

## LEWIS COUNTY HOSPITAL DISTRICT NO. 1 REGULAR BOARD OF COMMISSIONERS' MEETING January 22, 2020 at 3:00 p.m.

Conference Room 1 & 2

## **Mission Statement**

The mission of Lewis County Hospital District No. 1, steward of public funds and trust, is to provide our highest level of compassionate, diligent and professional medical care.

## **Vision Statement**

A caring team of people working together to lead our community toward better health.

AGENDA TOPIC	CONCLUSION	ACTION ITEMS
Call to Order	Board Chair Fritz called the meeting to order at 3:00 p.m.	
	Commissioners present:	
	Shelly Fritz, Board Chair	
	Kenton Smith, Secretary	
	Trish Frady	
	Tom Herrin	
	Wes McMahan	
	Others present:	
	Leianne Everett, Superintendent	
	Michelle Matchett, Nursing Administrative Assistant	,
	Shana Garcia, Executive Assistant	
	Katelin Forrest, HR/Medical Staff Coordinator	
	Vicky Brown, Clinic Administrator	
	Richard Boggess, CFO	
	Shannon Kelly, HR Director	
	Terri Camp, CCO	
	Dexter Degoma, Interim Quality Manager	
	Marc Fisher, Morton Resident	
	Sharon Wedam, Silver Creek Resident	
	Buddy Rose	
	Annaliese Mitten, Randle Clinic Manager	
	Craig & Laura Coppock, Mossyrock Residents	
	Roy Anderson, Compliance Officer	
	Van Anderson, Packwood Resident	
Approval or Amendment of	Superintendent Everett requested to amend the agenda by	Commissioner Frady made
Agenda	postponing the approval of the January 21, 2020 Finance	a motion to approve the
	Committee Meeting Minutes to the February 26, 2020	amended agenda and
-	Regular Board Meeting.	Commissioner Herrin
		seconded. Board Chair
	Commissioner McMahan requested to amend the agenda	Fritz, Secretary Smith,
	by objecting to the use of executive session for RCW	Commissioners Frady and



	42.30.100 (i). He objected that the Board's use is not justified in the matter of his public records request and is the worst form of intimidation. He confirmed he has not threatened any specific litigation to this matter but is not waiving his right to instigate litigation should he deem it be appropriate. He concluded that it is his determination that the stated purpose for executive session is unlawful and would encourage his fellow board members to retreat with him to the lobby and not attend executive session.  Board Chair Fritz thanked Superintendent Everett and Commissioner McMahan for their proposed amendments. She confirmed she spoke with Arbor Health's attorney, Brad Berg, prior to the Board meeting and informed Commissioner McMahan legal will be present at this executive session and due to a conflict of interest he will be asked to leave the room.	Herrin voted yea and Commissioner McMahan voted nay. The motion passed.
Conflicts of Interest	Superintendent Everett asked the board to state any conflicts of interest with today's amended agenda.	No Commissioners indicated they had a conflict of interest.  Board Chair Fritz noted there was a conflict of interest for Commissioner McMahan regarding executive session content and reiterated that he would be excused for a portion of the first executive session.
Comments and Remarks	Audience: Sharon Wedam, Silver Creek resident, noted she provided and received care from Morton Hospital for several years. She has no concerns regarding the care; however, she continues to have concerns regarding costs. She requested that the public should be informed, except for emergent situations, of the potential costs. Also, she has concerns for employees who have high deductibles.  Board Chair Fritz thanked Ms. Wedam for bringing forth her concerns. As a Public Hospital District transparency is a priority and we are required to post our gross charges on the District's website. The Finance Committee monitors pricing annually to stay competitive and viable for this community. The Board hears her concern about	



