News for Volunteers

The Hospital, Foundation and Auxiliary Work Together

You probably have noticed the beautiful gift baskets outside the Cafeteria or in the Main Lobby recently.

The TVRH Auxiliary Foundation is selling tickets for a chance drawing to win one of these baskets. The proceeds from this fundraiser will be used to help fund TVRH Team Member Scholarships. These baskets were donated by the following hospital departments: Administration, Critical Care and Case Management, Heart Center, Leesburg Foundation, Medical, Observation, Perioperative Services, and TVRH Auxiliary Foundation. Tickets are one for $1 or six for $5. The drawing for the winners will be held on Nov. 8 at La Hacienda Recreation Center from 10 a.m. until 1:30 p.m. You need not to be present to win.

One more day to purchase raffle tickets: Tuesday, Nov. 5 in TVRH Main Lobby from 11 a.m. until 1 p.m. (FREE POPCORN!)

Through this fundraiser, sponsored in partnership with the TVRH Employee Engagement Council, we hope to make everyone aware of the “5th Annual Hearts for Our Hospital Big Bike Weekend!” at the La Hacienda Recreation Center, 1200 Avenida Central in The Villages®.

On Nov. 8 there will be a Bicycle Expo, and the Bicycle Challenge ride with five possible routes will be on Nov. 9. It’s not too late to sign up for this event. Get your friends and family to join you and form a team or be a part of the hospital’s team, The Mighty Warriors of TVRH. You can find complete information at www.h4hbikeweekend.com.

Let the race begin!
Update From Lou,
Our Volunteer Coordinator

“TRY NOT TO BECOME A MAN OF SUCCESS, RATHER BECOME A MAN OF VALUES.”
-- Albert Einstein

Welcome Back to our seasonal volunteers! We are glad to have you back. The really busy season is just beginning. Last week an email went out to all volunteers requesting assistance for a number of upcoming activities. I hope you saw it and if you are interested in helping out with one of those events, please contact the Volunteer Placement Office at 352-751-8176 or www.tvrhvpo@centflhealth.org.

The Big Bike Weekend, sponsored by TVRH Auxiliary Foundation, is on Nov. 8 and 9 and we expect over 400 riders from across the country. Maybe you’d like to get a team together and participate. Join us for a Bicycle Expo and Health Fair at La Hacienda Recreation Center on Friday, Nov. 8, from 10 a.m. to 2 p.m. The bicycle ride will take place on Nov. 9. For more information view our website at www.h4hbikeweekend.com.

The Cabaret, which is produced and directed by Ray Leggiero, will be held on Saturday, Jan. 18, and benefits The Villages® Regional Hospital Auxiliary Foundation. This is a popular variety show of 21 performers featuring comedy, magic, opera, jazz, Broadway and pop music. Tickets can be purchased beginning the weekend after Thanksgiving at box office locations in The Villages® or online through The Villages® box office website.

We Have a Wonderful Hospital and if you haven’t taken a tour to see all of it, I encourage you to do so. Deidre Rosemond takes people on very informative tours of our hospital. To sign up for one of her “Behind the Scenes” tours, please call Deidre on 352-751-8173. You will really enjoy it!

Two Departments Need a Volunteer Chair: Surgical Waiting and the Gift Gallery. If you are interested in knowing more about becoming a chair for one of the departments, I would love to talk with you. Please give me a call at 352-751-8871.

Through September 2019 our volunteers have contributed 129,909 hours of service to TVRH. Currently there are 940 volunteers and we have over 90 open 4-hour shifts. Thank you for your dedicated service. You all are “awesome” (as the teenagers would say)!

Try not to become a man of success, rather become a man of values.

