



Crest Lines

Inside this Issue

| | |
|------------------------------|----|
| Hillcrest Neighbors | 2 |
| Welcome | 3 |
| Dream Flight | 3 |
| Bozeman Symphony | 3 |
| Library News | 4 |
| It Happened in September | 4 |
| Spiritual Offerings | 5 |
| September Birthdays | 5 |
| Grizzly Encounter | 5 |
| Wise & Well | 6 |
| Alzheimer's Walk | 6 |
| Hydration Challenge | 7 |
| Hillcrest Staff | 8 |
| Thomas Meagher | 9 |
| Brain Fitness | 10 |
| Department Updates | 10 |
| 9/11 Commemoration | 11 |
| Sudoku Puzzle | 12 |
| Coming up in October: | |
| Broadway Best Show | |
| Harvest Dinner | |
| Halloween Party | |



Thoughts from Senior Services

by Rachel Clemens, Senior Services Director

Growing up I had a vision of what being a “boss” looked like—I think all kids do. I can only imagine we come by this from movies, stories, news, our social surroundings. I’m sure I don’t need to describe this picture, but it’s one of a “boss” watching, dictating, over a group of people. Which is where the term boss comes from and why I don’t like that word due to the connotation. I’m not quite sure when I strayed from what my vision of a boss was.

I’ve been a leader at Hillcrest for about 7 years and in those years of varying levels of leadership, I have found a style of my own. I say leader because I think that is a much more appropriate term for what I do and what a “boss” should be. A leader is part of a team and leads by example. I’m currently reading a book entitled, “Leadership Secrets of Attila the Hun,” by Wess Roberts, PhD. I know what you are thinking! Despite his notoriety, the author uses Attila the Hun as a metaphoric character to illustrate leadership fundamentals. One of these qualities is stewardship. “Our leaders must have the essential quality of stewardship, a caretaker quality. They must serve in a manner that encourages confidence, trust, and loyalty.” “Without a flock there can be no shepherd. Without an army there can be no battle captains. Without subordinates there can be no leaders. Leaders are, therefore, caretakers of the interests and well-being of those and the purposes they serve.”

We have lived in a challenging time the last year and a half and it still continues. COVID-19 precautions ever changing has altered how we live our everyday lives and how we carry out our jobs. And now, in a world with staffing shortages across the nation, a leader’s job becomes that of a caretaker, servant and leader. How can I, as a leader, help? It is with meeting each of my leaders and their employees and seeing what their needs are: maybe encouragement, advocating for their needs, stepping onto the floor and working side by side. And the supervisors of each Hillcrest department has done the same. Hillcrest supervisors have washed dishes, served meals, assisted on the floor in Birchwood, drove the shuttle van, ran programs, to name a few. I have been extremely proud of the employees of Hillcrest, where although these times have been difficult, they are dedicated to their job and quality in fulfilling it. The Hillcrest team is here to be a partner in health and wellness, compassionately delivering the best care for each person, every time. We want to thank each of you for your steadfastness and patience.



Hillcrest Neighbors By Tony Garcia, Resident

Harper Bohr. He's that deep tanned guy with a smile and a laugh that will knock you over. At 88, he gets up early and drives a school bus for Special Ed kids. He's amazed with what those kids can do, and what their parents do to care for them.

Harper stands a looked crooked, not just because of age, but because he had too many hard parachute landings. You see, Harper is a Marine and has spent more than half his adult life in the Marine Corps, 27 years to be exact. He trained as paratrooper, a member of the special forces, the Navy Underwater Swimming School, and was a Pathfinder Team Leader. Maybe it was in his DNA. Harper's father was in WWI.

Born in Johnsonburg, PA in 1932, Harper grew up in Williamsport, PA, a logging town on a river in the Appalachian Mountains in eastern Pennsylvania. He met his wife to be, Barbara, in 9th grade. "She sat right in front me."

Harper admits to tormenting her like lots of teenage boys.