	transparency, is committed to continuing to pursue this and is open to innovative ideas to achieve pricing transparency in this complex healthcare environment.  HR Director Kelly noted while we have high deductible plans, employees out of pocket costs are supplemented through our Health Savings Account (HSA) program.	
Executive Session- RCW 70.41.205 & RCW 42.30.110  (i)  Medical Privileging-Katelin Forrest  To discuss with legal counsel representing the agency matters relating to agency enforcement actions, or to discuss with legal counsel representing the agency litigation or potential litigation to which the agency, the governing body, or a member acting in an official capacity is or is likely to become, a party, which public knowledge regarding the discussion is likely to result in an adverse legal or financial consequence to the agency.	Executive Session began at 3:20 p.m. for forty minutes to discuss Medical Privileging and potential litigation to which the agency, the governing body, or a member acting in an official capacity is or is likely to become, a party, which public knowledge regarding the discussion is likely to result in an adverse legal or financial consequence to the agency.  The Board returned to open session at 4:00 p.m. No decisions were made.	Commissioner Frady made a motion to approve the Medical Privileging as presented and Commissioner Herrin seconded. The motion passed unanimously.  Initial Appointments:  1. Bruce Geryk, MD – Consulting – (Providence – Telestroke Privileges)  2. Kirk Myers, MD – Consulting (Radia – Radiology privileges)  3. James Henry Keene, MD – Active (Arbor Health – Internal Medicine Privileges)
Break	Board Chair Fritz called for a 5-minute break at 4:05 p.m.	222128
Guest Speaker-Chelene Whiteaker, SVP, Government Affairs  WSHA 2020 Legislative Agenda	The board returned to open session at 4:10 p.m.  Superintendent Everett introduced Chelene Whiteaker, SVP, Government Affairs and Jacqueline Barton True, VP via Zoom. Ms. Whiteaker highlighted the following related to WSHA's 2020 Legislative Agenda:	



	Reviewed the bills that will be addressed at next	
	week's advocacy days.	
	2. Identified policy priorities, as well as budget	
	requests.	
	Board Chair Fritz noted Commissioner McMahan and	
	Superintendent Everett will be joining her next week at	
	advocacy days and acknowledged they will be	
	representing the District. She reminded the Board that	
	we want to speak as one voice on behalf of the District,	
	so we need to prioritize the bills.	
	and the process of the control of th	
	Commissioner Frady requested Superintendent Everett's	
	input on Administration's priorities. Superintendent	
	Everett recommended the following three:	
	Ensure difficult to discharge patients have	
	placement for memory care.	
	Support telemedicine payment parity and remove	
	restrictions to access.	
	3. Support visiting nursing services in rural areas.	
	Board Chair Fritz assigned Commissioner McMahan	
	initiative number one, Superintendent Everett to initiative	
	number two and she would speak to initiative number	
	three.	
Department Spotlight	Rehabilitation Services Manager Meelhuysen highlighted	
Rehabilitation	the following on Rehabilitation Services:	
Services	1. Provided a staffing update, along with the	
	services being offered to patients.	
	2. Scheduled to have staff bios on the website in	
	first quarter.	
	3. Identified the Department's accomplishments in	
	2019, which included growing the aquatic	
	program offerings.	
	4. Reduced average time from referral to evaluation	
	by 50% from 12 to 6 days in fourth quarter of	
	2019.	
	5. Focused on decreasing cancellations and no	
	shows.	
	6. Shared now that we have a team, our vision is to	
	improve what we are doing and expand what we	
	Wellness Center.	
	2000 Carlo 1200 St. 2000 Carlo 200 St. 100 St.	1
	Board Chair Fritz encouraged Administration to review grant options for expanding this department.	
	are doing.  7. Envisioned being a free-standing Health and Wellness Center.	



Board Committee Reports	Superintendent Everett complimented the Foundation's	
Hospital Foundation	end of the year event. The Foundation welcomed new	
Report	members and elected new officers for 2020.	
Finance Committee Report	CFO Boggess highlighted the following:  1. Inpatient & ED Admissions were above budget.  2. Expenses experienced included agency costs, ambulance, state auditors the transfer of Meridian transition, which was the final payment.  3. EBITA was favorable.  4. YTD Net Income exceeded budget.  5. Overall, it was a strong month and a good way to end the year.  6. From a long-term debt perspective, we reduced it by \$1M and the Cerner note ended.  7. Swing bed days ended the year at 1349 compared to a budget of 1,189 and prior year of 718. The Allevant program has been a huge factor in the success of these with almost twice as many patients served. There has been significant investment by adding positions like case management, behavior health and house supervisors to help provide better services to	
Break	meet the needs of our district.  Board Chair Fritz called for a 10-minute break at 5:30 p.m.	
	The board returned to open session at 5:40 p.m.5:30 pm 10 minutes.	
Plant Planning     Committee Report	Superintendent Everett noted the minutes were included in the packet and the meeting was intended to bring Commissioner Herrin current on the District's 2020 plan.	
Consent Agenda	Secretary Smith requested clarification on when the	Commissioner Frady made
<ul> <li>Minutes of the December 18, 2019 Regular Board Meeting (Action))</li> <li>Minutes of the January 8, 2020 Medical Staff Committee Meeting (Action))</li> <li>Minutes of the</li> </ul>	District deems property is ready for surplus. Superintendent Everett noted most often property is at its natural end of life or is no longer supported from a technology perspective.  The Board will review and approve the Minutes of the January 21, 2020 Finance Committee Meeting at the February 26, 2020 Regular Board Meeting.	a motion to approve the Consent Agenda and Secretary Smith seconded. The motion passed unanimously.
January 16, 2020 Plant Planning		