-- Albert Einstein

A WOW Story
from President and CEO
Don Henderson's
Central Florida Health
Friday Update

The Villages® Regional Hospital Provides Top Care

“You should all give yourselves a pat on the back. If I had to choose someone who stands out for doing something special or out of the ordinary, it would be ALL OF YOU! I had so many people tending to my needs. Thank you to Fritz, Erica, Stephen, Melissa, Erica, Elizabeth, Ruz, Lataya, Jeff, and Laura. The staff is exceptional. I’ve been in at least 8 hospitals in New England and this hospital ranks in the top.”
Welcome back Snowbirds, it is great to see all of you and your smiling faces.

Time is just flying by. Before you know it Thanksgiving, Christmas and Hanukkah will be upon us. Don’t forget to sign up for your gift given to us by our Hospital Auxiliary Foundation. This is their way of saying "Thank You" to all of us.

Another reminder: The last page of your Hummingbird is your Election Form for Nominations for 2020-2022 ballot. If you or someone you know is interested in running for an office please fill out the form.

I am sure you all saw the articles in The Villages® Daily Sun (Oct. 20, 2019) regarding volunteers.

I looked in the dictionary to find the definition of a "volunteer": "One who offers service and joins forces of his own free will–offers oneself." The article made me realize how many volunteers give of themselves. It’s the giving of our time. It doesn’t matter what organization we may belong to, we are here to help.

I continue to think of our volunteers at The Villages® Regional Hospital. I am proud to say that I am your resident as I look around and see and hear what you do and how many hours you serve. We are truly a family. Each and every one of us grows as we meet new volunteers, coming from different walks of life. We don’t realize how much we have in common. Remember, we are all here for one another.

It may be early, but I wish you all a very Happy and Healthy Thanksgiving. Enjoy!

Jeannie Rogale, Auxiliary President
**Breaking the Silence**

Lola McCarthy and Jack Roberts can be found playing the grand piano in the main lobby on Wednesdays. Lola has been playing at TVRH for two years and enjoys offering songs that reflect hope, faith and comfort, and music from the past.

Jack has been playing for three years, to "give back." He knows that the people are not sitting in the lobby for fun. He offers soothing music and does a great job with Broadway hits, creating a relaxing wait.

Both of these talented musicians are a part of our Auxiliary Musicians team, chaired by Tony Soldano.

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**Groundbreaking News**

The construction for the new **Freestanding Emergency Department** in Wildwood is underway and the opening is estimated to be in January 2020. It is located directly across from the cattle drive leading into Brownwood. Volunteer Coordinator Lou Emmert, has been looking for 63 volunteers (three in each shift: 8-noon; noon-4 p.m. and 4-8 p.m.) She presently needs only 10 more. This is very exciting. The training for the volunteers will take place at TVRH.

For more information, contact The Volunteer Placement Office, 7352-751-8176, Monday-Thursday 8 a.m.-4 p.m. and Friday noon-4 p.m.

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**Improvements in Hospital Care**

"Several years ago, I spoke with hospital leadership about several issues. I have good news to share – my wife just spent two days on the fifth floor at The Villages® Regional Hospital and the care and treatment she received were excellent. The nurses and aides were great. The food was excellent and the folks who brought the food were very polite. The volunteers could not have been nicer. It looks like your hard work is paying off!"
**Quilter Gives Gifts of Comfort and Warmth**

A very talented Villager from the Village of Chatham has donated 10 handmade quilts to the Auxiliary. Four of them were lap quilts for adults and these were given to TVRH Acute Rehabilitation Hospital. The six quilts for babies were divided between TVRH Emergency Room and the Leesburg Pediatric Department. (Yes, we do get babies in our Emergency Room.) The anonymous person has promised to make more and donate them every few months.

**DON'T GET CAUGHT BY THE FLU BUG**

All volunteers who work on the TVRH Campus, East Campus, or the soon-to-be opened Freestanding Emergency Department are required to get a flu shot for the current season and display the sticker of compliance on their badge.

All volunteers who work solely at Ye Olde Thrift Shoppe are not required to get a flu shot but are encouraged to do so for their own health and protection.

The Hospital has received the vaccine and Employee Health is offering free flu clinics at several locations. The clinic schedule is available now in the Day Captain's Office and at YOTS. As in the past, the hospital gives only the generic vaccine and not the high dose.

