



# RETURN TO WORK FAQs

**Q. My household member is in quarantine, can I work?**

A. If the household member remains asymptomatic, yes, you may work. If they develop symptoms, you cannot work. Please call Employee Health for return to work (RTW) clearance.

**Q. My family member is ill, can I work?**

A. If they are being tested for COVID-19 due to suspicion of COVID-19 infection, you may not work until their test comes back negative. If the test comes back positive, please stay home and call Employee Health for RTW clearance.

**Q. I am in quarantine but have tested negative for COVID-19, can I return to work?**

A. No, you must abide by your quarantine order and stay home from work for 14 days following your last exposure.

**Q. What if I have symptoms that in some cases have been associated with COVID-19 (e.g. Nausea/Vomiting/Diarrhea)?**

A. Please call the Employee Health COVID-19 nurse at 595-2295 between 7:00 a.m. and 7:00 p.m. daily.

**Q. Who do I call if I need testing?**

A. Call Employee Health at 406-414-5566 between 7 a.m. and 3:30 p.m. Monday-Friday. Call Employee Health COVID-19 nurse at 406-595-2295 between 7 a.m. and 7 p.m. daily.

If you cannot reach someone at the above numbers, please call the COVID-19 hotline at 406-414-2619. Please mention that you are an employee so that, if appropriate, testing can be prioritized.

**Q. What do I do if I am exposed to COVID-19?**

A. Notify your supervisor and contact Employee Health. If you were exposed at work, please enter a Midas. You will likely be placed in quarantine by the Gallatin City-County Health Department. Abide by your quarantine order and stay home for 14 days following your last exposure. Monitor for symptoms twice daily; if you develop symptoms, contact Employee Health to arrange for testing.

**Q. What should I do outside of work to prevent the spread of COVID-19?**

A. Please review CDC's guidance on Public Health Recommendations for Community-Related Exposure. Some health care providers may choose to implement extra measures when arriving home from providing healthcare, such as removing any clothing worn during delivery of healthcare, taking off shoes, washing clothing, and immediately showering. However, these are optional personal practices because there is insufficient evidence on whether they are effective. Person-to-person transmission is currently thought to be the main way the virus spreads, but we are still learning more about how this virus spreads.

For everyone's health and safety, we're all in this together.

