

Information for a CT Scan of your Abdomen and Pelvis

Your scan is scheduled to start at _____ on _____

The appointment may take an hour. Please check in at Patient Access 15 minutes prior to scheduled appointment. Your doctor has requested an exam where intravenous and/or oral contrast is usually used.

For **Intravenous Contrast**, you will be asked these questions:

- . Do you have asthma, hay fever or allergies (especially to seafood)?
- . Have you had a reaction to X-ray Dye in the past?
- . Do you have kidney disease? Do you have both kidneys? (Need BUN & CREATININE)
- . Are you Diabetic? If yes, are you taking Glucophage, Metformin or Glucovance?
If so, please don't take any the day of the exam, and for 48 hours after.
You will need a renal function test and clearance from your doctor before restarting your medication.
- . Do you have multiple myeloma, sickle cell trait, polycythemia (*high red blood cell count*)?
- . Pregnant or nursing?

If you answered yes to any of these questions, **please tell your Doctor** before the test. There are medications you can take before the test that may reduce the risk of having an allergic reaction to the IV contrast.

For **Oral Contrast**, please follow these directions:

- . The two bottles of liquid contrast that you are being given are a Barium Sulfate Suspension, Readi-Cat 2, the contrast can be refrigerated but it is not perishable.
- . Start drinking the first bottle 90 minutes before your scheduled appointment.
- . Start drinking the second bottle 45 minutes before your scheduled appointment.

Start Time bottle #1: _____ Start Time bottle #2: _____

- . Do not eat any food after midnight before the exam.
- . You may, however, have any **clear** liquids you desire. (Black coffee OK)
- . You may be asked to drink more of the contrast just before your scan begins.
- . *Please be aware this contrast may cause diarrhea though that is not its intended purpose.*

Please bring the attached medications list to your appointment.

**If you have any questions, call your Doctor or
Bartlett Regional Hospital Imaging Dept. at 796-8801**

*CONTRA-INDICATIONS

Not to be administered to patients who are hypersensitive to iodine.