The Hummingbird

News for Volunteers

Important things in this issue:
- YOTS Celebrates 10 years
- Update From Lou
- News from Jeannie
- Anniversary Pins
- Time for Flu Shots
- ER Blessing
- Another Great Teen Story
- Foundation Events

Ye Olde Thrift Shoppe is open
Tuesday through Saturday from 10 a.m. to 4 p.m.
and is located at
106 & 110 W. Lady Lake Blvd.
just two blocks south of the
CR 466 and US Highway 441 intersection and part of the
Lady Lake Historical Park.

For more information call us at 352-259-5853.
We appreciate all your donations
and can also pick up large pieces of
furniture just call 352-874-3593.

CELEBRATING TEN YEARS OF GROWTH

It’s hard to believe that ten years ago, a small group led by Evan Richards launched Ye Olde Thrift Shoppe. During those ten years, we have seen nothing but growth...

- Growth in the number of volunteers – starting with 40 and now up to 187.
- Growth in donations going from 1600 square feet to over 4300 square feet of retail space.
- Growth in partnerships that supply us with their donations and partnerships that salvage the items we can’t sell.
- Growth in the community as more businesses migrate to the area and more customers discover our great values.
- And finally, growth in our contributions to our hospital averaging 20% each year over the previous year.

SATURDAY, NOVEMBER 3, 2018 • 10:00 am-4:00 pm

Join us for Refreshments, Drawings and Give-Aways
UPDATE FROM LOU

As time goes by, this saying means more and more to me. It’s so important to enjoy today, not worry about what happened yesterday or what is going to take place tomorrow.

YESTERDAY IS HISTORY, TOMORROW IS A MYSTERY AND TODAY IS A GIFT, THAT’S WHY IT’S CALLED “THE PRESENT.”

Joint Commission Reminder
As usual, things are busy all over the hospital and with the Foundation. We are still awaiting the visit from the Joint Commission and the time is getting closer. Just remember that if you are asked any questions by a Joint Commission inspector, the answer may be on the back of your badge. Remember RACE and PASS and definitely what the different codes are.

Foundation Update
At the Foundation the office is abuzz planning for multiple upcoming events to benefit our hospital.

• While not for several months, planning is well underway for the 13th Annual Hearts for Our Hospital Gala to be held Saturday, February 9, 2019 at the Savannah Center. Based on discussions thus far, the gala themed, “Serengeti Sunset,” promises to be an event to remember!
• Also on the forefront is The Big Bike Weekend, scheduled for November 9 and 10 at the La Hacienda Recreation Center. This event will feature five route options (10, 20, 32, 64, and 100 miles) for cyclists of all ages and skill levels.

• To help support our mission Cebert Wealth Management is hosting three Charity Golf Tournaments (October 8, 11 & 22) at the Country Club of Ocala.

The cost to participate is $50 and includes 18-holes, lunch and awards afterwards. This is open to all who love the game of golf.

Again proceeds from these events come to the Auxiliary Foundation. There is more information on these events in this Hummingbird issue.

A Recruitment Event
On October 27th we will host a recruitment event for prospective volunteers in the Atrium above the surgical waiting lobby from 9:00 a.m. to 11:00 a.m. If you have family or friends that might be interested in volunteering, please tell them to come visit us on this date. As of today, we have over 95 open shifts so we can definitely use help.

Year to date our volunteers have provided 116,891 hours of service to The Villages® Regional Hospital. My grateful thanks to each of you for the time you give to our Hospital!

If you have any questions or suggestions for me, please email them to lemmert@centflhealth.org. I love to hear from you. We have the BEST VOLUNTEERS anywhere.
Smiles are infectious, keep smiling

Can you believe we are into October? September 23, 2018 was the first day of Autumn, but the Summer is still with us. Hopefully, soon we will be having cool weather. As we all know October is a beautiful month with the changing of the leaves, coolness in the air and of course “Halloween.” We also welcome our “Snow Birds” back.

Flu season will be upon us, so please get your Flu Shots, whether here in the Hospital or somewhere else, this is important. Please bring your information into the Day Captain’s Office and then in a week or so you will receive your green sticker to place on your badge.

Again, as I was looking through our Membership Handbook, I came across “Dress and Appearance” which is on pages 9 & 10. Take a moment and check to see that you are following our Auxiliary Requirements. It is a pleasure to see you dressed in your uniforms as I walk through the Hospital. Your appearance is important to the Hospital.

Thank You for all you do as Volunteers for our Auxiliary. Keep up the good work.

Jeannie Rogale, our President

ARC Education

Annual Regulatory Compliance Education & Risk Safety Module

For NEW VOLUNTEERS
October 12 & 26 • 8:00-11:00 am
Location is East Campus, 3rd Floor IT Training Room opposite the elevator.

