



Communique

May 20, 2021

A CGH Medical Center Publication

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**Next Issue:
2021 Graduates**



With communication being so important to our lives, Better Hearing and Speech Month sets out to raise awareness of issues surrounding communication problems such as an inability to hear properly or to speak effectively. We would like to take a moment to recognize our CGH Speech Language Pathologists: **Julie Penne, Erika Smith, Morgan Rivera, Staci Dirks and Lyndi LeMay**; and our Audiologists **Laurie Zollinger, AuD, FAAA and Jennifer Sangston, AuD** - and thank them for their dedication to our patients and their families!

Speech Language Pathologists (SLP's) identify, assess, and treat speech and language problems in addition to concerns with swallowing impacting anyone's full participation in daily activities.

Audiologists help to prevent, diagnose, and treat hearing and balance disorders.

Together, our SLP's and Audiologists work with individuals across the lifespan, including pediatrics and geriatric populations.

Better Hearing & Speech Month



Better Hearing & Speech Month



2021 • BUILDING CONNECTIONS



Pictured above, left to right are Julie Penne, Erika Smith, Morgan Rivera, Staci Dirks and Lyndi LeMay.



Laurie Zollinger, AuD, FAAA



Jennifer Sangston, AuD



THANK YOU

Your giving makes good things happen!

The 2020 CGH Health Foundation Annual Appeal officially ended April 30 on a high note. Our \$435,000 goal was reached and surpassed at \$438,300!! That means our 19 community health programs, services and scholarships can be fully funded. In addition, \$100,000 was contributed toward purchase of the new 3D Tomosynthesis mammography system installed at CGH in December.

Special thanks to our many volunteers and campaign leadership, including Dr. Nancy Tran, General Chair; Dr. Young Song, Medical Division; Suzy Perino, Business Division; Amy Downs, Clubs Division; and Erika Adams and Tiffany Marquez, CGH Employee Division.

Thank You

I want to say thank you to CGH staff and everyone that has helped me in my journey of ups and downs, and then ultimately getting me to University of Chicago to receive my new heart.

On March 10, 2021, we got the call they had a perfect heart for me. Thank you to the Cardiology department and each and every one of you at CGH for all the prayers, continued support, and beautiful cards with messages that meant more to me than you know.

I would like to sincerely thank Dr. Kurian, who has always guided me and helped me get to where I needed to be with his continuous care since day one. He is an excellent and caring physician who has always been there for my family and I - especially during this hard time. But most of all, thank you to the person who gave me life.

Marcia Ellis
Retired Switchboard Operator

EMS Week 2021



Happy EMS Week!

Over the last year, the pandemic has given people a small glimpse of the vital role of our EMS professionals. The sacrifice and dedication of EMTs, paramedics and other EMS practitioners at CGH – and at all of our area EMS departments – has rightfully earned them admiration and gratitude.

Calling them heroes sometimes obscures the fact that - behind those masks - are people who, every day, take on many crucial roles: Healthcare professional. Emergency manager. Social worker. Crisis counselor. Consoler. Caregiver.

This year, we not only honor the many roles of EMS professionals, but also the people behind the scenes who support them, and we thank them for their ongoing dedication and commitment to patient care. We want to make sure people understand that EMS isn't defined by lights and sirens or ambulance rides...

- It's the EMT who holds a child's hand on the way to the hospital to make sure he isn't scared.
- It's the crew that spends an hour fighting for a cardiac arrest victim's life at the end of long, sleepless night.
- It's the emergency medical professionals who provide unparalleled service and care for our communities, day in and day out.

ByeBye20# 5K

The CGH Health Foundation's ByeBye20# challenge ends in a few weeks and will wrap things up with a virtual 5K. ANYONE can participate! Complete your 5K any time between June 19-30. Please visit our event page on Facebook to learn more.

To purchase a bright, beautiful, soft touch race t-shirt follow the link below, <https://onestepatatime.itemorder.com/sale>. Orders are due June 6, and may be picked up at JJM Printing after June 18. All proceeds benefit the CGH Health Foundation's nutrition and fitness initiative.



Congratulations, Winners!