On June 25, 1950 North Koreans, manning Soviet tanks, invaded South Korea to spread Communism. It reminded Harper of World War II when life suddenly changed, and all the men enlisted in the military. So, Harper, like those in 1941, enlisted in the Marine Corps. He had just graduated from Williamsport High School a few days earlier, and went to Korea as an infantryman in 1952. Barbara graduated at the same time, became an R.N. and worked at the Williamsport Hospital.

When Harper came home from Korea, like many others, he took advantage of the G.I. bill and got his college degree from Gettysburg College in 1958, with a major in history. He also got a commission as 2nd Lieutenant in the Infantry. He and Barbara were married in Williamsport in

1956. His service took him to various duties in Virginia, North Carolina, California, Okinawa, Japan, Philippines, and Taiwan.

When the Cuban Missile Crisis occurred, October 1962, Harper and his Pathfinder Team were put aboard the U.S.S. Boxer ready to jump into Cuba. Their mission was to set up an assault helicopter landing zone. Fortunately, they got orders to stand down when the Soviet ships carrying missiles to Cuba turned around and returned to the Soviet Union.



In 1967 Harper was sent to Vietnam. He was with the 26th Marine Regiment surrounded by 4 North Vietnamese Divisions at Khe Sanh enduring major artillery, mortar and rocket attacks for almost 6 months.

Returning from Vietnam in 1968, he had various jobs, but returned to Okinawa as Commanding Officer of 3rd Recon Battalion. They assisted in the evacuation of Saigon April 1975. He returned to

Washington, D.C. and retired as Lt. Col. on June 1, 1977.

During his leave in 1975, he, Barbara and their 3 children drove west on a camping trip. Barbara, fell in love with Montana. They moved near Kalispel, and then to Bozeman in 1991. Barbara was an R.N. at the Bozeman Clinic, and Harper became a substitute teacher and later worked for an insurance company covering Montana, Wyoming, Idaho, and Alaska.

Barbara died October 8, 2019, so Harper sold his house and moved to Aspen Pointe in February 2020. He has a daughter in Spokane, a son in Batavia, IL, and a son here in Bozeman. He also has 3 grandchildren and 1 great, great grandchild.

Thank you Harper for you great story, your service to our country, and your service for the K-5 Special Ed kids. You are a great asset to Aspen Pointe.

Welcome By Chaplain Allen Jones

In spite of this crazy fast summer complicated by Covid, many people have come to call Aspen Pointe and Birchwood, home. They come from all over and we welcome them to the gentle life here. As we all know, many parts of life happen that lead us to choose a retirement community. Many things change about our lives when we do come, and the transitions are sometimes difficult. A community is just that, a community of people sharing much the same journey. Of course there are differences for each one, but the core experience is shared.



Many of you have been here for years and had your own transitions in coming. So, as good neighbors; you can help welcome those who have moved to Aspen Pointe and Birchwood over the summer to the community here. Rachel Clemens penned a beautiful article in the newsletter last month about her son asking the name of a person in a song...yes to be known is a wonderful welcome. I encourage you each to make an effort to meet and get to know people. Some of you are very good at it. It's a gift you can give. Find out where people came from. It may be close to somewhere you have lived. What did your new neighbors do for a living? It may sound familiar. One of the best parts of my being Chaplain here is discovering people's stories. There are many beautiful people here, around 140...they are the richest resource Aspen Pointe and Birchwood has.

Dream Flight for Bill!

Monday, August 16, eleven Montana World War II Veterans got another chance to fly! They boarded a 1942 Stearman biplane for a 15 minute ride all made possible by Dream Flights, a non-profit organization, dedicated to honoring veterans.

Bill Bryant, resident of Birchwood, was one of the lucky vets to partake, shown here with his family, including Mary Hohne of Aspen Pointe.



Bozeman Symphony

It's finally time for the Symphony!

The first concert of the season is Tchaikovsky Symphony No. 4 featuring Julian Schwarz on cello and the new conductor, Norman Huynh.

