



# Crest Lines

## HAVING FUN IN 2021!!

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<b>Coming up in September:</b> Walk To End Alzheimer's David Cooley Show	





## Hillcrest Neighbors By Tony Garcia, Resident

You'll swear this story was from the 1860's in Virginia City, but it wasn't. It was 1962.

Ruth grew up in Winnipeg, Canada and Ernie, in the little town of Fruitvale, B.C., 15 miles from the U.S. border.

Long ago, and far, far away, there was a mine at the end of a railroad track near Thompson, Manitoba. Ernie had majored in Geology while at the University of Idaho and found himself working in mine with a bunch of other guys. That's what geologists do, at least for awhile, until they get tired or worried about dying young.

You might see some surprises in a mine, but who on earth would expect to see a pretty young girl walking around in a mine site in this remote place. After all, there were only a couple of girls there, perhaps a couple of teachers and maybe a nurse.

Ruth had just been hired as a key punch operator working in the office. You know, punch cards were those cards people punch holes in and let them shuffle through a machine. That was B.C., before personal computers. Well, as part of her orientation, Ruth got a tour of the mine site.

Naturally, heads turned and the men notice her, especially Ernie. Ernie called the office inquiring about Ruth and discovered she was not dating anyone, at least yet. So Ernie asked for a date. Now this wasn't exactly a booming town. In fact it wasn't even a town. It was more like a camp. There were only a couple of buildings there. One was a restaurant. Everyone went there. On one side of the building was a bar, but no women were allowed in there. Ernie went in the bar, got some wine and then took Ruth in to the restaurant. They ordered a cheese sandwich to go with the wine and had a lovely time.



That date went pretty well because Ernie next invited Ruth to go to a movie in Thompson. Ruth liked the movie. Ernie had no idea what the name was or what it was even about. Ernie's mind was on Ruth.

That summer they went on some short canoe trips on the Burntwood River. After 6 months, Ernie proposed to Ruth, and the answer was "yes". They got married August 18, 1962 and left for the University of Oregon to get a degree in Biology. Geology just wasn't for Ernie.

Ernie got his degree in Biology and then

enrolled in a genetics course. It was that course that inspired him to become a geneticist. They anticipated living and working in Canada so they moved to Edmonton so Ernie could enroll in a Ph.D. program for genetics at the University of Alberta.

Next, Ernie and Ruth moved to England to pursue a Post Doctorate at the University of Sussex in Brighton, England. In their time off, they had a great time touring England and lots of France. Two years later, they moved to Irvine, CA and got a second Post Doctorate at the University of California.

Ernie remembered he had met a man while at the University of Alberta who had told Ernie he was a head of the Biology Department at MSU in Bozeman, MT. Ernie called him and in 1972 Ernie and Ruth with their young daughter and son moved to Bozeman where he taught Biology. Ruth took a few courses at MSU. She also worked there full time. She managed the household and was busy raising their two young children.

Ernie and Ruth have a daughter Kori, 55, in Oregon who is a V.P. of Human Resources for Nike. They also have a son, Ron, 58, who is a V.P. of Wealth Management for Wells Fargo.

## Great Catch!

Each month the hospital awards one special employee who had a "Great Catch." You may be wondering what that is....well, it's exactly what it says! It means this employee recognized a potential harmful situation for a patient or resident and stopped that harm from happening.

This month it was our very own Rae Thomason who is a Resident Associate in Birchwood. We asked her to tell us a little about herself; "I grew up in a household that prided itself on putting our best foot forward, holding ourselves accountable, and coming home at the end of a day knowing we made an impact on the world. During the Covid-19 pandemic I decided I wanted to pursue a career in nursing. As a student, I knew working as a Resident Associate would be a great way to introduce myself and I knew I'd be able to get an insight to a career as a nurse. However, without planning on it, my job at Birchwood has gone from an introductory job to work I love to do. I genuinely look forward to coming into work and caring for everyone as well as being apart of the team created with my coworkers."

We are very lucky to have her as part of our Hillcrest team. Way to go Rae!!!



