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| TITLE        | Inpatient Ambulation Guidelines                                                                                                                                                                                                                                                                         |
| TODAY'S DATE | May 20, 2020                                                                                                                                                                                                                                                                                            |
| SECTION      | <input type="checkbox"/> Organization Wide<br><input type="checkbox"/> Emergency Department<br><input checked="" type="checkbox"/> Inpatient <input type="checkbox"/> Ambulatory<br><input type="checkbox"/> Nursing <input type="checkbox"/> Medical staff [physicians and advance care practitioners] |

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| APPLICABLE LOCATIONS | <input type="checkbox"/> All Bozeman Health locations<br><input checked="" type="checkbox"/> Bozeman Health Deaconess Hospital<br><input checked="" type="checkbox"/> Big Sky Medical Center | <input type="checkbox"/> Belgrade Clinic + UrgentCare<br><input type="checkbox"/> Hillcrest Senior Living<br><input type="checkbox"/> b2 UrgentCare <input type="checkbox"/> b2 MicroCare |
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| VERSION DATE  | May 20, 2020                                                          |
| CONTRIBUTORS  | Crites, Sillitti, Ostrowski, Wolf, K. Herring, Corwin, Rose, Sullivan |
| APPROVED BY   | Those listed above; Incident Command                                  |
| APPROVAL DATE | May 20, 2020                                                          |

**BACKGROUND and PURPOSE:** Ambulation is important for patient treatment and recovery. To further reduce the risk of spread of COVID-19 among our workforce and patients, the following guidelines are provided for patients ambulating outside of their assigned rooms.

**POLICY/PROTOCOL:**

During our COVID-19 response, ambulation should be limited to therapeutic activity and not recreational (e.g., boredom, etc.).

Patients will be allowed to ambulate if the following conditions are met:

1. The patient’s activity order permits ambulation.
2. The patient wears a properly fitted face-covering or mask.
3. The patient uses the proper handwashing technique before donning and doffing the face-covering/mask.
4. The patient uses the proper handwashing technique before leaving the room and upon return.
5. Social distancing is maintained.
6. The patient remains in the unit of admission.

Pediatric patients may also ambulate or be pulled in a wagon if they meet the above criteria. Diversional activities should be provided in the child’s room when possible.

**OTHER POLICIES/PROTOCOLS TO REFERENCE:**

Universal Mask Policy

**SCOPE**

We anticipate these adjustment to be temporary and reserve the right to revise or discontinue these adjustments with or without notice depending on the current understanding and/or business needs of Bozeman Health relating to COVID-19.