If you would like to catch a ride on the Hillcrest shuttle, please purchase tickets for Sunday, September 26 at 2:30pm. (Minimum of 4 persons required)

Library News

By Pat Templin, Resident

Positioned on the main floor between the front entrance, dining room and the south facing central fireplace, Hillcrest Library affords residents a number of features. These include books, newspapers, periodicals, dictionaries in multiple languages, game playing surfaces, a scanner and a computer with printer, as well as comfortable seating. It is a beautiful room filled with light from the south facing windows.

Ilen Stoll became the librarian in 2009. She was long standing Chair of the Library Committee. She is well qualified, for she holds two degrees in Librarianship. In 2009 she introduced herself to Dewey Adams, a retired English professor. Together they decided on a project to improve the library by going through every shelf and making decisions. Later, Oma Wells, a retired school librarian, joined them. She urged an inventory, presenting it to the business office for insurance purposes. Mary Gracia now heads the library committee.

Residents have donated most of the books in the library. The same is true for the always current magazine and journal subscriptions. Will Price is responsible for the periodical collection. A few books have been donated by the Country Bookshelf on Main Street, through an ongoing relationship and agreement established by Ilen Stoll. Some books are purchased with donations to the library. Duplicates are donated to the public library for its book sale.

Two walls of bookshelves face each other in the library. Recent labeling of the book categories has been completed with the outstanding label making of Amy Malcom. Categories of the eastern wall are Biographies, Large Print, Fiction, and Mysteries. Categories of the all-nonfiction western wall, nearest the front entry, are Age of Exploration, US History, the American Presidency, US Courts and the Press, History of the West, Women and the West, Lewis and Clark, Native Americans, History of Montana, Montana Places, Yellowstone, National Parks, Places to Visit, American Exceptionalism, Contemporary Issues, Environment, Flora and Fauna, Ideas, Nonfiction, Philosophy, Early Man, Journeys, Art, Inspira-

tion, Health, Menus, Timely Topics, and Resident Information.

Quite a bit of activity reigns. Although there is no index or check out system, the honor system prevails. Comments are welcome, as new books are added.

Those who planned Aspen Pointe did right by setting aside this much space for a library with fireplace.

It Happened in September

By Tony Garcia, Resident

Sept. 1, 1821 William Becknell began a wagon train from Missouri to Santa Fe, opening the Santa Fe Trail.

Sept. 2, 1945 Japan formally surrenders aboard the USS Missouri in Tokyo Bay ending WWII.

Sept. 3, 1783 The Treaty of Paris officially ends the American Revolutionary War.

Sept. 4, 1603 English explorer, Henry Hudson sails up the Hudson River.

Sept. 5, 1774 The First Continental Congress met to list declarations of rights and grievances against Britain.

Sept. 6, 2002 Congress met in New York. Paid homage to victims and heroes of the Sept. 11, 2001 attacks.

Sept. 8, 1892 The Pledge of Allegiance is first published in the Youth's Companion magazine.

Sept. 10, 1913 The Lincoln Highway became the first coast to coast paved highway in the U.S.

Sept. 11, 2001 Al Qaeda terrorists hijack 4 airliners for suicide attacks against the U.S.

Sept. 14, 1814 Frances Scot Key wrote the Star Spangled Banner during the War of 1812.

Sept. 16, 1620 The Mayflower departs Plymouth, England for the New World.

Sept. 18, 1793 George Washington lays the cornerstone of the U.S. Capitol.

Sept. 20, 2001 President George W. Bush declares war on terrorism.

Sept. 21, 1970 Monday night football began. The Browns beat the Jets 31-21.

Sept. 23, 1806 Thought to be lost or killed, the Lewis and Clark Expedition returns to St. Louis from the Pacific.

Sept. 22, 1862 President Lincoln issues Emancipation Proclamation to be effective January 1, 1863.

Sept. 27, 1936 The first national Gold Star Mothers Day is observed.

Sept. 30, 1949 The fifteenth month long Berlin Airlift comes to an end.

