PRE / POST-OP CATARACT SURGERY INSTRUCTIONS

Prior to Surgery:

• If taking blood thinners, ask your doctor about possibly needing to stop them several days prior to surgery

• Pick up prescribed medication(s) at your pharmacy

• Do not eat or drink anything after midnight the night before surgery

The Morning of Surgery:

• Take your normal medication(s) with a sip of water only, unless otherwise directed by your doctor

• If you are diabetic, DO NOT take your diabetic medication on the morning of surgery

• Please ensure that you have someone available to drive you home and care for you after surgery

After Surgery:

• It is normal to have eye redness, irritation, bruising, and mild discomfort

• Any increasing pain, decreased vision, and/or increased redness over several days is not normal - please call our office immediately if these symptoms occur

• Unless directed by your doctor, leave the patch and shield on until your follow up appointment

• Protect the eye with clear glasses or the provided shield for 1 week after surgery

• Do not rub the eye at any time

• Bring all eye drop medication with you to your follow up appointments

• It is okay to shower after surgery but do not get soap or water in the eye

• The attached eye drop instruction sheet will guide you throughout your recovery period