## Flying Legends of Victory Tour

The Airbase Arizona Museum is coming to Bozeman for an up-close and personal visit of some very cool World War II warbirds. Their main goal is to educate every generation about the role of aviation in combat history.



Among their arsenal is a C-47/DC-3 Combat Legend "Old Number 30," B-25 "Maid in the Shade," and B-17 "Sentimental Journey."

This summer tour is made possible by volunteer Commemorative Air Force members who attend ground school in the spring and give up several weeks of their summer to travel to more than 50 cities. They have a true passion for keeping history alive.

We will take a bus to the Yellowstone Jet Center at 2:30pm on Sunday, August 8 to tour these incredible planes. Please sign up at the front desk. Cost for the tour is \$10/person.

## BBA Season!

Themes for the month of August are as follows:

- August 4 ~ Backwards Day
- August 11~ MSU Blue & Gold Day
- August 18~ Sunglasses Day
- August 25~ Crazy Shoes Day

The Recognition and Celebration Committee recognized Edis Kittrell, Programs Assistant, for her dedication and excellence last month. For the next several months, she has a front row parking spot and a sign with her name on it. Go Edis!!





## It Happened in August

By Tony Garcia, Resident

**August 1, 1790:** The first U.S. census showed 3,929,214 people in the U.S.

**August 2, 1776:** The Declaration of Independence was signed. 1939: Einstein told FDR an atomic bomb was possible.

**August 3, 1492:** Christopher Columbus sailed from Spain.

**August 4, 1916:** For \$25 million, the U.S. purchased Danish West Indies, now the U.S. Virgin Islands.

**August 5, 1914:** The first electric traffic light was installed in Cleveland, OH.

**August 6, 1945:** The U.S. dropped the first atomic bomb on the home base of the Japanese Navy.

**August 7, 1782:** George Washington created the Purple Heart.

**August 8, 1787:** James Madison proposed the three branches of government at the 2<sup>nd</sup> Constitutional Convention.

**August 9, 1945:** The U.S. dropped the second atomic bomb on Japanese army base at Nagasaki.

**August 12, 1685:** The first police force in the U.S. was established in New York. 1877: Edison invented the phonograph.

**August 13, 1961:** The Berlin Wall began with rows of barbed wire and machine gun towers

**August 14, 1945:** Japan surrendered.

**August 15, 1969:** 300,000 young folks sat for a wild three day concert beginning a new rebellious culture.

**August 18, 1920:** The 19<sup>th</sup> Amendment was ratified granting women the right to vote.

**August 19, 1814:** British troops land in Maryland and capture Washington DC.

**August 28, 1963:** Dr. Martin Luther King spoke at the Lincoln Memorial urging Congress to pass the Civil Rights Act.

## The Castle Museum Trip

Our very first trip off campus since Covid restrictions kept us home and I'm happy to say it was a huge success!!

Ten residents and two staff members hopped aboard the Hillcrest bus, loaded with drinks, snacks and smiles and drove North 90 miles to White Sulphur Springs.

The tour guide at the museum was amazing and we all learned so much. If you missed this trip, it's definitely one worth visiting with your friends or family.



Left to Right: Natasha Pilgeram, Barbara Taylor, Gene Quenemoen, Jim McCall, Megan Reichert, Claire Driscoll, Milt Negus, Betsy Crabs, Ray Bradley, Ilen Stoll, Bill Merrick and Michael Paglia .

**We would like residents who use the front parking lot (Aspen Pointe or Birchwood) to record their vehicle information in the sign up book at the front desk. This allows management to identify the owner in case of emergency or if your vehicle has to be moved for an event.**

**Thank you**

## Spiritual Offerings

Sunday worship service is at 9:00am in the Birchwood Activity Room and 10:00am in the Aspen Pointe Commons.

August 1 (Barbara Taylor) August 8  
August 15 August 22 August 29

**Spiritual Care:** Wednesday's from 10:00am - 2:00pm  
Chaplain Allen Jones is available for individual companionship and can be reached at 907-460-8109.