If you get your flu shot elsewhere, bring your proof of inoculation to the Day Captain's Office for processing. You may pick up your sticker at the Day Captain's Office one week after dropping it off.

Any volunteer working in a patient and/or public contact area who does not or cannot get a flu shot will be required to wear a mask when volunteering from Jan. 1 through March 31, 2020.

Deadline to turn in your flu shot proof of inoculation is Dec. 1.
Wisconsin native Penny Kasprzak, current co-chair of the Café, checked off another travel spot on her bucket list this summer when she and four friends traveled to South Africa. It took only nine hours from Orlando to Dubai and 12 hours more to Johannesburg.

She went on three safaris but missed a lion kill by about 20 minutes. "I felt like I was in a National Geographic special," she said. "I really experienced the circle of life." She did see a lioness eating a water buffalo and spied a pride of lions waiting their turn, then the male lions and further on hyenas and vultures.

She claimed that she always felt safe by following the guides’ advice at all times. The highlight of her trip, she said, was "just seeing the animals in their natural environment." She described one mud hole where impala, giraffes, elephants, lions and warthogs were all drinking peacefully together. "I just love nature," she declared.

She also took pictures at Victoria Falls, sailed the Zambezi River, and ate impala and grilled crocodile. Never fear, though, no matter how “beautifully they were served,” according to Penny, we won’t see those delights offered on the Café menu nor through Dietary where she also volunteers on Tuesday mornings.

Who knows what she’ll bring back from next year’s trip to southern South America, Antarctica, or Australia and New Zealand after that?

--- By Peggy Roche
Hummingbird Reporter

**Penny Kasprzak** considers South Africa the nature lover’s delight.
Support Network offers Heartfelt Help

Volunteers may have noticed what seems to be other volunteers in red vests instead of green. Those red vest wearers are indeed volunteers, but they are volunteers from Mended Hearts, the largest cardiovascular peer-to-peer support network in the world.

You’ll see them working on the Fifth Floor to help heart survivors experience a positive patient-care experience. Their trained, accredited visitors work with the support of the hospital to serve heart patients and their caregivers.

Mended Hearts listen, share their experiences, and above all empathize with the feelings and concerns of heart patients and loved ones. They want them to live fuller, healthier lives.

Bev Goldstein is the president of The Villages Chapter 333, and she quoted their pamphlet, which is available on the Fifth Floor: “Mended Hearts is committed to teaching and empowering patients to develop and use their own voice on their journey. We advocate for patients to receive the access to the right treatment, at the right time, a priority for Mended Hearts.”

Learning that there is a problem with your heart can be a frightening experience. If your condition requires surgery or another procedure, that can add another layer of stress. The same can be true for a caregiver.

That’s just where Mended Hearts can help. They are heart patients and caregivers themselves, just like Bev. You too can volunteer with the Mended Hearts:

For information contact Bev Goldstein, president of The Villages Chapter 333, at 631-974-5150 or bev.goldstein@yahoo.com

Fall Flourishes on Fifth Floor Unit

TVRH Rehabilitation Acute Hospital is looking quite festive for the fall season thanks to Ralph Flood, its volunteer chair. Ralph has been with the Auxiliary for three years and has given 1,850 hours of service! One of his accomplishments is making sure there are beautiful plants and decorations at all times, and he really goes all out with the décor during the holidays.

Ralph loves volunteering in TVRH Rehabilitation Acute Hospital because, he says, the team is a cohesive, dedicated group that is focused on the well-being of their patients.

