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Grin & Bear It 5K to be held September 22

The ninth annual Grin & Bear It 5K Run/Walk will be held on Saturday, September 22, at Cass Regional Medical Center.

5K Run/Walk

The run/walk will begin at 8 a.m. in Cass Regional's front parking lot. Registration is required. Registration forms are available at www.grinandbearitrun.com and on Cass Regional Foundation's Facebook page. Online registration is available at www.runsignup.com. Same-day registration is available the morning of the run/walk beginning at 6:45 a.m.

Breakfast

A free pancake breakfast will be served to the run/walk participants starting at 8:30 a.m. in the Healing Garden Courtyard. Special thanks to Chris Kurzweil for providing the meal.

Plant Sale

The plant sale will begin at 8 a.m. in the Healing Garden Courtyard. See below for more information.

Proceeds will benefit the Patient Assistance Fund at Cass Regional. Learn more about the fund on page 3. For more information, please contact Becky Welch at (816) 380-5888, extension 4810, or via email at rwelch@cassregional.org.



Annual Plant Sale to Benefit Gardens Fund

Cass Regional's Very Important Gardeners (VIGs) will be hosting the annual plant sale in the Healing Garden during the Grin & Bear It Run weekend. The sale will begin on Friday, September 21, from 8 a.m. to 1 p.m. and will conclude on Saturday, September 22, from 8 a.m. until sold out.

Join us to shop for perennials, mums and other fall color favorites. Proceeds from the sale will benefit the Cass Regional Gardens.





Foundation Hosts Superheroes for Patients

More than 150 people attended Cass Regional Foundation’s Superheroes for Patients dinner and auction, which was held on April 28 at Loch Lloyd Country Club in Belton, Missouri. In addition to the dinner, the Foundation hosted the Celebration Basket Raffle from May 7-11 in the Cass Regional Rotunda. Over \$65,000 was raised from both events to help expand the Patient Assistance Fund.

Cass Regional Foundation would like to thank all of the attendees, donors and sponsors that made this event a success.

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*Event logo design donated by
Steve Clark, SPC Designs*





Spring Scholarships Awarded

Congratulations to the following recent scholarship recipients:



Laura Hill, of Raymore, Missouri, was selected to receive the Alma Brown Scholarship. Hill has worked as a registered nurse on Cass Regional Medical Center's Med/Surg Unit since 2009, and is presently enrolled in the RN-BSN program at Grand Canyon University. She received a \$1,000 scholarship, which was made possible by the generosity of Alma Brown, who passed away in 1998.

Susan Miller, of Harrisonville, Missouri, was awarded the Wanda Brown Scholarship. Miller works as a licensed practical nurse on the Med/Surg Unit at Cass Regional Medical Center, and is pursuing an associate's degree in nursing in order to become a registered nurse. She received a \$1,000 scholarship, which was donated by the late Wanda Brown, who lived in Harrisonville for over 50 years and was very involved in civic affairs.



Joseph Dryer, of Pleasant Hill, Missouri, was awarded the Elvin S. Douglas, Jr., Scholarship. Dryer is a 2018 graduate of Pleasant Hill High School and plans to major in pre-med/chemistry at Vanderbilt University beginning this fall. He received a \$750 scholarship, which was given by friends and family of the late Elvin S. Douglas, Jr., a Harrisonville attorney who served on the Cass Regional Medical Center Board of Trustees for more than 25 years.



Maria Bueno, of Raymore, Missouri, was selected to receive the Dr. Harold E. Kirsch Memorial Scholarship. Bueno has worked as a registered dietitian nutritionist at Cass Regional Medical Center since 2015, and is pursuing a Master of Science degree in dietetics and nutrition at the University of Kansas Medical Center. She received a \$2,500 scholarship, which was made possible by the late Evelyn Kirsch, who left a gift to Cass Regional Medical Center Foundation in her will.



Morgan Bayers, of Raymore, Missouri, was awarded the Jan Perry Scholarship. Bayers is a 2018 graduate of Raymore-Peculiar High School and plans to major in nursing at William Jewell College beginning this fall. She received a \$2,000 scholarship, which was made possible by the generosity of Jan and Wirt Perry. Jan Perry was a member of the Cass Regional Medical Center Auxiliary from 2000 until her passing in 2007.

The Patient Assistance Fund

The Patient Assistance Fund was established in 2005 to help Cass Regional patients in need with expenses such as transportation, medication and medical supplies. With the recent expansion of the fund through the Superheroes for Patients dinner and Celebration Basket Raffle, we are now able to offer assistance with certain therapy costs as well. Since 2005, the Foundation has provided over \$50,000 in support of more than 850 patients.

This fund is also supported through individual donations and proceeds from the annual Grin & Bear It 5K Run/Walk (see page 1 for more information). If you would like to contribute to the fund, donations can be made online at www.cassregional.org/forms/donate-online or mailed to Cass Regional Foundation at 2800 E. Rock Haven Road, Harrisonville, Missouri 64701.

If you would like more information, please contact Becky Welch at (816) 380-5888, extension 4810, or via email at rwelch@cassregional.org.



Welch Joins Foundation Staff

Cass Regional Medical Center Foundation is pleased to welcome Rebecca (Becky) Welch to its staff.

Welch brings 25 years of experience in hospital and fundraising administrative support to Cass Regional. Prior to relocating to the area in 2017, she worked at Mercy Hospital Jefferson in Festus, Missouri, in several different roles, including as the administrative assistant to the philanthropy department.

“On behalf of our board of directors

and staff, I am delighted to welcome Becky as our new Foundation assistant,” said Sonya McLelland, administrative director. “She brings a wealth of hospital-based experience to our organization, and I am looking forward to working with her to advance our mission.”

Welch works with the board of directors and McLelland to support administrative functions of the Foundation, including the maintenance of donor and financial records. She can be reached Monday

through Friday, 9 a.m. to 1 p.m., at (816) 380-5888, extension 4810. Her email address is rwelch@cassregional.org.



Upcoming Events

Grin & Bear It 5K Run/Walk

8 a.m., Saturday, September 22
Cass Regional Medical Center
See more information on page 1

Plant Sale

8 a.m. - 1 p.m., Friday, September 21
8 a.m. - sold out, Saturday, September 22
Cass Regional Medical Center
See more information on page 1

“Like” Cass Regional Medical Center Foundation on Facebook to keep up with the latest information and upcoming events.

Our Mission

The mission of Cass Regional Medical Center Foundation is to support the medical center in its quest to provide exceptional quality health care for the community. The Foundation encourages private philanthropy to further the vision, values, and goals of the medical center, especially in community outreach.



Cass Regional Medical Center Foundation is an IRS-designated 501(c)(3) charity (EIN 43-1501416).



Please remember Cass Regional Medical Center Foundation in your will.



We hope you have enjoyed this issue of “Making a Difference.” If you wish to be removed from our mailing list, please email rwelch@cassregional.org or call (816) 380-5888, extension 4810.