**Bible Circle:** Thursday's from 10:00-10:30am in the Birchwood Activity Room.

## Announcements:

- **Safety and Awareness:** On Tuesday, July 27, Hillcrest Administration was informed of an incident in which a residents apartment was entered by an unknown person while they were away and personal items of value were taken. We make every effort to keep our residents safe and secure and currently have screeners at both entrances. Unfortunately, this person entered the building under false pretenses. The Bozeman Police Department responded and an investigation is underway. We have secured the building, changed passcodes and are recommending residents keep their apartment doors locked when they are not home. If you have any questions or concerns, please call LeRoy Wilson, Administrator, at 414-2004.
- **The last BBQ** will take place Wednesday, August 25, from 5-6:30pm, one seating.
- **Birchwood Dining Room:** As we return to normalcy from the chaotic year of Covid, we are restoring the dining room rule of encouraging resident mobility devices to be parked by the fireplace to ensure the safety of all residents and staff in the Birchwood dining room. Residents using wheelchairs may remain in their wheelchair at the table of their choosing at this time. Oxygen tanks may be hung on the back of chair or placed on the floor beside you. Mobility devices will be parked and brought back to you by staff as soon as you are ready to leave the dining room.
- **Library:** I think we have many good periodicals in the library with a good variety of subjects. We go from Economist to National Geographic to The New Yorker and weekly news. We are dependent on help from residents who are so good to give us your periodicals after reading them so we can add them to our rack for all to enjoy. If you feel we need some that don't appear on the shelf, please get in touch with me, Will Price, at 508-737-1623.
- **In the event of an emergency after hours, please know that you should always call the front desk at 414-2000 and the call will be forwarded to staff who are on call 24 hours a day.**



Leslie Egloff	8/7
Jane Haydon	8/8
Gordon Darlinton	8/11
Cynthia Lewis	8/11
Barbara Robson	8/12
Bob Flaherty	8/12
Curt Backlin	8/16
Evelyn Cranston	8/16
Marilyn Darlinton	8/17
Art Wolke	8/20
Bill Merrick	8/24
Cherie Wilcox	8/27
Jean Clark	8/29

Sun	Mon	Tue	Wed
<p><b>1</b> 10:00am Worship Service in Commons</p>	<p><b>2</b> 10:00am Chair Exercise in Commons <u><b>10:30am Yoga in LC</b></u> 1:30pm Timely Topics in LC</p>	<p><b>3</b> 9:00am Shopping Bus to Walmart/Heebs 11:15am Tai Chi in ARC 6:30pm Bridge in FSR <u><b>6:45pm City Municipal Band at Bogert Park (concert starts at 7:30—sign up required)</b></u></p>	<p><b>4</b> <b>BBQ</b> <u><b>9:00am Yoga in LC</b></u> 10:00am Chair Exercise 10:00am-2:00pm Sp 11:30am-12:15pm B Front Parking Lot <u><b>2:15pm Catholic M</b></u></p>
<p><b>8</b> 10:00am Worship Service in Commons  <u><b>1:45pm Flying Legends of Victory Tour at Yellowstone Jet Center</b></u></p>	<p><b>9</b> 10:00am Chair Exercise in Commons <u><b>10:30am Yoga in LC</b></u> 1:30pm Timely Topics in LC</p>	<p><b>10</b> 9:00am Shopping Bus to Walmart/Heebs 11:15am Tai Chi in ARC <u><b>3:30pm New Hillcrest Choir Group-Meet &amp; Greet with Kate Bryan</b></u> 6:30pm Bridge in FSR <u><b>6:45pm City Municipal Band at Bogert Park (concert starts at 7:30—sign up required)</b></u></p>	<p><b>11</b> <b>BBQ</b> <u><b>9:00am Yoga in LC</b></u> 10:00am Chair Exercise 10:00am-2:00pm Sp 2:30pm Catholic Co Chapel</p>
<p><b>15</b> 10:00am Worship Service in Commons</p>	<p><b>16</b> 10:00am Chair Exercise in Commons <u><b>10:30am Yoga in LC</b></u> 1:30pm Timely Topics in LC</p>	<p><b>17</b> 9:00am Shopping Bus to Walmart/Heebs 11:15am Tai Chi in ARC 6:30pm Bridge in FSR</p>	<p><b>18</b> <b>BBQ</b> <u><b>9:00am Yoga in LC</b></u> 10:00am Chair Exercise 10:00am-2:00pm Sp 11:30am-12:15pm B Front Parking Lot 2:30pm Catholic Co Chapel <u><b>3:00pm Lutheran C Chapel</b></u></p>
<p><b>22</b> 10:00am Worship Service in Commons</p>	<p><b>23</b> 10:00am Chair Exercise in Commons <u><b>10:30am Yoga in LC</b></u> 1:30pm Timely Topics in LC <u><b>7:45pm Edis &amp; Cliff in Commons</b></u></p>	<p><b>24</b> 9:00am Shopping Bus to Walmart/Heebs 11:15am Tai Chi in ARC <u><b>3:00pm Candy the Comedian in Commons</b></u> 6:30pm Bridge in FSR</p>	<p><b>25</b> <b>Last BBQ Din</b> <u><b>9:00am Yoga in LC</b></u> 10:00am Chair Exercise 10:00am-2:00pm Sp <u><b>1:45pm Montana G Trip</b></u> 2:30pm Catholic Co Chapel</p>
<p><b>29</b> 10:00am Worship Service in Commons</p>	<p><b>30</b> 10:00am Chair Exercise in Commons <u><b>10:30am Yoga in LC</b></u> 1:30pm Timely Topics in LC</p>	<p><b>31</b> 9:00am Shopping Bus to Walmart/Heebs 11:15am Tai Chi in ARC 6:30pm Bridge in FSR</p>	A