	Committee Meeting	
	(Action)	
•	Minutes of the	
	January 21, 2020	
	Finance Committee	
	Meeting (Action)	
•	Warrants & EFT's in	
	the amount of	
	\$2,858,370.54 dated	
	October 2019	
	(Action)	
•	Warrants & EFT's in	
	the amount of	
	\$2,360,020.82 dated	
	December 2019	
	(Action)	
•	Resolution 20-01-	
	Declaring to Surplus	
	or Dispose of Certain	
	Property (Action)	
•	Resolution 20-02-	
	Adopt Flexible	
	Spending Account	
	Plan (Action)	
•	Resolution 20-03-	
	Adopt the Health	
	Reimbursement	
	Arrangement (Action)	
•	Resolution 20-04-	
	Approve to add CCO	
	and remove CNO	
	Signatures on	
	Accounts Established	
	for Lewis County	
	Hospital District No.	
	1 (Action)	
•	Resolution 20-05-	
	Approve to add CCO	
	and remove CNO	
	Signatures on Trust	
	& Prescription	
	Accounts Established	
	for Lewis County	
	Hospital District No.	
	1 (Action)	L



<ul> <li>Resolution 20-06- Approve to add CCO and remove CNO Signatures on Internet Banking Accounts Established for Lewis County Hospital District No. 1 (Action</li> <li>Resolution 20-07- Approve the Amendment of 403(b) Retirement Plan</li> <li>Approve Documents Pending Board Ratification 01.22.20 (Action)</li> <li>Old Business</li> <li>Board Self</li> </ul>	Board Chair Fritz recommended since we are already into 2020 with new commissioners, that we postpone	Action Item-Executive Assistant Garcia will
Evaluation	completing the Board Self Evaluation to November and December.	update the Board Calendar to present the Board Self Evaluation at the November meeting and discuss at the December meeting.
New Business  • Election of Officers/Organization of Committees	Board Chair Fritz noted we need to elect a 2020 Board Chair and Board Secretary.  Secretary Smith nominated Shelly Fritz to be reelected as the Board Chair. Commissioner McMahan nominated Kenton Smith to be reelected as the Board Secretary. Board Chair Fritz and Secretary Smith accepted the positions.  Board Chair Fritz presented the following for committee assignments.	Secretary Smith made a motion to elect Shelly Fritz as the Board Chair. Commissioner Frady seconded and the motion passed unanimously.  Commissioner McMahan made a motion to elect Kenton Smith as Board Secretary. Commissioner Frady seconded and the motion passed unanimously.



