



Communique

October 6, 2022

A CGH Medical Center Publication

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Updated Masking Guidelines

After two plus long years of continued masking, we recently shared changes based on new CDC guidelines, effective Monday, October 3, 2022.

- **For patients of the hospital and our clinics:** Masking will only be required if you are symptomatic.
- **For visitors:** Masking will only be required if you are symptomatic or are visiting a hospitalized patient.
- **For our staff and providers:** Masking will only be required when in direct contact with any patient.



Masks will not be required in public areas, such as the hallways, cafeteria or waiting rooms, unless you are symptomatic. As always, those who wish to continue to mask may do so, and CGH staff and providers reserve the right to request symptomatic individuals to mask in our facilities during the continued effort to keep our patients and communities safe.

In addition, pre-operative COVID testing will only be completed on:

- patients for whom an overnight stay is expected,
- outpatients at higher risk,
- or per the provider's clinical judgement.

Finally, patients with COVID symptoms may now be seen in their primary care provider (PCP) offices if they have performed a home test with a negative result on the same day of the PCP office visit. Those with symptoms will need to wear a mask when presenting to the office.





Patti Nice, RN Critical Care Unit

Fun facts about me:

I once jumped out of a perfectly good airplane. And, it was amazing! I have seven grandsons. I finally got a granddaughter who is now nine months old.

My best career lesson:

There are so many lessons that it is hard to pinpoint just one as best. I think it's important to always do your best. If I'm thinking to myself, "that's good enough," I know it probably isn't. And, then I do it better.

3 words that describe me:

A Rule Follower, Dedicated, Reliable

When I'm not working, I enjoy:

I enjoy time with family and friends. I also enjoy being outside when the weather is nice, walking, playing pickle ball, and reading.

What I like about my job:

I like the feeling of accomplishment when I've helped someone get better and when I master a new skill. I enjoy meeting and getting to know my patients. I like the people I work with and learning new things.

My job duties:

I am a CCU staff nurse, charge nurse and preceptor.

October '22



This week we celebrate National Healthcare Food Service Week! We take this week to honor our amazing Dietary team and recognize them for the integral role they play at CGH. Thank you for ensuring our patients' dietary needs are met and for the delicious and nutritious meals you provide staff and visitors with every day! We appreciate your hard work!

Rehab Services Celebrates Patient's 100th Birthday



CGH Locust Street Rehab recently helped celebrate a very special milestone for one of their patients. Thursday, September 22nd was Elaine's 100th Birthday and they celebrated during her appointment that day.

Thank you to Jenny Adamson, Shari Giffen, Colleen Lahey, and all of the Locust Street Rehab staff for making this such a special day!



Community Flu and COVID-19 vaccine walk-ins are welcome on Tuesdays and Thursdays from 8:30 am to 4:30 pm at the CGH Main Clinic. Flu vaccines will also be available on Saturdays in October (8, 15 and 22) from 8 am to noon, with a Drive Through Flu Clinic also offered on October 15. Watch for more details!

#FIGHT FLU





UNITED WAY AGENCY FAIR

FOR STAFF & PROVIDERS OF CGH MEDICAL CENTER, MAIN CLINIC & HEALTH CLINICS
FRIDAY, OCTOBER 7 • 7:00 AM - 1:00 PM • CGH RYBERG AUDITORIUM

- JOIN US TO MEET THE AGENCIES AND LEARN ABOUT HOW THE UNITED WAY HELPS OUR COMMUNITY.
- BREAKFAST AND LUNCH WILL BE SERVED!
- IF YOU DONATE, OR CURRENTLY DONATE, AT LEAST \$2 PER PAY PERIOD, YOU WILL RECEIVE YOUR CHOICE OF A CGH GIFT.

- PLAY OUR **UNITED WAY QUIZ** BY VISITING THE AGENCIES AND FILLING OUT YOUR GAME CARD TO BE ENTERED INTO A DRAWING TO WIN A:
 - AMAZON FIRE7 KIDS TABLET WITH CASE
 - COACH SIGNATURE WRISTLET
 - \$50 VISA GIFT CARD



NEW FAIRSHARE GIVERS

IF YOU ARE A FIRST-TIME GIVER, BECOME A FAIR SHARE GIVER (1% OF YOUR TOTAL SALARY OR 1 HOURS PAY PER MONTH) OR INCREASE YOUR GIVING BY \$1 PER PAY PERIOD, YOU WILL RECEIVE SPECIAL CGH SWAG!



