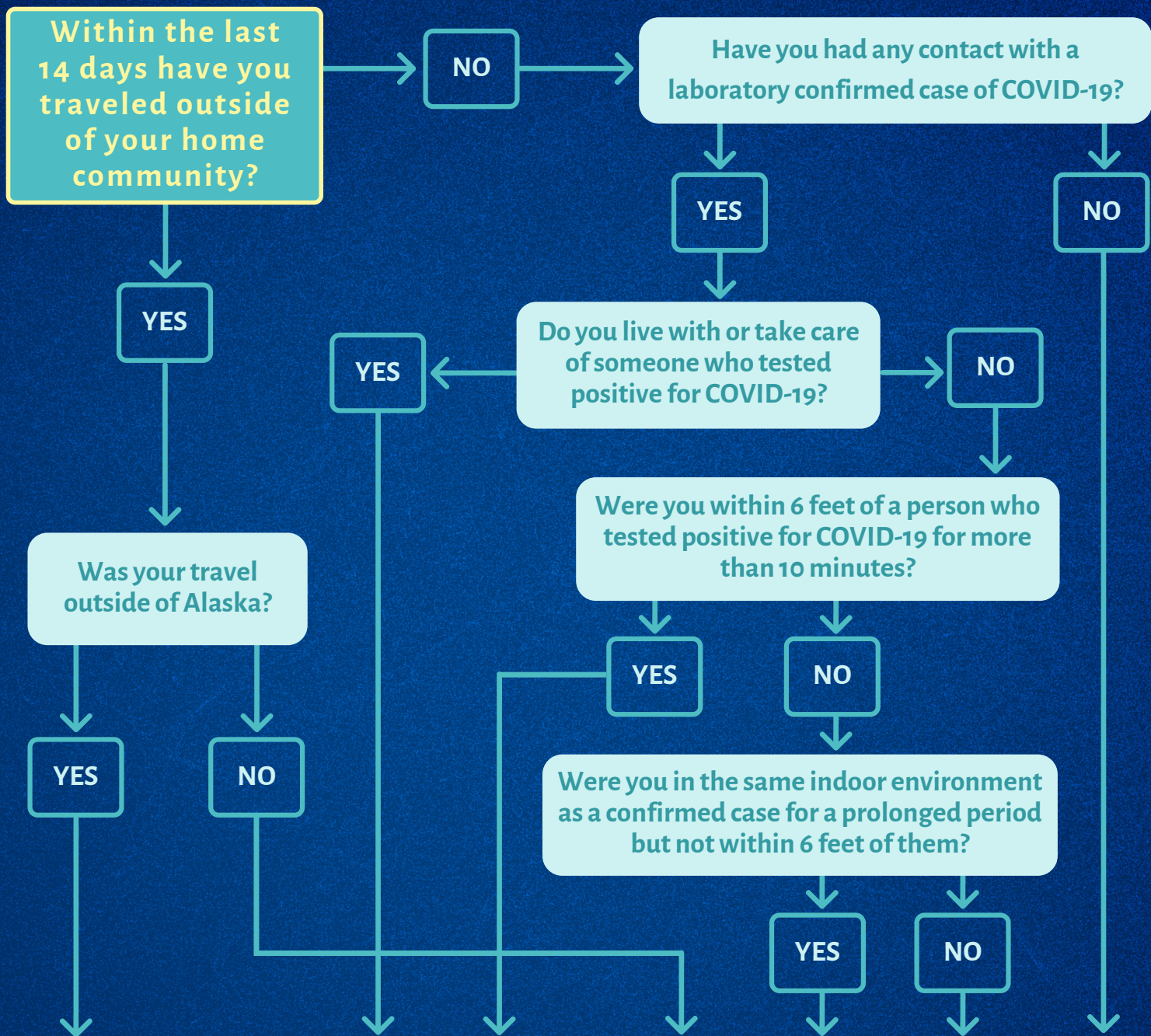


What is my risk for coronavirus disease (COVID-19)?



HIGHER RISK

Actions for people WITHOUT symptoms*:

Quarantine at home for 14 days after last exposure. Monitor for symptoms daily. A Public Health Nurse may be calling you to check in. Only leave home to seek medical care; call ahead.

Actions for people WITH symptoms*:

Self-Isolate by staying home and away from household members. Call your primary healthcare provider. Juneau residents can also call the local COVID-19 Screening Hotline, 586-6000, daily from noon to 6 p.m.

GENERAL COMMUNITY RISK

Actions for people WITHOUT symptoms*:

Practice social distancing including staying 6 feet away from anyone not in your household and staying home as much as possible. Wash your hands often. Clean and disinfect frequently touched surfaces daily.

Actions for people WITH symptoms*:

Self-Isolate by staying home and away from household members. Call your primary healthcare provider. Juneau residents can also call the local COVID-19 Screening Hotline, 586-6000, daily from noon to 6 p.m.

*COVID-19 symptoms include: fever, cough, and shortness of breath.

juneau.org/COVID-19