Wed	Thu	Fri	Sat
<p>Exercise in Commons</p> <p>Spiritual Care</p> <p>Bookmobile in AP</p> <p><u>Mass in AP Chapel</u></p>	<p><b>5</b> 9:00am Shopping at Town &amp; Country</p> <p>9:30am-12 Nail Care 3rd Flr A-Wing Lounge</p> <p>10:30-12pm Open Wii Bowling in Commons</p> <p>3:00pm Knit &amp; Stitch AP Fireside</p> <p>3-4:00pm Beer:30 in FSR</p>	<p><b>6</b></p> <p>10:00am Chair Exercise in Commons</p> <p>1:30pm Cribbage in FSR</p> <p>1:30pm Bingo in ARC</p> <p><u><b>3:30pm Christi the Wordsmith in Commons</b></u></p>	<p><b>7</b></p> <p><u><b>9:30am Sweet Pea Parade</b></u></p> <p><u><b>NO MOVIE TODAY</b></u></p> <p><u><b>2:00pm Intermountain Opera Bozeman on the AP Dining Room Patio</b></u></p>
<p>Exercise in Commons</p> <p>Spiritual Care</p> <p>Communion in AP</p>	<p><b>12</b> 9:00am Shopping at Town &amp; Country</p> <p>9:30am-12 Nail Care 3rd Flr A-Wing Lounge</p> <p>10:30-12pm Open Wii Bowling in Commons</p> <p><u><b>10:30am Resident Council Mtg in FSR</b></u></p> <p><u><b>2-4pm Hillcrest Car Show in AP Front Parking Lot</b></u></p> <p>3:00pm Knit &amp; Stitch AP Fireside</p> <p><u><b>NO BEER:30 TODAY</b></u></p>	<p><b>13</b></p> <p>10:00am Chair Exercise in Commons</p> <p>1:30pm Cribbage in FSR</p> <p>1:30pm Bingo in ARC</p>	<p><b>14</b></p> <p><u><b>2:00pm Movie in Commons</b></u></p>
<p>Exercise in Commons</p> <p>Spiritual Care</p> <p>Bookmobile in AP</p> <p>Communion in AP</p> <p><u><b>Communion in</b></u></p>	<p><b>19</b></p> <p>9:00am Shopping at Town &amp; Country</p> <p>9:30am-12 Nail Care 3rd Flr A-Wing Lounge</p> <p>10:30-12pm Open Wii Bowling in Commons</p> <p>3:00pm Knit &amp; Stitch AP Fireside</p> <p>3-4:00pm Beer:30 in FSR</p>	<p><b>20</b></p> <p>10:00am Chair Exercise in Commons</p> <p>1:30pm Cribbage in FSR</p> <p>1:30pm Bingo in ARC</p>	<p><b>21</b></p> <p><u><b>2:00pm Movie in Commons</b></u></p>
<p><b>Breakfast</b></p> <p>Exercise in Commons</p> <p>Spiritual Care</p> <p><u><b>Trizzly Encounter</b></u></p> <p>Communion in AP</p>	<p><b>26</b></p> <p>9:00am Shopping at Town &amp; Country</p> <p>9:30am-12 Nail Care 3rd Flr A-Wing Lounge</p> <p>10:30-12pm Open Wii Bowling in Commons</p> <p>3:00pm Knit &amp; Stitch AP Fireside</p> <p>3-4:00pm Beer:30 in FSR</p> <p><b>Birthday Night</b></p>	<p><b>27</b> 10:00am Chair Exercise in Commons</p> <p>1:30pm Cribbage in FSR</p> <p>1:30pm Bingo in ARC</p>	<p><b>28</b></p> <p><u><b>2:00pm Movie in Commons</b></u></p>