2021 Joint Commission Olympics *Striving for Excellence*

Congratulations to the following departments that tied for having 100 percent of their staff that completed the EOC Joint Commission questions correctly: **Administration Secretaries, Oncology, DHC, PT/OT** (clinic, hospital and Pediatric Rehab), **Podiatry, Pediatrics** (Main Clinic), **Patient Accounts, Materials Management/Biomed/Laundry, Home Nursing, HID** and the **Wound Healing Center**. The winners will receive a pizza party.

In addition, thank you to all who answered questions to the National Patient Safety Goals in Quarterly Skills Education. A total of 412 employees completed the quiz. Congratulations to the following randomly selected winners who received a \$5 gift certificate for Arthur's/Don Pedro's, Angelo's or Subway: **Sherri Bellini** (Floats), **Justin Cramer** (ED), **Kelsey Desmond** (Medical), **Kara Hepler** (CCU), **Joann Mandrell** (Surgical), **Nicole Pitts** (Surgical), **Teresa Stark** (PACU), **Laura Stoudt** (DHC) and **Heather Widolff** (CT).



GRADUATION ANNOUNCEMENTS

Do you have a special graduate you would like to honor in the Communique?

We will again put together a special "Graduation Insert" for the June 3 Communique and are accepting graduation announcements.

Please send **Nicole Bollman** the:

- Name(s) of your graduates – Again this year we will ONLY be listing immediate family members (self, spouse and children) from High School, college and beyond.

We will not be listing preschool, kindergarten and eighth grade graduations due to space limitations.

- Name of the high school or college they are graduating from and with what degree (if applicable)

- Names of the graduate's parents

- What department you work in

Again, this can be anyone in your immediate family only (spouse, self and children)...including high school, college and beyond. This is a listing only...no photos.

Deadline is Tuesday, June 1

Welcome New Employees

Abi Bush

HUC/CNA, ED

Evie Musselman

RN, OB/GYN

Nathan Miller

RN, Medical

Ashlyn May

Laboratory Assistant, Lab

Brittanie Bruder

Medical Assistant, Oncology

Maddie Gasso

CNA, Float-Hospital

Brandon Neighbour

Biomedical Technician, Biomed

Sosha Royer

Café Worker, Dietary

Ashlyn Wieneke

Insurance Coordinator,
Business Services

Shannon Kolner

Temporary Screener,
Disaster Relief

Emily Sheaffer

Pharmacy Technician, Pharmacy

Mary Schmall

Housekeeper I, EVS

Stacey Lazansky

Receptionist, ENT

Katlyn Denning

Receptionist, Float-Clinic

Nate Beyer

Temporary Screener,
Disaster Relief

Yoga Class on Monday's at 5:15 pm



Yoga class is being offered in the community room at 2600 N. Locust on Monday's at 5:15 p.m.

Class cost is \$5 and is approximately 60 minutes. If you have a yoga mat, please bring one. Wear comfortable, loose fitting clothing.

