



You have been scheduled for a **Videofluoroscopic Swallowing Assessment**

Appointment Date	
Arrival Time	

You have been scheduled for a Videofluoroscopic Swallowing Assessment.

This procedure is used to analyze and abnormalities which may occur while you are swallowing. You will be given foods of different consistencies mixed with barium (such as liquid barium, pudding with barium and barium on a cookie). While eating these items, your swallowing will be viewed on a video screen. Both a Radiologist and a Speech-Language Pathologist will be present during the procedure.

Please follow the following instructions to prepare for the exam.

1. You may eat and drink before the exam if you have no other exams that contraindicate this.
 2. Take your normal medications.
 3. Women of childbearing age (12-55) should have this exam done only during the first 10 days following the first day of their period when it is certain there is no pregnancy. If the exam is done at any other time, then a pregnancy test is required (except for women who have had a tubal ligation or hysterectomy).
- Please bring your insurance, Medicare, or Medicaid cards with you. To ensure accurate billing, the Admitting staff will need to copy these each time you come to CGH Medical Center for service.
 - Check with your insurance company to see if the exam/test ordered requires pre-certification or a second opinion.
 - Report to the Admitting department 15 minutes prior to your appointment to allow time for your registration.
 - If you have any questions about your scheduled exam, please call the Central Scheduling department at 625-3610 between the hours of 7:30 am to 5 pm weekdays. We will be glad to answer your questions.

100 E. LeFevre Road – Sterling, IL 61081 – (815) 625-0400