**Abbreviations:**

BW: Birchwood

AP: Aspen Pointe

FSR: Fireside Room

LC: Learning Center

ARC: Act/Rec/Crafts Center

BW Act: BW Activity Room

BW DR: BW Dining Room

BW NS 1 or 2: Nurses Station



Aspen Pointe

August 2021



# Wise & Well: How to Keep Your Spine Healthy & Happy

By Megan Reichert, Programs Supervisor

Is your back hurting? Well, you're in good company. With almost 80% of the population of the United State experiencing some sort of back pain throughout their lives, it's the number one reason, besides the common cold, that people visit their family doctor. The back is a

complicated structure comprised of 33 vertebrae, 120 muscles and joints and 220 ligaments as well as 13.5 million neurons. The spine, or center column of the back, is divided into five regions: The Cervical (C1-C7), Thoracic (T1-T12), Lumbar (L1-L5), Sacrum (S1-S5) and the Coccyx (tailbone). In

between each vertebra or back bone are flat round cushioning discs called spinal discs. In the center of the spine are nerve fibers responsible for sending and receiving messages from the brain to the rest of the body, known as the spinal cord. Nerve roots transmit information on what is being felt and what is being told to move.

The good news is that most back pain goes away by itself, but for some people, the pain continues. If the pain lingers for more than 3 months, you have chronic back pain. There are many treat-

ments for back pain, but staying away from activities that are hard on the back and staying active are the first steps.

Here are some other ways to help relieve pain:

1. Support your spine on a good medium to firm mattress. Place a pillow between or under your knees to reduce pressure on the spine.