June Birthdays

| | | | |
|----|------------------------|----|-----------------------|
| 1 | Eric Behrens | 16 | Kerensa Pink |
| 1 | Denise Johnson | 16 | Elizabeth Vandersnick |
| 1 | Dianna Johnston | 17 | Megan Christensen |
| 1 | Kathy McCarty | 17 | Thomas Sweeney |
| 1 | Morgan Pope | 18 | Cindy Eaglin |
| 1 | Kara Robinson | 18 | Cynthia Kyarsgaard |
| 1 | Nicole Sanders | 18 | Marla Lund |
| 1 | Aaron Wetzel | 18 | Tresa Mackey |
| 2 | Jason Hemmer | 18 | Randi Sturtevant |
| 2 | Julie Huennekens | 18 | Jeffrey Wadsworth |
| 3 | Michael Massey | 19 | Shawn Hanlon |
| 3 | Stacey Roberts | 19 | Shannon Hauser |
| 3 | Caitlin Seeley | 19 | Jennifer McCallister |
| 4 | Nicole Dowdy | 20 | Cheryl Baker |
| 4 | Theresa Krueger | 20 | Christopher Benson |
| 4 | Jeanne Robertson | 20 | Julie Cox |
| 4 | Carly Schaab | 20 | Sarah Deter |
| 5 | Edwin Adami Jr | 20 | Gretchen Foust |
| 5 | Kathleen Ivey | 20 | Desirae Landsee |
| 5 | Stephanie Janssen | 20 | John Park |
| 6 | Tonya Clayton | 20 | Corina Richards |
| 6 | Laura Hawk | 21 | Lauren Cecchetti |
| 6 | Sandra Hobbs | 21 | Donna Cook |
| 6 | Joann Mandrell | 21 | Robert Henson |
| 6 | Adam Mattox | 21 | Anna Ovalle |
| 6 | Venus Schilpp | 21 | Dawn Scoles |
| 6 | Darci Schmitt | 22 | Melinda Cadogan |
| 6 | Gayle Wright | 22 | Bryanna Flynn |
| 7 | Kami Shank | 22 | Gregory Hepner |
| 7 | Kim Treviranus | 22 | Leslie Hinrichs |
| 7 | Susan Volz | 22 | Esther Whiles |
| 8 | David Burnett | 23 | Mallory Dewald |
| 8 | Rachel Hallstrom | 23 | Emma Krull |
| 8 | Kimberly Reinhardt | 24 | Gina Brands |
| 9 | Staci Drosopoulos | 24 | Jeffrey Dyke |
| 9 | Aubrie Kindle | 24 | Mary Lott |
| 9 | AMY MEYER | 24 | Brittany Ronstadt |
| 9 | Rebecca Tieman | 25 | Matthew Dingus |
| 9 | Maria Vargas | 25 | Miranda Lauritzen |
| 10 | Mary Bender | 25 | Brenda Pettorini |
| 10 | Maria Castro De Garcia | 25 | Betty Sensenig |
| 10 | Lina Guerrero | 26 | Rebekah Gravila |
| 10 | Kathleen Knapp | 26 | Cari Magana |
| 10 | Kyle Pletsch | 26 | Rhonda Miller |
| 11 | Kip Aitken | 26 | Steven Temple |
| 11 | Katherine Dempsey | 27 | Lindsay Howard |
| 11 | Karianne Kuehl | 27 | David Nowak |
| 11 | Elizabeth Senneff | 27 | Meichelle Phelps |
| 12 | Justin Cramer | 28 | Jordan Clark |
| 12 | Ginger Lane | 28 | Kristine Dauen |
| 12 | Erin Phalen | 28 | Thomas Kurian |
| 12 | Laura Stoudt | 28 | Meredith Pope |
| 12 | Olivia Stranberg | 28 | Haley Sibley |
| 12 | Brenda Van Horn | 29 | Diane Ebersole |
| 13 | Angela Chavira | 29 | Jessica Null |
| 13 | Edita Danaiaata | 29 | Melissa Olalde |
| 13 | Marcia Jones | 29 | Michelle Pratt |
| 13 | Kristy Murphy | 29 | Barry Stevens |
| 13 | Elizabeth Schmidt | 29 | Denise Warner |
| 13 | Jennifer Sheaffer | 30 | Miranda Benavidez |
| 15 | Richard Frey Jr. | 30 | Mindy Billings |
| 15 | Josephine Hale | 30 | Trysten Frederick |
| 15 | Karie Wheatley | | |

MVRBC is now ImpactLife

The Mississippi Valley Regional Blood Center (MVRBC) - the organization that provides blood for and holds blood drives at CGH Medical Center - has changed its name to ImpactLife.

The not-for-profit community blood center is the blood provider to 120 hospitals in Illinois, Iowa, Missouri, and Wisconsin, and was previously known by three different names: Central Illinois Community Blood Center, Community Blood Services of Illinois, and Mississippi Valley Regional Blood Center.

BLOOD DRIVE

BLOODCENTER.ORG



Thursday, June 3

9:30am – 7:00pm

Ryberg Auditorium (100 E. LeFevre Rd.)

MASKS AND APPOINTMENTS ARE REQUIRED.

To schedule, call Michelle or Bryan at 815-625-0400
(x6879 for Michelle or x1057 for Bryan)

**ALL DONORS WILL RECEIVE
A GIFT CARD!**



Please eat before donating and bring Photo ID.
Last Date to Donate Elsewhere: 04/08/2021
Group Sponsor Code: 3591



Be Good to Your Bones

May is National Osteoporosis Awareness Month so it's a good time to think about the health of your bones and what you can do to protect them.

Learn more as CGH health coach Sherry DeWalt discusses the connections between nutrition and bone health in this week's Beyond Trim column - "Be Good to Your Bones" at www.cghmc.com/beyondtrim.



Beyond Trim

Helping you lead a better and healthy life