For ANNUAL VOLUNTEERS
Location is East Campus, 3rd Floor IT Training Room opposite the elevator.
Any Tuesday... 7:30 am - 11:30 am
Additionally, on a trial basis until the end of the year, the IT Training Room will remain open from 11:30 am until 3:00 pm for additional volunteers. From 3:00 pm until 6:30 pm, the test may be taken on paper in the cafeteria.

Outside Transportation volunteers can have their eyes checked any Tuesday when they take their annual test. Eye Tests are available between 8:00 am and 11:00 am at the Employee Health Care Office on the 3rd floor of the East Campus.

Ten Years of Growth

We have been open for 10 years - now that’s something to celebrate!

10:00 - 4:00 pm
Join us for Refreshments, Drawings & Give-aways

Saturday, Nov. 3, 2018

Get Your Flu Shot

To protect patients, their families and each other

The hospital’s vaccine schedule is at all the kiosks and begins in October. As in the past, the Hospital does not give the high dose recommended for Seniors.

If you receive the vaccine outside of the Hospital, please bring your documentation to the Day Captain’s office and they will submit to Employee Health for you to receive a sticker for your badge.

All volunteers who ONLY work at the Thrift Shop are exempt from this process, although everyone is encouraged to get a flu shot.

This year’s deadline for flu vaccination is Monday, December 31.

Bring proof of your shot to the Day Captain’s Office.
ANNIVERSARY YEAR PINS

15 YEARS

10 YEARS

5 YEARS
Michael Anderson  Nolan (Lon) Bohnstedt  Doris Bouffard  Carol Bruce  Nancy Lee Carroll  Posie Clymer  Judy Dean  Alfred Denno  Ann Esposito

3 YEARS

4 YEARS


WELCOME
New & Returning VOLUNTEERS
Alejandra Bussey  Allie Conklin  Christie Cope  Alice Dickman  Gerald Fabian  Jack Giaccio  Terese Koberg  Diane Kupchak  Mary Merchen  Margaret Park  Stanley Rudd  Mary Ellen Troutman  Linda Urbanowicz  Wil Vincent  Joyce Viola
Children visiting the emergency room are often treated to a stuffed teddy or dog or doll, thanks to Lynn Nichols and a Villages club called "Busy Hands, Happy Hearts." ED Admit volunteers in the waiting room keep a stash for kids who not only need a doctor, but also may often be waiting with parents or grandparents. Lynn regularly begins her Saturday morning shift by loading the "stash" with a garbage bag full of those welcoming treats.

Stocking emergency rooms though has been Lynn's job and her passion for more than seven years. Other ED volunteers know that she goes above and beyond her job description. Recently she created labels for all of the rooms, created an order sheet for refrigerator supplies and created more little jobs for herself, such as cleaning the lockers in the breakroom and training a new recruit. She often meets with administrators, offers advice, takes suggestions and implements newer, faster, better methods of maintaining all of those rooms.

“I find satisfaction in knowing that the rooms are clean and ready for the next patient, and I’m helpful to the nursing staff,” she said. “I love delivering those urinals!”

Volunteering suits Lynn’s current interests because for 21 years, Lynn and her husband worked in Tokyo, Japan, at a private international middle school where she set up the computers for students and faculty; hence, her current disavowal of all technology.

Her social work degree in Wisconsin, though, prepared her for helping patients and visitors. “I get a lot of personal satisfaction in being able to help people,” she added. “In often unpredictable situations, I can listen to people and provide comfort and information.”

Lynn’s knowledge of the hospital comes from over 1300 hours served, one year in Patient Care and more than seven years in the Emergency Department. She also greets nurses, doctors, technicians and custodians throughout her shift and understands each role in the complicated process of tending to sudden injuries and illnesses.

Lynn’s not all about the hospital, though. She travels, recently to Switzerland and Wisconsin, next to Germany. And, she serves as treasurer to the Busy Hands, Happy Hearts club whose members knit, crochet, and sew for over 25 charities like Shepherd’s Lighthouse, Voices for Children, nursing homes and Hospice.

Like the childrens’ lives she touches with those little stuffed dolls, Lynn’s touch throughout the Emergency Room is always noticed and appreciated.

~~Submitted by Peggy Keaton Roche

Lynn Nichols, ED Volunteer
We would imagine that each of you, at some point in your lives, have heard stories about teens that make you think or say, “what is the world coming to”? Well, please read on, this is NOT one of those stories.

Meet Zach Edelman, summer teen volunteer. Zach has lived in The Villages for more than 8 years. He wanted to volunteer at TVRH because his mom is a nurse at the hospital and she thought it would be a rewarding place to volunteer. Like many of Mom’s suggestions, she was correct, and Zach believes it has been a very rewarding experience.

