



You have been scheduled for a **Gastric Emptying Study**

<b>Appointment Date</b>	
<b>Arrival Time</b>	

You have been scheduled for a **Gastric Emptying Study**.

Purpose: To evaluate transit time of solid foods through the stomach.

Please follow the following instructions to prepare for the exam.

1. Do not eat or drink anything 6 hours before the exam.
2. You will be asked to eat an egg that is injected with a radioactive tracer when you arrive, then pictures will be taken until your stomach empties 50% of the egg.
3. You must be barium free for 48 hours prior to the exam.
  - Please bring your insurance, Medicare, or Medicaid cards with you. To ensure accurate billing, the Admitting staff will need to copy these each time you come to CGH Medical Center for service.
  - Check with your insurance company to see if the exam/test ordered requires pre-certification or a second opinion.
  - Report to the Admitting department 15 minutes prior to your appointment to allow time for your registration.
  - If you have any questions about your scheduled exam, please call the Central Scheduling department at 625-3610 between the hours of 7:30 am to 5 pm weekdays. We will be glad to answer your questions.

100 E. LeFevre Road – Sterling, IL 61081 – (815) 625-0400