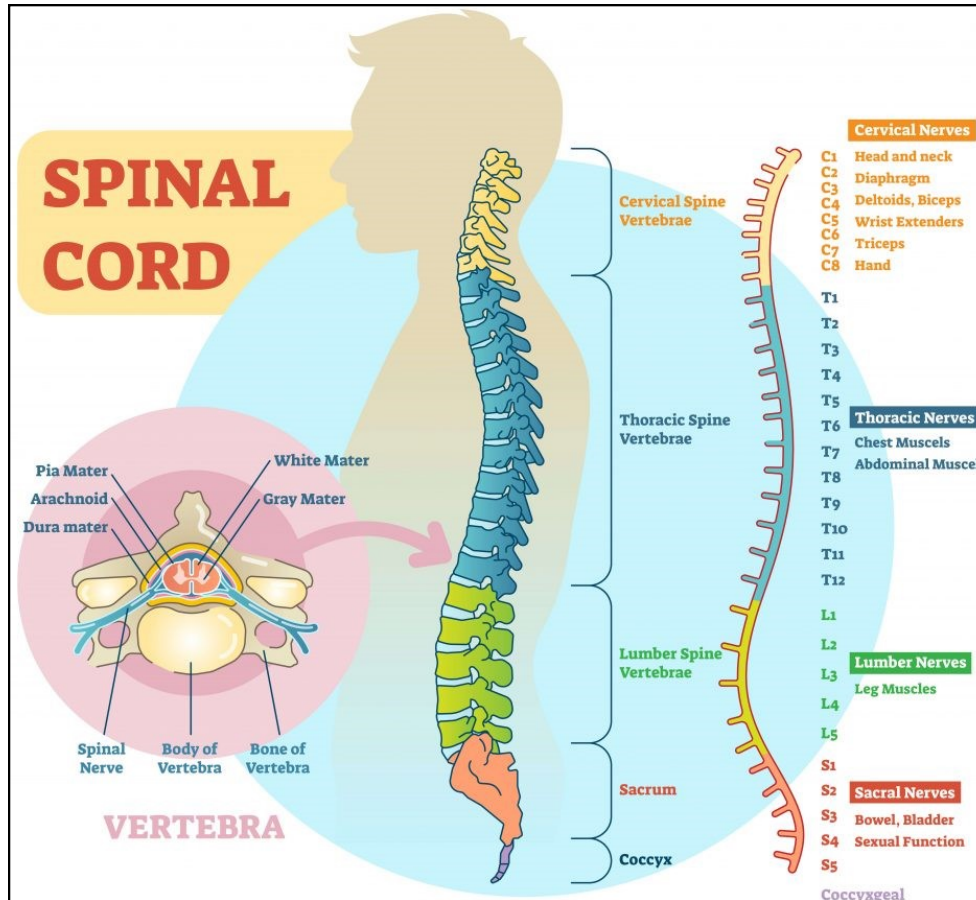
2. Engage in core building exercises to strengthen the muscles in your lower back and abdomen to stabilize your spine.

3. Wear supportive shoes to help the spine and body remain in alignment.

4. Get a therapeutic back mas-

sage. Massages increase blood flow loosening tight muscles and connective tissues while boosting relaxation.

5. Support your spine while sitting. Invest in a good chair and practice an ergonomically supported sitting posture to help maintain the natural curve of your back.



(Veritas Health; National Institute of Arthritis and Musculoskeletal and skin diseases; Medial Encyclopedia 2012; National Spine Health Foundation)



## About Our Hillcrest Staff

By Edis Kittrell, Activities Assistant

From his first-generation Italian father, Rich, he learned how to work hard and to love cooking—and eating! From his mother, Pam, and from his fiancée, Chelsea Koessel, he learned compassion and to treat everyone with respect. Meet Brad Fassione, the new Hillcrest cook. Some may remember his fiancée, Chelsea, from the years she worked as a resident assistant in Birchwood. It was through this Hillcrest connection that Brad decided to apply for the cook position.

Food preparation has always played an important role in the Fassione household. The family cooked every night, despite everyone's busy schedules. Brad's dad owns his own I.T. business, and his mom worked as a hospice nurse and now performs dialysis. For every birthday, Brad and his older brother and younger sister got to pick what was for supper. Brad always chose steak, potatoes, and corn on the cob. Not very ethnically Italian, but Brad loves it all.

Originally for Aurora, Colorado, Brad was first introduced to the Big Sky country when he came with his family, at age ten, to float the Yellowstone. They stayed in Ennis, and Brad was smitten. He loves the outdoors, and he remembers thinking, "This is where you go if you want to be outside." Twelve years ago, he came back to Bozeman for the engineering program at Montana State University (MSU). While the program turned out to be a less-than-perfect fit and Brad left after a year, he recently returned to MSU for a degree in Applied Mathematics, just finishing a year of Grad school. This past year, he had the



pleasure of teaching Calculus at MSU, in blended, small classes of both live and on-line instruction. A challenging year of teaching, for sure, but Brad loved the experience. He hopes to finish his Masters in a couple of years, then go on to earn a Doctorate.

The future depends a lot on what his fiancée Chelsea will be doing. They're hoping for a Fulbright scholarship for her and time abroad. Or they'll end up wherever Chelsea attends medical school. While Brad is comfortably flexible with whatever life brings, one thing is for sure: a September 9<sup>th</sup> wedding is the plan.