When he interviewed with George Councilman, he chose the Café because he wanted to gain retail experience and that area seemed like a good way to serve people. In addition to volunteering in the Café, Zach also volunteered in the Supply Chain Department.

Once his summer intern volunteering opportunities ended, Zach decided to continue volunteering in the Café because he wanted to make sure he had enough volunteer hours to be eligible for numerous college scholarships. He is grateful to be volunteering at the Café to obtain those hours, but more importantly, to help serve the community.

When asked about his favorite part of volunteering in the Café, Zach said he gets to make people very happy because he has learned they love the freshly baked cookies and the Starbucks coffee. He also said it has been interesting getting to know some of the employees as well as family members of the patients.

“Zach is a conscientious, intelligent, personable gentleman and best of all, the customers love him. I’m blessed to have Zach working with me.”

Zach also appreciates working with Kathy. "She is very kind, helpful, and really enjoys being a volunteer".

In his spare time, Zach enjoys building models and playing video games. He also likes watching car racing at the dirt tracks.

We are grateful to have such a positive teen volunteer as part of our team in the Café. If you're ever in the hospital on Sunday afternoon, please stop by the Café and thank Zach for his continued service to TVRH Café!

~~Submitted by Chris & Penny Kasprzak
**FOUNDATION EVENTS**

**Live @ 5 Dinner & Conversation**  
**Tuesday, October 30, 2018 5:00 PM - 6:30 PM**

The Villages® Regional Hospital Auxiliary Foundation invites you to join them for a light dinner and conversation with industry leaders in healthcare, wealth management, and retirement. All Live@5 events begin at 5 p.m. and are located at The Villages® Regional Hospital’s East Campus second floor classroom.

The **October 30, 2018** event will include a presentation on **"The Conversation Project: How can I be ready to discuss what matters most to me for end-of-life care?"**

with **Phyllis Baum**, RN, MBA, VP and Chief Quality Officer at The Villages® Regional Hospital and  
**Beth Jernigan**, RN, MSN, OCN, CTR, Cancer Center Program Administrator.

All Live@5 events are FREE. Seating is limited, please RSVP by calling the Foundation Office at (352) 751-8871.

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**Ceber Wealth Management's**  
**Charity Golf Tournament**

**Benefitting**  
The Villages® Regional Hospital Auxiliary Foundation

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**COUNTRY CLUB OF OCALA**

**CHECK IN CONTINENTAL BREAKFAST**

**CALL 352-674-4200 TO RESERVE YOUR SPOT. WE LOOK FORWARD TO MEETING YOUR GUESTS. ALL SKILL LEVELS WELCOME! Tickets are available until sold out.**

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**MARK YOUR CALENDAR ---** While not for several months, planning is well underway for the **13th Annual Hearts for Our Hospital Gala** to be held Saturday, February 9, 2019 at the Savannah Center. Based on discussions thus far, the gala themed “Serengeti Sunset,” promises to be an event to remember! AND there is always a need for a large number of volunteers!!
The newest bicycles and accessories  
Bicycle travel companies  
Booths with information about bicycle clubs of The Villages®  

OneBlood Big Red Bus®  
Free medical information and screenings (blood pressure, hearing, skin damage, and BMI)

Bicycle Challenge  
Saturday, November 10 (7:30 am)  
La Hacienda Regional Recreation Center*

Free Club Ride  
Sunday, November 11 (8:30 am)  
La Hacienda Regional Recreation Center*

- 5 route options: 100, 64, 32, 20, 10 miles  
- Rest stops  
- Breakfast and lunch  
- Mechanical support  
- Marked routes  
- Public Safety  
- Biergarten!  
- Door prizes!  
- Pledge per mile ridden (optional)  

Free event t-shirt! (if registered by Oct. 21)

More details and Bicycle Challenge registration: www.H4HBikeWeekend.com

Join Us!  
- For all our Hearts for Our Hospital Bicycle Challenge participants!  
- All ride levels welcome  
- “No drop” rides  
- Meet afterwards for brunch at the town square**

** Participants are responsible for the cost of their brunch.

John Truth & Reflexx (Orthopaedic Surgeon John Williams, MD)

Saturday, November 10, 2018  
7:00 PM - 9:00 PM - Savannah Center  
in The Villages

The Villages Regional Hospital Auxiliary Foundation invites you to a reggae concert featuring John Truth & Reflexx (Orthopedic surgeon John Williams, MD)  
Admission is $25 (advance tickets) or $30 at the door. Tickets can be purchased at Dr. Williams' Office and at the Golf Outings.