Check out the great fall decorations created by Ralph Flood, in the photo at left.
3rd Quarter Milestone Hours

Milestone Hours 8,000
Counselman, George

Milestone Hours 4,000
Dolph, Mary
Van Riper, William

Milestone Hours 3,000
Hess, Jeanne
Uliano, Elvie

Milestone Hours 2,000
Bohnstedt, Janice
Franklin, Kris
Lash, Martha
Smith, Billie
Starkweather, Mary
Trmal, Thelma

Milestone Hours 1,000
Allison, Barbio
Cable, Cliff
Damato, Ginny
Drewes, John
Fitzgerald, Catherine
Hartman, Kathleen
Haviland, Jan
Johnson, Sherry
Stanley, Gerry
Terry, Douglas
Wilkie, William Charles

Milestone Hours 500
Benn, John
Disinger, Eileen
Durant, Patricia M.
Haffner, Amie
Harf, Gilda
Hohne, Mary
Kisielica, Anna
Kister, Jo
Majer, Patti
Middleton, Beverly
Moore, Diane
Nelson, David M
Padden, Nancy
Roberts, Randy
Shepherd, Judith
Sierota, Judith
Stefan, Melanie
Wolff, Maureen

Milestone Hours 300
Evenski, Edward
Farne, Jeanne
Helgemo, Claudia
Kane, John
Knobel, Joshua
Matekanski, Jack
McGathy, Valeria
Padden, Suzanne
Soldano, Anthony
Stallmeyer, Carole
Weber, Kathleen
Wertz, Paul
Wildoner, Bev
Zani, Ann

Milestone Hours 100
Bellino, Sharon

Braun, Dain
Carrasco, Pedro
Cooper, Josephine
Couch, Ryland
Coviello, Ted
Dawson, Vicki
Dorn, Joy
Dupre, Tyger
Eck, Wanda
Fitzgerald, Susan
Freeman, Pam
Ghiotti, Lee
Hall, Janice
Hormann, Dorothy
Hults, Joseph
Hutchinson, June
Kenney Rietz, Maureen
Knobel, Aaron
Kramer, Bob
Krebs, Tyler
LaBaugh, Thomas
LaLonde III, Joseph
Leclaire, Margie
Lewinski, Jerry
Mason, Shirley
Melvin, Devin
Mull, Kathy
Newton, Sachiko
Ngo, Elisabeth
Ogerio, Lei
Pape, Brad
Roach, Ann
Rutz, Konnor
Steiner, Joyce
Taylor, Bruce
Taylor, Stacey
Whetsell, Ronald

New and Returning Volunteers September
Baden, Jerry
Brown, Louise
Colvin, Brenda
Grenon, Elaine
Grenon, Richard
Hopfenspirger, Marc
Joy, Larry W
Lazzari, Theresa
McDermott, Carolyn
Martinkus, Robert
Monk, Jan
Panchal, Pragna
Stiene, Michael
Bach, Carol
Goodson, Carol
Malczyk, Joseph
Moreland, Shiree
Mower, Ruth
Sipes, Charles
Sipes, Linda
Wallen, Autumn

Patient Choice

“I had a choice of hospitals, and I was very pleased with my care at The Villages® Regional Hospital. The team was incredibly wonderful and attentive. I have been in several other hospitals recently, including UF Health Shands, and TVRH seemed to be better staffed. They reached out to me in a way no one else ever has. The whole experience was nice – it felt like a hotel, not a hospital!”
Years Add Up for Auxiliary Members

3 Yr. Anniversary
Allison, Barbio
Bacon, James
Ball, Dee
Bittner, Elizabeth
Bundstein, Sue
Carpenter, Patricia
Carter, Kristie
Castelli, Rachel
Cote, Evelyn
Custard, Mary
Cutright, Patricia
Dobson, Sandra
Donnelly, Sylvia
Evanoski, Anita
Filkins, Theresa
Fink, Sandra
Fiorito, Terry
Fitzgerald, Margaret
Goulet, Elena
Halls, Linda
Harf, Melvin
Harrison, Laura
Hilleary, Barbara Ann
Hohne, Mary
Ingram, Connie
Jones, Sandra
Kisielica, Anna
Larson, Jane Ann
Lauer, Sandra
Lis, Jessie
Mattei, Gail
McGinnis, John
McMarlin, Susan Ann
Meddick, Don Thomas
Meddick, Jennifer Rae
Miller, Kathleen
Mosel, Marilyn
Neber, Jack
Nordwall, Mary Jo
Olson, Josephine
Paisley, Raymond
Petipren, Thomas
Presinzano-Wehrman, Hank
Reedy, JoAnn
Rice, Audrey
Roberts, Scott R.
Sandstrom, Maria
Sarno, Michael
Satterfield, Maria
Schreiber, Lauri
Shockley, Sarah
Smith, Charles
Smith, Robert J.
Stefan, Melanie
Stein, Diane Marie
Stein, Dick
Upadya, Nisha
Warner, Sheree
Wilkie, William Charles
Wolff, Maureen
Wray, Joseph
Zielenski, Marie