Spiritual Offerings

Sunday worship service is at 9:00am in the Birchwood Activity Room and 10:00am in the Aspen Pointe Commons.

September 5 September 12

September 19 September 26

Spiritual Care: Wednesday's from 10:00am - 2:00pm
Chaplain Allen Jones is available for individual companionship and can be reached at 907-460-8109.

Bible Circle: Thursday's from 10:00-10:30am in the Birchwood Activity Room.

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Fun at Montana Grizzly Encounter

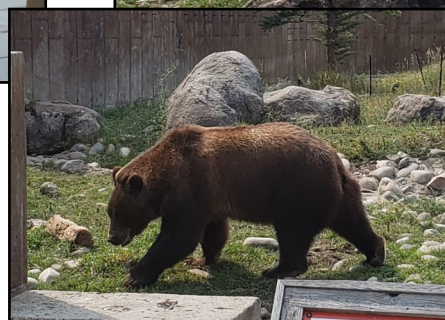
Miss "Bella the Bear" did not disappoint! If you missed the trip to see the grizzlies last month, you should definitely go! Not only are the four bears very impressive, they all have a story as to how they made their way to the rescue facility between Bozeman and Livingston and the staff there very knowledgeable. I know we all learned something that day!



Left to Right, Fairy Overton, Claire Driscoll, Dori McTigue, Doris Janes, Barbara Taylor, Ilen Stoll and Betty Miller



Bella The Bear



| | |
|------------------|------|
| Gloria Zimmer | 9/1 |
| Ludmila Kupriss | 9/4 |
| Dick Schwaller | 9/5 |
| Rod Spittle | 9/9 |
| Edward Hobart | 9/10 |
| George Mack | 9/13 |
| Kathleen Reid | 9/14 |
| Bob Yaw | 9/15 |
| Gisela Reynolds | 9/16 |
| Ellen Urie | 9/17 |
| Bea Borr | 9/18 |
| Marilyn West | 9/18 |
| Sandy Cummings | 9/22 |
| Wayne Gibson | 9/23 |
| Shirley Petersen | 9/26 |
| Alyce Morgan | 9/26 |
| Tom Roll | 9/27 |
| Paul Gianas | 9/28 |

Wise & Well: He's Wise & Can Put You on Track for Wellness!

By Nick Valera, Exercise Specialist/Activity Assistant

The Hillcrest community will be seeing a new face in the fitness center and at activities. My name is Nicholas (Nick) Valera and I am very happy and proud to be joining the staff! In this month's newsletter I wanted to write to you all to introduce myself and talk about some of the plans I have to help you all with your physical activity and health.



I was born and raised in Los Angeles, specifically the San Fernando Valley where most of my family still resides. I went to school at California State University, Northridge where I studied Kinesiology: Exercise Science. I was an athlete throughout my youth as I got into wrestling and Brazilian Jiu Jitsu, but my favorite sport is baseball (Go Dodgers!). I currently try to stay competitive by competing in local powerlifting meets. My coaching/training experience has been a mix of working in athletics and personal

training. Whomever I work with, I am always pleased to help people accomplish their physical and mental goals.

I am so excited to be here in this happy, supportive, and loving community! I am here to help all of you get healthier, stay healthy, and get the most out of every single day. My plans for our exercise programs is to help improve your strength, reduce any potential risk of injury, and help make it easier for you to do your daily activities. Strength and resistance training is going to be a big part of what I bring to our program. This can also create great benefits to your body such as potentially alleviating joint pain, improving posture, range of motion, and balance. Please feel free to reach out to me if you would like to set up a personalized exercise program.

I can be reached at 414-2029 in the fitness center, nvalera@bozemanhealth.org, or visit with me before or after chair exercise classes on Mon/Wed/Fri in the AP Commons.



