

How Do I Get Started?

Contact your physician about referring you to Cape Regional Medical Center's Occupational Therapy program. Please feel free to call or visit the Rehabilitation Center located on the first floor of the Medical Center.

Cost

Many insurance carriers, including Medicare provide coverage for the cost of your program. Our staff can assist you with payment options.

Hours of Operation

The Occupational Therapy Department is open from Monday through Friday 7am-5pm.

Contact Information

Occupational Therapy Department at
Cape Regional Medical Center
2 Stone Harbor Blvd.
Cape May Court House, NJ 08210
Phone 609.463.2635
Fax 609.463.2539

All Occupational Therapists and Occupational Therapy Assistants are licensed by the New Jersey State Occupational Therapy Advisory Council and certified for the National Board for Certification of Occupational Therapy.

OCCUPATIONAL THERAPY



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What is Occupational Therapy?

Occupational Therapy is a healthcare service. Practitioners use productive and creative activity to treat and rehabilitate physically and emotionally disabled people.

At Cape Regional Medical Center, our focus is to assist in the patient's return to a functional, independent lifestyle after they have been compromised by injury, illness, or the aging process. Helping a patient regain needs like dressing, bathing, working, driving, and social responsibilities, is the goal of the Occupational Therapist.

Types of Programs

“Inpatient” Occupational Therapy restores a patient's functional independence. Using standardized assessments, we evaluate the patient's ability to complete self-care, level of safety, and explore the possibility of adaptive equipment needs for the home.

“Outpatient” Occupational Therapy addresses the needs of the upper extremities as they directly impact a

patient's ability to function. We assess range of motion, strength, dexterity, and coordination as they ultimately affect the patient's ability to function.

Customized, individual treatment programs are developed for each patient to improve areas in need that were addressed in the evaluation process.

How to Refer

A physician referral is required for inpatient and outpatient treatment.

For more information on our programs or services, please contact our department at 609.463.2635 or 609.463.2636 to speak with one of our therapists.

Programs include:

- Hand Therapy
- Lymphedema/Breast Cancer Treatment
- ADL Training
- Wound Care
- Specialized Splint Fabrication
- Cognitive Evaluation Tools for CVA's
- Pre-driving Evaluation

To schedule an Occupational Therapy appointment please call 609.463.CAPE.