>20</u>	
_____ (Signature)	_____ (Printed Name, Title of Swearing Officer)