Alzheimer's Association, Walk to End Alzheimer's, is the world's largest event to raise awareness

and funds for care, support and research for those struggling with this health issue. Bozeman Health is helping to sponsor this life saving event. Residents wishing to join in this annual walk on **September 12** are invited to join the Hillcrest team by calling Linda Jo to sign up at 414-2008. **No fee is required and a bus leaving at 1:00pm will take participants to Bozeman High School where the ceremony and walk will be held.**

(The Walk will take place on level ground on the high school track. If you do choose to donate, please let Linda Jo know at the time of registration.





Hydration Challenge!

From **September 6-26th**, we will again host our annual Hydration Challenge. We all know hydration is important. Our loved ones have probably told us thousands of times to drink water and stay hydrated. I know my mom has hounded me for it before and there is a good chance you have done the same to your children. But why? Can drinking enough water really help us feel better? YES!

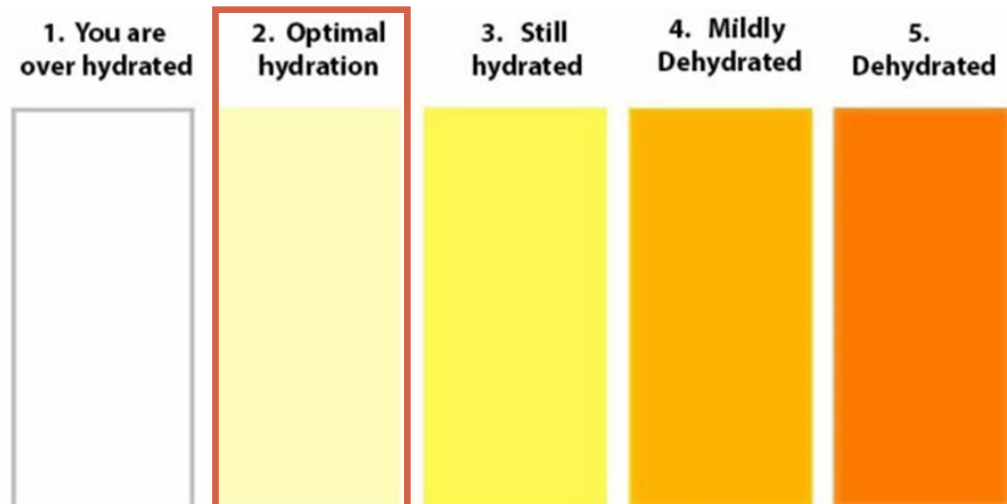
Did you know that our body is made up of mostly water? Children and young adults typically have about 60%-70% of their body containing water, and about 55%-60% in older adults. That change is mostly due to the change in ratio of muscle to fat since muscle tissue stores more water. As we age our muscle mass lessens and that ratio changes, so does our total body water weight. Most of our organs are primarily made up of water such as our skin, kidneys, lungs, and our brains.

Consuming an appropriate amount of water throughout the day can help improve these organ functions such as better cognitive function,

body temperature regulation, and glucose regulation. Proper hydration can also help reduce fatigue, risks of urinary tract infections, and possibly reducing negative side effects of medications. But before you go drinking as much water as possible, we also must make sure we do not overhydrate. This can cause negative side effects as well.

It is recommended that adult men consume about 2 liters or 68 ounces throughout the day, and adult women consume about 1.6 liters or 54 ounces. It is important to know that this is a baseline recommendation, so if you take medications that retain water or live a more active lifestyle, you will need to drink more than the amount given above. The best indicator is our urine color. As our water intake changes throughout the day, we can refer to the chart below to help guide our hydration habits.

The Hydration Station will be located near the library, so stop by, grab a tracking sheet and get hydrated!



About Our Hillcrest Staff

By Edis Kittrell, Activities Assistant

Meet Janisse Ruis, Aspen Pointe server for nearly four years now. As a child, Janisse had the unusual and fortunate opportunity to live in Fairbanks, Alaska, until she was eight years old; her father was in the Alaska National Guard near Fairbanks.