Indeed, Brad loves to travel. Once, he spent two weeks staying with relatives in France and Italy. He loved it. And he ate a lot, gaining 20 pounds in that short time! He has also been on a cruise with his brother in Croatia and loved the white, sandy beaches. Another trip found him visiting Chelsea and our own Ashley Guevara in Morocco after they conducted a training there. He and Chelsea look forward to more adventures.

Another of Brad's passions is outdoor sports. In high school, he was captain of the varsity tennis team. On top of that, he participated in "everything" outdoors, including skateboarding. Here in Bozeman, he mostly enjoys fishing, golfing, and playing baseball with friends. He is looking forward to learning ice fishing this winter. Family takes the forefront in Brad's life, something he learned from his mom as well as Chelsea. They both feel family is a priority, and Brad is in close touch with his family members. His mom is "the nicest person in the world" and was raised in southern California. His mom's father was a history professor who passed way too young. He is close to his father's parents, "Nonna" and "Papa." Papa just turned 90, his mother Pam just turned 60, and Brad just turned 30. Brad is also close to his aunts and uncles. As far as he knows, everyone who is able to is coming to the wedding in September!

Besides learning from his dad's ability to be a jack-of-all-trades, his dad taught him an appreciation for music. Music was always on in the family kitchen, and still is when Brad cooks. His dad is a musician and played in a classic rock band. He brought Brad to his first concert: Eric Clapton!

**Continued on page 10**

## Intermountain Opera Bozeman Presents “Country Roads & Coloratura” to Hillcrest

Intermountain Opera Bozeman will have a special performance at Aspen Pointe on Saturday, August 7 at 2:00pm on the Dining Room Patio.

We are very lucky to have the Intermountain Opera visit Hillcrest again this year thanks in part to their generous sponsors. This years program will feature Christina Pezzarossi, mezzo-soprano, Colin Ramsy, bass and Julie Gosswiller, piano. See below for the program:

### *Take Me Home, Country Roads*

Words & Music by John Denver

### From *The Barber of Seville*

Words by Cesare Sterbini

Una voce poco fa

Music by Gioachino Rossin

La calunnia

### From *The Mikado*

Words by W.S. Gilbert

There is Beauty in the Belly of the Blast

Music by Arthur Sullivan

### From *The Marriage of Figaro*

Words by Lorenzo Da Ponte

Se vuol ballare

Music by Wolfgang Amadeus Mozart

Non so piu

Non piu andrai

### *I'll Fly Away*

Words & Music by Albert E. Brumley

### *They Don't Let You in the Opera (If You're a Country Star)*

Words & Lyrics by Daniel Lipton

### *When I Get Where I'm Going*

Words & Music by George Teren & Rivers Rutherford

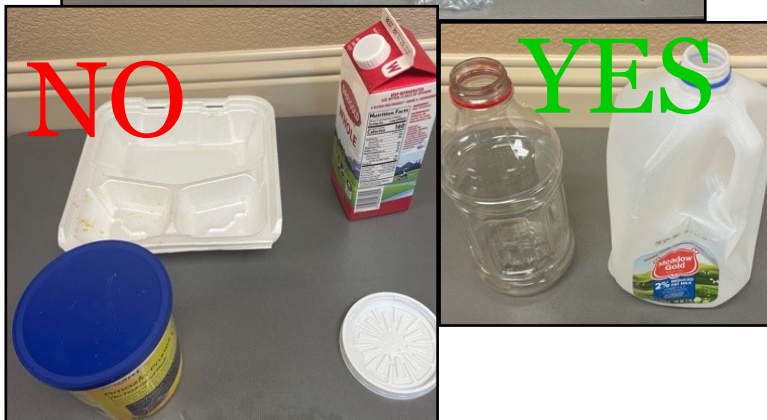
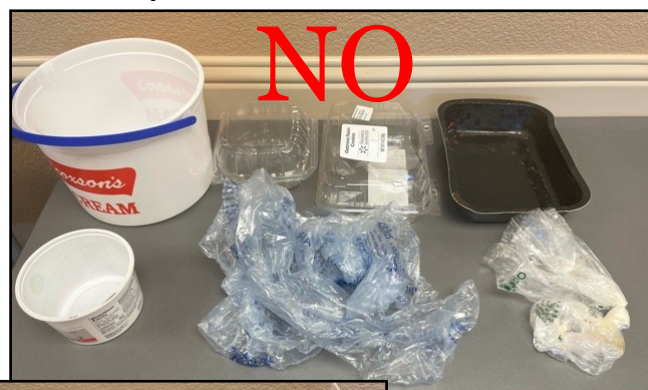


