

Clinical Practice Guidelines

The use of clinical practice guidelines helps ensure members receive high-quality cost-effective care. CHA adopts guidelines based on need as identified by areas of high cost, high degree of variation, and high degree of member morbidity or mortality. CHA uses these guidelines for coverage determinations and encourages providers to use them to guide care. For care not addressed below, CHA encourages providers to follow guidance from their certifying board or professional organization. Providers are also encouraged to share with members any guidelines relevant to their care. These Clinical Practice Guidelines are located on CHA's website for providers and members to access. CHA encourages provider suggestion for additional guidelines that would help to improve the care of members.

Health Evidence Review Commission (HERC)

CHA relies heavily on the OHA Health Evidence Review Commission (HERC) *Prioritized List of Health Services* and accompanying practice guidelines. The list is used to make coverage determinations, but it also contains 21 diagnostic guidelines and 176 Clinical practice guidelines. *The Prioritized List of Health Services* and accompanying practice guidelines can be found at the following link.

<https://www.oregon.gov/OHA/HPA/CSI-HERC/Pages/Searchable-List.aspx>

Gold Initiative for Obstructive Lung Disease (GOLD)

CHA uses the Gold Initiative for Obstructive Lung Disease (GOLD) for guidance on Chronic Obstructive Pulmonary Disease (COPD) and other lung diseases. Details can be found at the following link.

<https://goldcopd.org/>

American Diabetes Association

CHA uses the American Diabetes Association recommendations on the treatment of diabetes. Review these recommendations at the following link.

<https://professional.diabetes.org/content-page/standards-medical-care-diabetes>

National Comprehensive Cancer Network (NCCN)

CHA uses National Comprehensive Cancer Network (NCCN) for chemotherapy and genetic testing determinations. Refer to these guidelines at the following link.

https://www.nccn.org/professionals/physician_gls/default.aspx

Oregon Pain Guidance

CHA uses Oregon Pain Guidance (OPG) recommendations on the treatment of pain. The recommendations can be found at the link below.

<https://www.oregonpainguidance.org/>

Centers for Disease Control and Prevention (CDC)

When prescribing opioids, refer to the *CDC Guideline for Prescribing Opioids for Chronic Pain*. This can be found at the following link.

<https://www.cdc.gov/drugoverdose/prescribing/guideline.html>