The Keele STarT Back Screening Tool

Patient name: _____ Date: _____

Patient Date of Birth: _____

Thinking about the **last 2 weeks** tick your response to the following questions:

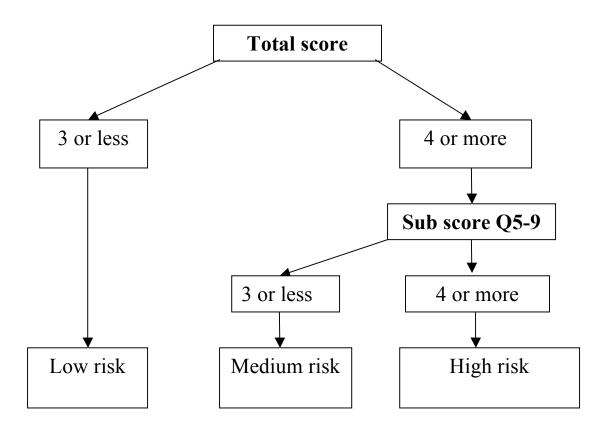
		Disagree	Agree
1	My back pain has spread down my leg(s) at some time in the last 2 weeks		
2	I have had pain in the shoulder or neck at some time in the last 2 weeks		
3	I have only walked short distances because of my back pain		
4	In the last 2 weeks, I have dressed more slowly than usual because of back pain		
5	It's not really safe for a person with a condition like mine to be physically active		
6	Worrying thoughts have been going through my mind a lot of the time		
7	I feel that my back pain is terrible and it's never going to get any better		
8	In general I have not enjoyed all the things I used to enjoy		

9. Overall, how bothersome has your back pain been in the last 2 weeks?

Not at all	Slightly	Moderately	Very much	Extremely
0	0	0	1	1
Total score (all 9):	Sub Scor	re (Q5-9):	

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The STarT Back Tool Scoring System



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