## Department Updates

### ENVIRONMENTAL SERVICES—JOHN ODDEN

**Recycling:** We've improved in what we are putting in the appropriate bins, but there is still room for improvement. The items most frequently still being “mis-recycled” are plastic containers, bags and styrofoam.

Please observe the appropriate protocols so we don't lose this service due to our negligence. Let the pictures below, again, serve as your guidelines. Thank you.



### Brad from page 9

Another time, Brad remembers being pulled up on stage at a “Barenaked Ladies” concert to sing along. While he was intimidated at first, he “got into it,” and boogied away! Brad now loves hearing live music whenever possible.

When asked what makes his relationship with Chelsea so successful, despite the fact that they both often work 60 hour a week, he said, “Patience and communication are the key.” Two qualities that make cooking a success as well! Brad is always happy to see his creations enjoyed by Hillcrest residents.



Join us for the  
**HILLCREST CAR SHOW**

It's almost time for our annual Hillcrest Car show! We're always looking to expand the number of vehicles for everyone's viewing pleasure, so if you have or know of someone who owns a classic or collector car they would like to enter in our show, please have them contact Megan Reichert at 414-2031.

For those of you who are new residents to Hillcrest, the show will be located in the front parking lot of Aspen Pointe where we'll spend the afternoon sipping cold beer or soda while listening to a local band and eating ice cream. It's always a fun day! A prize for Viewers Choice will also be awarded.



**Thursday, August 12th | 2 - 4 p.m.**  
Hillcrest Senior Living  
1201 Highland Blvd., Bozeman, MT

Entertainment provided by Kate and the Alleycats.  
Refreshments will be served.



**BOZEMAN HEALTH**  
HILLCREST SENIOR LIVING

# Car Parts Word Search

C	L	U	T	C	H	C	O	L	P	L	V	D	G	W	D
I	P	V	V	J	P	P	J	E	I	B	F	E	M	N	I
S	L	W	H	E	E	L	D	I	Z	X	A	X	G	R	A
T	L	G	N	Q	P	A	Y	A	B	R	A	K	R	W	B
W	N	P	Q	G	L	K	K	Z	G	V	I	S	N	W	A
A	H	I	G	N	I	T	I	O	N	P	I	S	T	O	N
K	I	E	M	A	O	T	C	E	M	F	Y	E	C	R	Y
D	X	R	A	X	G	I	H	M	T	Q	P	I	Z	H	S
O	A	T	B	T	U	C	O	K	B	V	B	O	Y	P	Z
S	F	S	K	A	E	H	O	V	G	S	N	D	I	T	S
H	H	I	H	Q	G	R	D	T	S	E	A	T	D	U	E
B	O	I	L	B	T	I	R	E	X	E	T	A	N	N	F
W	Y	R	F	T	O	D	O	R	D	U	M	R	G	W	F
R	A	D	N	T	E	A	L	P	A	T	O	I	M	A	W
W	T	H	G	C	E	R	R	W	H	O	N	K	M	K	U
R	A	D	I	A	T	O	R	D	F	E	S	N	J	E	W

**AIRBAG, CLUTCH, DASHBOARD, ENGINE, FILTER, PEDAL, GEAR,  
HEATER, HOOD, HORN, IGNITION, SEAT, RADIATOR, WHEEL, TIRE,  
SHIFT, PISTON, SUNROOF**



**BOZEMAN HEALTH**  
HILLCREST SENIOR LIVING