

Sample Menu

{ SPA entrée: 10 grams of fat or less }
{ SPA dessert: 5 grams of fat or less }

Open Seating & Guests are Welcome



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | |
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| Breakfast 7:30 a.m. - 9:00 a.m. Everyday in Birchwood Dining Room | | | | | | | |
| <ul style="list-style-type: none"> • French Toast • Bacon, Sausage • Hot Cereal • Scrambled Eggs • Hash Browns | <ul style="list-style-type: none"> • Cheese & Mushroom Omelet • Bacon, Ham • Honey Wheat Pancakes • Hash Browns • Biscuits • Hot Cereal | <ul style="list-style-type: none"> • Ham & Cheese Quiche • Bacon, Sausage • Eggs to Order • Hash Browns • Hot Cereal | <ul style="list-style-type: none"> • Sausage Gravy with Biscuits • Eggs to Order • Bacon, Sausage • Hash Browns • Hot Cereal | <ul style="list-style-type: none"> • Waffles • Eggs to Order • Ham, Bacon • Hash Browns • Hot Cereal | <ul style="list-style-type: none"> • Eggs Benedict • Bacon • Scrambled Eggs • Hash Browns • Hot Cereal | <ul style="list-style-type: none"> • Skillet Breakfast • Bacon, Sausage • Eggs to Order • Pancakes • Hash Browns • Hot Cereal | |
| Lunch 12 Noon - 1:30 p.m. Lunch 11:30 a.m. - 1:00 p.m. | | | | | | | |
| <ul style="list-style-type: none"> • Cloverleaf Rolls • Green Salad • Tomato Soup • Baked Chicken • Mashed Potatoes • Vegetable du Jour • Éclairs | <ul style="list-style-type: none"> • Chicken Vegetable Soup • Stuffed Pork Loin with Dijon Mustard Sauce • Macaroni & Cheese • Brussel Sprouts • Salad Bar • Fruit Tray • Sweets | <ul style="list-style-type: none"> • Cream of Cauliflower Soup • Vegetable Quiche • Grilled Beef & Swiss Sandwich • Sweet & Sour Pork • Rice • Lima Beans • Salad Bar • Fruit Tray • Sweets | <p>Barbeque 11:30AM-1:00PM</p> | | <ul style="list-style-type: none"> • Beef Barley Soup • Taco Salad • Spanish Rice • Mexicali Corn Quesadillas • Salad Bar • Fruit Tray • Sweets | <ul style="list-style-type: none"> • Clam Chowder • Fish & Chips • Chicken Pesto & Feta Sandwich • Broccoli, Cauliflower Mixture • Salad Bar • Fruit Tray • Sweets | <ul style="list-style-type: none"> • Senate Bean Soup • Twice Baked Potatoes • Turkey Pot Pie • Shredded Pork Sandwich • Spinach • Salad Bar • Fruit Tray • Sweets |
| Dinner 5:30 p.m. - 7:00 p.m. Dinner is served in two seatings with the first at 5pm and the second at 6:30pm | | | | | | | |
| <ul style="list-style-type: none"> • Tomato Soup • Grilled Cheese Sandwich • Tater Tots • Teriyaki Chicken Wings • Chuck Wagon Blend Vegetables • Salad Bar • Fruit Tray • Sweets | <ul style="list-style-type: none"> • Whole Marinated Mushrooms • Savory Onion Bread • London Broil • SPA: Seafood Fettucini • Baked Potatoes • Peas • Vegetable du Jour • Chocolate Pecan Pie • SPA: Coconut Rice Pudding | <ul style="list-style-type: none"> • Pasta Salad with Tomatoes & Corn • 7 Grain Bread • Ham Loaf • SPA: Chicken Divan • Au Gratin Potatoes • Beet w/Sour Cream • Vegetable du Jour • Russian Cream • SPA: Raspberry Mousse | <ul style="list-style-type: none"> • Field Greens • Buttermilk Bread • Chicken & Dumplings • SPA: Moroccan Braised Beef • Couscous • Sugar Snap Peas • Vegetable du Jour • Tiramisu • SPA: Chocolate Softies | <ul style="list-style-type: none"> • Tangy Vegetable Salad • Dakota Seed Bread • Liver & Onions • SPA: Fish du Jour • Ranch Seasoned Potatoes • Sautéed Green & Yellow Squash • Vegetable du Jour • Gingerbread w/Lemon Sauce • SPA: Mango Slush | <ul style="list-style-type: none"> • Ambrosia Salad • Russian Black Bread • Pork Prime Rib • SPA: Eggplant Parmesan • Roasted Garlic Mashed Potatoes • Green Beans Amandine • Vegetable du Jour • Chocolate Nut Tart • SPA: Blueberry Crepes with Vanilla Pudding Sauce | <ul style="list-style-type: none"> • BLT Salad • Roasted Peppers & Jack Cheese Cornbread • Maple BBQ Chicken • SPA: Fish du Jour • Honey Roasted Red Potatoes • Grand Marnier Carrots • Vegetable du Jour • Apple Dumplings • SPA: Hawaiian Pineapple Pie | |

This is only a sample menu. Menu items change from week to week.