United Way of Whiteside County
www.uwwhiteside.org

twitter.com/uw_whiteside



LIVE UNITED

Your current payroll deduction renews unless you would like to add or change it.

Senior Fair 2022

CGH Medical Center participated in Sauk Valley Media's Senior Fair on Tuesday, October 4 at Northland Mall in Sterling! Thank you to our staff from Podiatry, Chiropractic, Pulmonary Rehab/Sleep Center, Vision Centers, Wound Healing, Home Nursing, Population Health, CGH Health Foundation, CGH Auxiliary, and the Northern Illinois Cancer Treatment Center for participating!



Dr. Eric Riley & Jessica Morris, Podiatry



Denise Wooden, Home Nursing



Joan Hermes, CGH Health Foundation



Ashley Swanson & Katie Lawson, Pulmonary Rehab/Sleep Center



Julie Morris, Population Health



Dr. Curtis Coyle, Chiropractic



Elizabeth Orr & Emily Holldorf, Vision



Anna Imel, Wound Healing Center



We would like to take this opportunity to congratulate Nancy Lauritzen, RN, BSN-BC, on 41 years of hard work and dedication to our patients and their families! Nancy started at CGH in 1981 and has worked in various departments including Cardiology, Cardiac Rehab, Human Resources, and most recently, Nursing Professional Development.

"Nancy has touched the lives of many of our nursing personnel in some way - whether it be through orientation, shared governance, as a mentor, a peer, or as a friend," said Mary Jean Derreberry. "She was always very flexible with her schedule to accommodate the various needs of our nurse and CNA orientees and was willing to do anything to make sure that her coworkers were well supported. She truly cares for all of the staff at CGH, and she taught our new nurses how to be the best that they can be."

**Happy retirement, Nancy, and we wish you all the best!
You will be greatly missed!**

EMPLOYEE OF THE MONTH

**HOLLY
HILTY**

RN
Behavioral
Health Unit

OCTOBER 2022

I have had the pleasure of working with Holly since the Behavioral Health Unit opened. She is dedicated to her patients and holds herself with the utmost professionalism on the floor and in meetings. She is genuine, knowledgeable, positive, and a leader. Holly is also welcoming to other departments. She is quite impressive!

I look forward to working with Holly as she makes CGH an exceptional place!



Purpose, Worthwhile Work...
Making a Difference!

Harvest Hammer and Paint the Town

Thank you to all CGHers that worked at the Harvest Hammer, 5K Run/Duathlon and Paint the Town on Saturday, September 17. CGH Rehab Services provided a tent with water and information at Harvest Hammer, while the CGH Ambulance and First Aid Tent were on hand at Paint the Town.



Linsey McBride, CGH Rehab Services - Morrison, and Kimberly Teats-Garrison, CGH Morrison Medical Center, work the CGH tent at Harvest Hammer.



Tom Hartman and Erica Grote, Prehospital Care, give ambulance tours at Paint the Town.

New Therapy Dogs



Healing the heart goes hand in "paw" with the goals of the 10-year-old CGH Therapy Dog Program. Our CGH Therapy Dog Program (animal-assisted therapy) allows patients in our facility to meet with well-trained, people-loving therapy dogs. Halted during the pandemic, dog teams are now resuming patient visits.

We are proud to introduce (L-R) Kim Cavazos with Copper, Pat Specht with Khloe, and Vanessa Sharp with Aspen and Onyx. Kim and Vanessa are new to the program and Pat is returning.

Welcome to CGH Medical Center and thank you for sharing your time and therapy dogs with our patients and staff!

National Health Care Supply Chain Week



This year, National Health Care Supply Chain Week is celebrated October 2-8. Join us in thanking the health care supply chain professionals who greatly contribute to the quality patient care here at CGH Medical Center in Materials Management.

Sponsored by the Association for Health Care Resource and Materials Management (AHRMM) of the American Hospital Association, National Health Care Supply Chain Week provides an opportunity to recognize the integral role supply chain professionals play as strategic partners in care delivery throughout the health care field.

Let's celebrate the hard work and dedication of supply chain professionals who support every area of our health care organization, not just during the public health crisis but every day.

Thank you to all our Materials Management Staff!