Even though she was just eight-years-old when she and her family moved to Billings, she still has vivid and wonderful memories of her friends and experiences in nature while in Alaska. She remembers watching the Northern Lights while in the deep darkness of winter, and seeing moose lay in the family's kiddie-pool in the summer light at 2 a.m., the unusual light which is known as the "Midnight Sun." With her friends, she would make bread, churn butter, build an igloo, sled, and "play in the woods as much as possible." But horses have always been in the forefront of Janisse's life. She has "loved horses since birth," and would pet every horse she saw, even making her parents pull the car over every day on their way home so she could feed a particular neighbor horse apples.

Initially homeschooled in Alaska, Janisse was a very active student once at Billings Christian Elementary and Will James Middle School, participating in science fairs, history bees, spelling bees, and playing basketball and volleyball. At Billings West High School, she participated in 4H and took AP Honors classes as well as three years of biomedical classes, which certified her as a Bio-technician Assistant at graduation. She was also on the Honor Roll and the National Honor Society. In addition, since the time she had gotten her first horse, a chestnut named Bo Jackson at age nine, and her second horse, a grey named Maestro at 16, she competed all over Montana. Maestro is a hunter/jumper, and Bo Jackson performs dressage. Both are rescued horses from

bad situations where they were malnourished. They've gone to Arabian horse Regional Championships in Wyoming and to an international show in Canada. Her parents still have a room dedicated to all the ribbons, plaques, and trophies she has received with both horses. All of her free time was spent at the barn, and she was "super dedicated" to keeping her horses and equipment looking "perfect." As Janisse says, "I did not have nearly as much money as every other horse person I competed against, but many times I saw how our hard work and effort paid off."

Janisse is now a Montana State University nursing student and in the Honors College, planning to graduate this December. She also minors in psychology. She's currently taking her clinicals at hospitals in Billings, so she is in Billings Monday through Friday, and works at Hillcrest on the weekends. While she is unsure of her focus post-graduation, she "really likes" trauma, ER, and ICU work. She has Bo Jackson in Billings and Maestro in Bozeman, so that she can see them as much as possible. Opportunities for competition are fewer these days, but they do still compete as much as possible.

Does she have time for anything else? You bet. She's a member of the Montana and American Arabian Horse Associations; U.S. Equestrian Federation and Hunter Jumper Association; Alpha & Lambda Delta Society; Montana Student Nurses Association; The National Society of Leadership and Success; and the American Nursing Association. In addition, her hobbies include horses (of course); nature and the outdoors; hiking, camping, and fishing; archery, playing volleyball, and being near beaches and water; concerts and music (she is learning to play the drums); art, painting, and drawing; cars and drag racing; reading; cooking and baking; animals; science; travel; and, finally, True Crime—she wanted to be an FBI agent when she was a kid.

But she doesn't feel much like a kid these days. She jokes that she feels like a 22 year old going on 62 because she has numerous chronic health conditions, mostly due to her years with horses and issues with being Type 1 Diabetic since age 11. This makes her feel "like a resident," especially when they talk about their backs and joints

Continued page 10

Remembering Thomas Francis Meagher By Tony Garcia, Resident

Have you ever visited the Montana state capitol? It's not only important to all Montanans, it is downright beautiful and I urge all to take a tour sometime.

As you approach, you might be as struck as I was when you see the statue of the first Acting Territorial Governor of Montana, John Francis Meagher. Not pronounced Mee-girr, but Mah-har. He was first appointed Territorial Secretary of Montana by Andrew Johnson in 1865, two years before the Battle of the Little Bighorn.

Meagher was a born fighter, as tough as they come, a man of strong conviction, like his father. Meagher senior gave up a successful business to enter politics. He and his wife lived in county Tipperary in Ireland where young Thomas was born in 1823. He had a brother and three sisters and all but one older sister lived beyond childhood. At first Thomas went to Roman Catholic boarding schools, but went on to a Jesuit school in County Kildare. He was on the debate team and became the youngest medalist in debate at age 15. He left Ireland to study in Lancashire, England at Trinity College again with Jesuit teachers.

