

Family Birth Center Visitor Information

Thank you for choosing Bozeman Health Family Birth Center to welcome your baby! The following visitor precautions are in place to help keep you and your baby safe and healthy during COVID-19.

- One healthy adult caregiver can stay with you during labor, vaginal delivery in the labor room, and after delivery.
- Your caregiver must stay in the room with you and will not be allowed to return if they leave the hospital.
- The same caregiver must stay with you during labor, childbirth, and follow through to postpartum.
- You may decide whether the healthy adult caregiver with you is your spouse/partner, a doula, or other healthy adult. Only one caregiver will be allowed.
- Your caregiver may shower in your private labor room but will not be permitted to use the common shower once you are on postpartum.
- Bozeman Health will provide meals for both you and your caregiver during your stay.
- If your baby requires a stay in the Special Care Nursery after you have been discharged from postpartum, as space allows, Bozeman Health will provide a room for you to “board” while your baby is in the hospital. As long as your caregiver remains in the room with you, they may also stay up to 48 hours after your discharge from medical care.
- Beyond 48 hours after your discharge from medical care, if your baby is still in the Special Care Nursery, only one parent may stay as a “boarding parent” with the newborn.
- No caregivers or visitors are allowed in the operating room at this time. If you require delivery in an operating room, we will do our best to use technology to include your caregiver in your birth experience.
- All caregivers will be screened with questions about symptoms and a temperature check upon entering the hospital and daily during their stay.
- All caregivers will be asked to use hand hygiene.
- All caregivers will be asked to wear a mask or face covering while in the hospital.
- Both patients and caregivers should stay in the Family Birth Center and are not permitted to walk throughout the hospital or leave the building while admitted; this includes going outside to smoke or meet with outside visitors.
- Caregivers are not allowed to come with you to your clinic or ultrasound appointments at this time.
- You will be tested for COVID-19 using a swab placed in your nose before or during your stay with us in the Family Birth Center.
- Your caregiver will not be tested for COVID-19.
- If you are positive for COVID-19 or have concerning symptoms for COVID-19, while you are hospitalized for childbirth, decisions about visitors will be made on a case by case basis in alignment with the most up to date treatment guidelines.

These are complicated times. We understand that these visitor precautions may be different from what you planned for your birth experience. We are absolutely committed to supporting you through childbirth and to creating a safe, healthy, and positive experience for you and your family during your stay.