		2020 Organization & Officers of the Board of Commissioners Effective Date: January 22, 2020	
		Board Leadership Board Representation  Board Chair Shelly Fritz  Board Secretary Kenton Smith	
		Committee         Administration Representation         Committee Chair         Board Representation           Finance         Superintendent & CFO         Trish Frady         Tom Herrin	
		Ql Oversight Superintendent & CCO Trish Frady Wes McMahan Governance Superintendent Shelly Fritz Trish Frady Plant Planning Superintendent & Environmental Kenton Smith Tom Herrin	
		Services Manager  Strategic Planning Superintendent Board of Commissioners  Compliance Committee Superintendent & Compliance Officer Kenton Smith Wes McMahan  Other Board Board Representation	
		Other Board Board Representation  Representation Wes McMahan  State Representation Shelly Fritz & Wes McMahan	
•	Board Education	Board Chair Fritz shared we include Board Education in	Action Item-
		each packet from iProtean. Each commissioner will have	Superintendent Everett
		log in information to access all the education. The goal of the education is to think at the governance level and	will follow up with iProtean on access for
		keep in mind that iProtean includes information from	Commissioners Herrin and
		Perspective Payment System hospitals. Superintendent	McMahan.
		Everett has requested access for Commissioners Herrin	
		and McMahan and will follow up once received.	
•	Code of Ethics	Board Chair Fritz presented the Code of Ethics and	Action Item-
•	Conflict of Interest	Conflict of Interest and noted the Board signs both on an annual basis.	Superintendent Everett will request Compliance Officer Anderson to
		Commissioner McMahan expressed concerns regarding	research and present at the
		signing the Code of Ethics. He inquired if the District	upcoming February 11,
		has an Ethics & Conflict of Interest Committee and	2020 Compliance
		requested be reviewed by someone at OHSU.	Committee Meeting.
		Board Chair Fritz appreciated Commissioner McMahan's	
		concerns; however, the Board needs to decide as one voice to have the Code of Ethics reviewed by an external	
		party.	
		The Board agreed to table the discussion and pass onto	
		the Compliance Committee and have Compliance Officer	
		Anderson start researching to have on the agenda on	**
		February 11, 2020.	
		Commissioner McMahan agreed to sign and the Board	
		will re-sign if there is an amendment.	
•	Dress Code	Board Chair Fritz shared that Commissioner McMahan	Action Item-
		requested to discuss the Board's dress code. The Board	Superintendent Everett
		does not have a dress code policy; however, in the past it	will request Compliance
		has been recognized as business casual. She noted she	Officer Anderson to
		supports self-expression but wanted input from the Board	research and present at the



	on this topic. Commissioner McMahan wants to wear his scrubs as that is what business casual means to him as his professional attire.	upcoming February 11, 2020 Compliance Committee Meeting.
	The Board overall was not supportive of a dress policy but each Commissioner individually indicated they wanted the Board to be viewed with neutrality as a leader of the District, representing all citizens not just certain groups, as well as being viewed as a Board that is collaborative.	
	The Board agreed to table the discussion and pass onto the Compliance Committee and have Compliance Officer Anderson start researching to have on the agenda on February 11, 2020.	
	The Board and Commissioner McMahan (individually) agreed to have Commissioner McMahan's name and frame on the wall with no picture until there is resolution on this topic. The Board agreed for Commissioner McMahan to have his badge picture taken with his scrubs on for right now to ensure he can optimally perform the duties of his elected office.	
	Because Commissioner McMahan is wearing clinical attire in the picture on his Commissioner badge, and to avoid confusion and ensure patient privacy, while onsite and/or conducting the District's business, all Board members need to wear badges visibly. Board Chair Fritz noted this discussion will be settled by the March 25, 2020 Regular Board Meeting.	
2020 Board Budget	Board Chair Fritz presented the 2020 Board Budget that is managed by the Board Chair. The budget is reported monthly at the Finance Committee Meeting. All requests for expenditures go to Board Chair Fritz. It is important to communicate throughout the year regarding expenditures by Commissioners. Commissioners are encouraged to attend at least one governance education conference per year.	,
Board Meeting Start Time Discussion	Due to new commissioners, Superintendent Everett asked if the Board wants to keep the monthly Board Meeting start time at 3 PM.	
	The Board agreed to keep the Regular Board Meetings at 3 PM.	



	seconded to adjourn the meeting at 7:21 p.m.	
Adjournment	Commissioner Herrin moved and Commissioner Frady	
	second Executive Session.	
Executive Session	Board Chair Fritz noted the Board no longer needs a	
	Retreat to see if it fits into our Strategic Initiatives.	
	postpone responding until after the Strategic Planning	
	the space. Superintendent Everett recommended we	
	use, so they reached out to see if we would like to utilize	
	The owner knew the District had considered its potential	
	been purchased; however, the owners have no future use.	
	Superintendent Everett noted the Catholic Church has	property at this time.
	from Via Consulting.	not be pursuing the property at this time.
	upcoming Strategic Planning Retreat once she receives it	them that the District will
	Superintendent Everett will email a draft agenda for the	property manager to notify
Dashboard		will follow up with the
<ul> <li>Superintendent's</li> </ul>	Superintendent's Report.	Superintendent Everett
Superintendent Report	The Board did not have any follow up questions on the	Action Item-
	writing by the February Board meeting.	
	know they want addressed in 2020 be submitted to her in	
	She requested that any major items that Commissioners	
	month for consideration for the upcoming board agenda.	
Items	agenda items to her by the second Wednesday of each	
2020 Board Agenda	Board Chair Fritz requested that Commissioners propose	

Respectfully submitted

Kenton Smith, Secretary