5 Yr. Anniversary
Alper, Leonard
Bell, Robert
Boland, Donna
Cable, Cliff
Carbone, Edward
Carlyon, Thomas
Chapman, Hershel
Cole, June
Conklin, Beverly
Daluga, Denise
Davis, Donna
Devine, Judy
Drewes, John
Fellner, Lucy
Ganci, Peggy
Giannuzzi, Sandra
Glessner, Kay
Gray, Sarah
Hanosek, Joan
Harkins, Bernie
Heller, Margaret
Hipple, Sr., James
Hoey, Kathleen
Hoke, Donna
Hovis, Penny
Johnson, Sherry
LeHive, Marie
Locke, Wendy Laverne
Marchant, Pamela
McDonald, Stefanie
McKillop, Sandra
Messing, Robert
Meyer, Norma Jean
Molinary, Nydza
Peschon, Nancy
Pfeiffer, Freda
Piccola, Ralph
Seitzer, Rita
Shore, Eva
Silvis, Lynn
Smith, Billie

10 Yr. Anniversary
Bennett, Carol
Bondie, Elizabeth
Burdge, Shirley
Cummings, Jim
Duddy, Nancy
Eichelsdoerfer, Catherine
Flood, Judy
Fratangelo, Patricia
Gaumer, Beverly
Handyside, Linda
Hess, Jeanne
Jones, Jean
Kolch, Barbara
Marchand, Donald
Maschinot, Joyce
Miller, David
Murphy, Joseph
Nowak, Mary
Patterson, Lena
Russo, Angie
Ryder, Ruth
Schulz, Phyllis
Totten, Bobbie
Van Santen, Virginia
Verhagen, Judy
Watkins, June
Watts, Judy
Zottoli, Kathleen
To be an officer, you must have served on the Membership Branch Executive Committee or as a Committee Chair or Project Coordinator for at least one year and be an active Auxiliary member. Exceptions can be made, with the approval of the Membership Branch Executive Committee, if no candidate meets this requirement for a given office.

Anyone can make a nomination before the Dec. 15 deadline. The job descriptions and nomination form are attached to this newsletter and are available in the Day Captain’s Office, near the sign-in kiosk on the Second Floor and at Ye Olde Thrift Shoppe. Boxes for submitting the nominations are in all three locations as well.

Nominations are then reviewed by the Election Committee, Volunteer Coordinator and Executive Director/President of the Auxiliary Foundation Branch.

If there is only one candidate for each open position, the Election Committee will declare the candidates duly elected. If there is more than one candidate for a position a ballot will be created and published in the January 2020 Hummingbird.

This year’s Election Committee is chaired by Joan Hanosek, second vice president, and includes Keith Bonn, Mary Dolph, Ralph Flood, Candy Ginns and Rena Marchand.

Only Auxiliary members who have completed Orientation on or before June 30, 2019, will be eligible to vote in the January elections. Once the election ends, the newly elected officers will be announced in the March 2020 Hummingbird and serve a term of two years starting at the annual April luncheons.