Meagher returned to Ireland in 1843, now age 20. He first thought of joining the Austrian army which many young Irishman did at that time. He was influenced by the newspaper, *The Nation*, which consistently wrote about the Repeal Association which encouraged repeal of the "Act of Union" with Great Britain and Ireland. Meagher and four of his friends formed a group called the Irish Confederation, calling for the repeal of the act. They were called the "Young Irishmen," and "revolutionaries." Even though they preached a peaceful movement for the repeal of the act, Meagher and his group ultimately called for force when it became clear there was no other way to get national freedom. This is beginning to sound like the Sons of Liberty in Boston during the American Revolution, doesn't it?

Later that same year, 1847, Meagher and four of his followers went to France to learn how the French revolutionaries achieved their success. They returned to Ireland with a new tricolor flag,

green white and orange. When they flew the flag at the Waterford Mall it became the symbol of the Young Irelander Rebellion of 1848. Meagher and three followers were arrested, tried and convicted of sedition. They were sentenced to be hanged, drawn and quartered. Great protests over their sentence led to an 1849 lesser sentence of life in exile in a Penal island of Tasmania, AU.

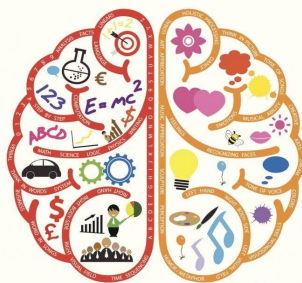
Exile did not last long. Meagher escaped in 1852 and went to New York. Now 21, Meagher studied law and journalism. He met Elizabeth, "Libby" Townsend, the daughter of wealthy protestants. Libby converted to Catholicism and they married in 1856. Meagher began a newspaper which he called the Irish News. One of his exiled friends, John Mitchell also escaped from Tasmania, and they met in New York. Together they founded a radical pro-Irish newspaper called the Citizen. Mitchell turned on Meagher questioning his honor. Meagher agreed to be re-tried and if found guilty would return to the Penal Island in Tasmania. He was tried by some notable citizens who, interestingly, found in favor of Meagher.

When the Civil War began in 1861, Meagher accepted a commission in the New York State militia. His former friend John Mitchell moved to the south to fight for the Confederates. Meagher put an ad in the New York Daily Tribune reading "One hundred young Irishman, healthy, intelligent and active, wanted at once to form a Company under command of Thomas Francis Meagher. On April 29, his new recruits for Company K of the famous "Fighting 69th Regiment" under the command of Colonel Michael Corcoran. When Corcoran was captured, Meagher was promoted to Colonel, now commander of the 69th.

They fought at the First Battle of Bull Run, the Peninsula Campaign, Antietam and Fredericksburg. Meagher resigned his commission after the Battle of Chancellorsville. After a series of appointments, Meagher finally resigned from the Army after the war in 1865. He was appointed Secretary of the new Territory of Montana and then Acting Governor of Montana Territory, **Continued page 10**

Brain Fitness Returning

Ginger Lee will lead new sessions of her Brain Fitness class **Thursdays at 2:00, through the month of September**. This is a 5 week series based on research Ginger presented earlier this year. Each class features exercises and games specifically designed to give your brain a workout. When your brain works, just like when your body works, it grows stronger and more resilient. The first class of the series will include a review of what actually works for keeping our gray matter healthy. As always, Ginger's classes are interesting, challenging and FUN!



Meagher from page 9

both by President Andrew Johnson. He went to Fort Benton, MT to receive a shipment of guns for the Militia. On July 1, 1867 Meagher fell overboard in swift water and his body was never recovered. There are several disputed stories how Meagher may have died but it matters not anymore. He was a tough Irishman, and true fighter for what he believed. A retired Bozeman lawyer, Paul Wylie wrote a book several years ago which you might enjoy if you liked his story I met Paul before he finished it when he told me the title. It is called "Irish General". There is a copy in the Aspen Pointe library.

So when you are looking for a road trip, visit the State Capitol and ponder that magnificent statue of Thomas Francis Meagher, your first Acting Governor of the Montana Territory. It's been there since 1905. I'm sure you will be as impressed as I was.

