

Bartlett Surgery & Specialty Clinic

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Instructions after eye injections:

- Artificial tears/lubricating drops can be used as needed
- Do not rub your eye after treatment
- To relieve mild to moderate pain or irritation, an over-the-counter pain reliever (Tylenol/Advil)
- Do not swim for 2 days
- It's okay to shower and wash your face, but keep soapy water out of the eye for 2 days

Symptoms that are COMMON after eye injections for 1-2 days:

- Blurry vision
- Tearing
- Mild floaters, bubbles, or a black spot in your vision
- Mild pain or irritation
- "Eyelash in the eye" sensation
- Redness (sometimes this can cover the entire white part of the eye and last 1-3 weeks)
- Bloody tears for 1-2 days after treatment

Symptoms that are NOT NORMAL after eye injections - call our office immediately if you experience:

- Significant decrease in vision
- Severe or constant pain
- Yellow or green goopy discharge
- New or worsening pain after the first day
- Severe, constant/large floaters
- Curtain or veil in your vision

Please contact our office with any questions or concerns at

(907) 796-8700