## SPEECH THERAPY TARGETED CANCERS

- Head
- Neck
- Throat
- Jaw
- Mouth
- Tongue
- Lung

#### **ADDITIONAL SERVICES**

- Rehabilitation and Quality of Life Issues
- Swallowing Therapy (Dysphagia)
- Jaw Mobility
- Speech Therapy
- Voice Therapy
- TEP Training
- Modified Barium Swallow Study

#### THOMAS & CLAIRE BRODESSER, JR. CANCER CENTER

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#### SPEECH THERAPY

For All Phases of Cancer Treatment





For a Healthier Life.

## BENEFITS OF CANCER TREATMENT

Radiation and chemotherapy cancer treatments can affect your throat, salivary glands and mouth. These affects can result in muscle weakness or scar tissue. When this happens, swallowing, speech and voicing may become difficult. For example, your voice may change in pitch or may sound harsh. You may have difficulty chewing or opening your mouth. Food may also stick in your throat.

Research has found that patients who receive speech therapy prior to radiation therapy may maintain improved muscle structure and function.

You have access to speech therapy through your cancer treatment team.

## DURING CANCER TREATMENT

It is important to keep using the muscles in your head and neck during and beyond your cancer treatment. Research indicates that on-going speech therapy may help you maintain speech and swallowing funcation as well as quality of daily life.

Your cancer treatment team speech therapist can provide support to ensure you get proper nutrition and hydration which directly impacts healing and recovery.

## STAY POSITIVE. WORK HARD. MAKE IT HAPPEN.

## POST CANCER TREATMENT

Addressing muscle weakness, scar tissue, swallowing difficulties, speech disturbances and voice disorders early on can help prevent long-term problems, according to the American Society of Clinical Oncology.

Remember, while speech therapy may seem like just another hassle, it's an integral part of your treatment plan.

Talk with your doctor or cancer care team about your concerns and the options available to you.