

# Bartlett Surgery & Specialty Clinic

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## PRE / POST-OP CATARACT SURGERY INSTRUCTIONS

### Prior to Surgery:

- If taking blood thinners, ask your doctor about possibly needing to stop them several days prior to surgery
- Pick up prescribed medication(s) at your pharmacy
- Do not eat or drink anything after midnight the night before surgery

### The Morning of Surgery:

- Take your normal medication(s) with a sip of water only, unless otherwise directed by your doctor
- If you are diabetic, DO NOT take your diabetic medication on the morning of surgery
- Please ensure that you have someone available to drive you home and care for you after surgery

### After Surgery:

- It is normal to have eye redness, irritation, bruising, and mild discomfort
- Any increasing pain, decreased vision, and/or increased redness over several days is not normal - please call our office immediately if these symptoms occur
- Unless directed by your doctor, leave the patch and shield on until your follow up appointment
- Protect the eye with clear glasses or the provided shield for 1 week after surgery
- Do not rub the eye at any time
- Bring all eye drop medication with you to your follow up appointments
- It is okay to shower after surgery but do not get soap or water in the eye
- The attached eye drop instruction sheet will guide you throughout your recovery period