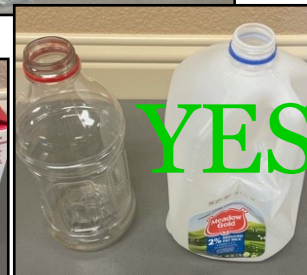
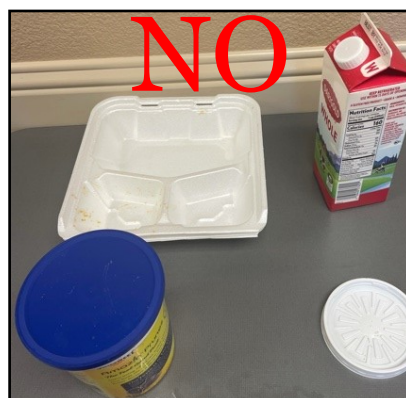
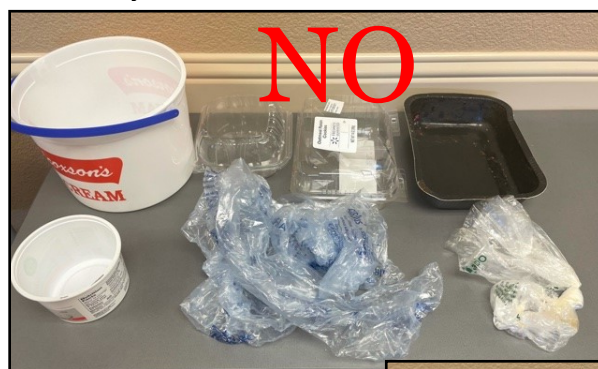
We would like residents who use the front parking lot (Aspen Pointe or Birchwood) to record their vehicle information in the sign up book at the front desk. This allows management to identify the owner in case of emergency or if your vehicle has to be moved for an event. Thank you

Department Updates

ENVIRONMENTAL SERVICES—JOHN ODDEN

Recycling: We've improved in what we are putting in the appropriate bins, but there is still room for improvement. The items most frequently still being "mis-recycled" are plastic containers, bags and styrofoam.

Please observe the appropriate protocols so we don't lose this service due to our negligence. Let the pictures below, again, serve as your guidelines. Thank you.



Janisse from page 8

hurting. She therefore likes to help people, especially people with physical and mental afflictions. She says, "I think I'm better able to relate to others. Even if we have different situational experiences, we can find common ground in how those situations made us feel. This inspires me to be the best nurse I can be, showing others that they're not alone and they have someone to support and assist them."

Yes, that is Janisse: a caring, empathetic, multi-faceted, tenacious, non-judgmental, and open-minded human being. How fortunate for Hillcrest!

ASPEN POINTE

9-11 COMMEMORATION

(LOCATED IN THE COMMONS)

Friday, September 10th 3:30pm - 4:30pm

&

Saturday, September 11th 10:00am—11:00am

National Anthem - Chris, Edis and All

Pledge of Allegiance – Chris

Invocation – Allen Jones



Introduction – Lee Wagner

What Happened & Why – Cherie Wilcox

It Might Happen – Jim McCall

1993 Bombing – Leslie Egloff

The September 11th Attacks – Bob Flaherty

The Killers & The Heroes – Gloria Zimmer

The Hunt – Harper Bohr

God Bless America – Chris, Edis, and All

Sudoku Puzzle

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | | | 7 | | | 5 | | |
| 7 | | | 5 | | 6 | 1 | | 4 |
| | | 9 | | 3 | | | 7 | |
| | | 8 | 1 | | 9 | 3 | 5 | |
| 3 | 9 | | | | | | 2 | 8 |
| | 5 | 7 | 3 | | 8 | 9 | | |
| | 7 | | | 1 | | 8 | | |
| 1 | | 2 | 6 | | 4 | | | 3 |
| | | 5 | | | 7 | | | 2 |



BOZEMAN HEALTH
HILLCREST SENIOR LIVING