For additional details check out Pages 21 and 22 of the June 2019 Auxiliary Membership Handbook.
At a recent Executive Committee meeting, Paula Gross thanked Becky Montgomery, Dietary chair, along with all of the volunteers who help out in that department. “We are challenged in finding staff, Paula said. “What you do to augment those gaps is critical.” Volunteers help Dietary by restocking the food pantries on the patient floors, preparing sandwiches (4,000 turkey sandwiches a month) and by passing out meal trays in the Emergency Room.

Not many people send compliments to the chef at a hospital, so Paula gave one explanation. She said that 80 percent of TVRH patients are on a special diet, such as cardiac patients whose sodium is restricted. These patients often do not follow a strict low sodium diet at home, she said, but the hospital does. The result is food that tastes very different from home-cooked food.

Good news for the hospital – a few experienced cooks have been added and a sous chef too. Paula said she’s planning to introduce some healthy food and will be meeting with Jennifer Waxman, director of the new Villages Grown operation. In the coming months the cafeteria will begin to use some of their produce.

The Villages Grown plans to begin offering a Farmers Market aboard an Airstream mobile vehicle two days per month at the hospital too.

– By Peggy Roche
Hummingbird Reporter

As of Saturday, Oct. 26, 2019, the cafeteria will offer only salad bar, deli items and ready to heat items. Due to staffing challenges, hot food from the entree line will be temporarily unavailable.

Wellness Corner
The health of our team members is a top priority at Central Florida Health.

Our Healthy You, Healthy Us wellness program is pleased to offer learning opportunities for our team members, volunteers and our communities.

Classes will be held from noon until 1 p.m. in the Private Dining Room at The Villages Regional Hospital.

Watch the weekly Friday Update for the topics, times and schedules. They are always changing and often repeated!
Sponsors of The Villages® Regional Hospital
Auxiliary Foundation

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Style Magazine
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The Villages Golf Cars
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The Villages Insurance

SPECIAL EVENT PARTNERS
The Original Cabaret at Savannah
Sumter Landing Bicycle Club
John Truth & Reflexx

Our Mission
To raise funds and create awareness of the services which our hospital provides to maintain and improve the quality of patient care.
OVERVIEW OF OFFICER DUTIES

Auxiliary Membership President:
• Chairs the Membership Branch Executive Committee
• Ex-officio member of all committees except the Election Committee
• Vice President of the Auxiliary Corporate Board of Directors
• Responsible for organizing and communicating with the Auxiliary Membership
• Appoints Department Chairs
• The President appoints a Secretary and two additional Directors to the Corporation Board. (These appointments are 2-year terms to begin July 1 of the year in which the President of the Membership Branch is elected).

First Vice President
• Assumes the powers and perform the duties of the President in the event of the absence, disability or resignation of the President

Second Vice President
• Performs the duties of the President in the absence of the President and First Vice President
• Coordinates the Election Committee
• Serves as Chair of the Auxiliary Handbook Committee

The Recording/Corresponding Secretary
• Keeps and distribute an accurate record of all Membership Branch Executive Committee and General Membership meetings of the Auxiliary Membership
• Conducts all the general correspondence of the Auxiliary Membership, including Sympathy and Get Well cards to members

Historian
• Collects and organizes historical data including, but not limited to: newspaper articles, photos, special events and fundraisers
• The Historian forwards articles from local publications to the Auxiliary Foundation office.

Parliamentarian
• Knowledgeable and familiar with Robert’s Rules of Order, the governing authority for Auxiliary meetings
• Ensures meetings of the Auxiliary Membership are conducted under these procedures

Voting is only open to active members of the Auxiliary as of June 30, 2019
TVRH AUXILIARY MEMBERSHIP OFFICER NOMINATION FORM
for the 2020-2022 term

I wish to nominate ____________________________________________
for the position of ____________________________________________

What makes this person a viable candidate? – Experience, knowledge, skills, etc.
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________
___________________________________________________________________

Your name ______________________________ Phone number_________________

Has this person agreed to be nominated? □ Yes  □ No  □ self

*This form must be turned in to Day Captain's office no later than Dec. 15th.*