



# Communique

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A CGH Medical Center Publication

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## Mary Jean Derreberry Joins CGH Medical Center Board of Directors

CGH Medical Center is proud to announce that Mary Jean Derreberry, BSN, RN-BC, a 48-year employee of CGH has joined the hospital's Board of Directors.

Mary Jean has dedicated her nursing career to patients in the Surgical, Ambulatory Care, Obstetrics and Home Nursing departments. After serving 16 years as the Surgical and Pain Clinic Director, she currently serves as the Director of Nursing Professional Development & Patient Experience.

"Nursing is my passion, and I love everywhere I have worked at CGH," said Derreberry. "I love the family atmosphere and the culture! It has always been a dream of mine to help serve on the Board of Directors when I retired, and I am blessed that it is happening before that time." Mary Jean plans to retire on her 50-year anniversary in 2023.



Mary Jean Derreberry, BSN, RN-BC

"We are so fortunate to have Mary Jean on the CGH Board of Directors," said Dr. Paul Steinke, CGH President and CEO. "Her career at CGH has spanned many decades, and she has built a solid reputation for her nursing excellence, remarkable kindness, and always putting the patient first."

As a recipient of the 2018 Distinguished Advocate for Nursing Award from the Stateline Nurses Network and a recipient of the 2018 Distinguished Alumni Award from the University of Illinois Quad Cities Campus, Mary Jean's personal accomplishments at CGH include: becoming the first Medication Safety nurse, implementing the Medication Reconciliation form and process, and serving as the Project Manager for several projects, including Exitcare discharge instructions, Vocera communication, Krames Video Patient Education, and iMed Consent.

Mary Jean also serves as a member of the American Organization for Nursing Leadership (AONL), the Illinois Organization of Nurse Leaders (IONL), and the Association for Nursing Professional Development (ANPD); is on the leadership team and Treasurer for the Northern Illinois Pain Resource Nurse Consortium; and holds a Medical-Surgical Certification from the American Nurses Credentialing Center (ANCC).

In her free time, Mary Jean serves on the Board of Home of Hope, is a member of Harvest Time Bible Church, volunteers for the United Way's Let's Feed Our Children program, and loves to read, camp and travel. Married to her husband, Rich, for 22 years, they also enjoy spending time with their family and seven grandchildren.

"I feel that my years of experience will bring knowledge and value to the Board of Directors," said Derreberry. "It is just one way I can give back to CGH for all they have done in caring for me as an employee. We provide amazing service to members of our community, and I pray we can continue to provide this service, even with the healthcare challenges we face now and into the future."

Mary Jean fills the seat of Carolyn Spencer, who recently retired from the Board, and joins the other members of the CGH Board of Directors: John Van Osdol (Board Chair); Marcia Jones, MD (Vice Chair); Scott Wolber (Secretary); Andy Moore (Treasurer); John Benson; Shawn Hanlon, MD; Jeffrey LeMay, MD; Thomas McGlone, MD; Nancy Rasmussen and Heather Sotelo.

## Riding for the Foundation



CGH Physical Therapist **Nathan Ackert** hoists his bike in celebration of completing the 481-mile annual RAGBRAI bike ride across Iowa. He rode in behalf of the CGH Health Foundation, collecting \$345 in pledges. Many thanks to Nathan for choosing to support the Foundation. He and about 10,000 other bicyclists took part in the annual trek.

The contributions will go toward 20 programs being funded through the 2021 Annual Appeal. Make your own gift by going to [www.cghmc.com/foundation](http://www.cghmc.com/foundation).

## It's Our Treat - August 17th



CGH appreciates  
-your compassion for our patients  
-the extra shifts  
-your commitment to our community

### -It's Our Treat-

Who: CGH Employees

What: Angelo's Pizza

When: Tuesday, August 17<sup>th</sup>

Main Campus Serving Times & Locations:

- 11:00am – 1:30pm @ West Parking Lot
- 9:30pm – 11:00pm @ CGH Cafeteria
- Off-Sites will order-in locally



## Dirty Rotten Scoundrels



CGH's very own **Sam Twining** (POM) and **Kerensa Pink** (Dietary) recently performed in Theatre in the Park's production of "Dirty Rotten Scoundrels."

Sam played Andre Thibault, the French assistant to the main character (Lawrence), who scams wealthy women out of their money. He is also the local Chief of Police. Kerensa played Muriel Eubanks, a wealthy, gullible American socialite from Nebraska, who Lawrence and Andre scam.

## Todd Whiles, EVS Safety Champion 2021

Congratulations, **Todd Whiles**, August's safety champion for the **2021 Working Safe is How We Roll** employee safety campaign.



Todd Whiles

Todd was nominated by his manager because "he uses wet floors signs perfectly every day and for every task he is involved with. He tries to let others know about unsafe situations that he will be creating with wet floors ahead of time. He is dedicated to mask wearing as well."

Below are some of Todd's answers to questions on safety.

**Why is safety at work important to you?**  
Safety is important to protect my co-workers and patients.

**How can workplace safety be maintained?**

Workplace safety can be maintained by everyone doing their part and watching out for safety hazards.

**It is our goal to keep patients safe, How does this effect your actions every day?**

In my daily work routine, I utilize wet floor signs, caution tapes and I am always looking out for safety hazards.





# Encouraging. Supporting. Remembering.

## CGH Health Foundation & CGH Medical Center Breast Cancer Awareness Shirt Sales

**Thursday, August 19**  
11 am - 1 pm

**Tuesday, August 24**  
7 am - 9 am & 11 am - 1 pm

**Wednesday, August 25**  
11 am - 1 pm

**Thursday, August 26**  
7 am - 9 am & 11 am - 1 pm

**Wednesday, September 1**  
11 am - 1 pm



2021 Shirt design

### All Sales in CGH Classroom 2

Off-site clinic employees, please interoffice or email your payroll deduct/order forms to Amanda Blaine, Foundation.

We will interoffice your order back to your office.

If you work onsite at CGH, please plan to come to one of the onsite sales.

\$20 T-Shirts (S-XL)

\$30 Long Sleeve Shirt (2XL-3XL)

\$22 T-Shirts (2XL-3XL)

\$32 Crew Neck Sweatshirt (S-XL)

\$22 Women's Cut V-Neck T-Shirts (S-XL)

\$36 Crew Neck Sweatshirt (2XL-3XL)

\$24 Women's Cut V-Neck T-Shirts (2XL-3XL)

\$35 Hoodie (S-XL)

\$27 Long Sleeve Shirt (S-XL)

\$40 Hoodie (2XL-3XL)

Cash, Check, Venmo and Payroll Deduct accepted  
Social Distancing will be enforced



All proceeds go towards the CGH Health Foundation Women's Health Program

## Welcome New Employees

**Michelle Salas**  
Director, Perioperative Services

**Robert Lund**  
Accounting Manager,  
Accounting

**Boston Rodriguez-Chupp**  
CNA, Clinic Float

**Ashley Frey**  
Pharmacy Technician, Pharmacy

**Erica Wyckstandt**  
Pharmacist, Pharmacy

**Kayla Saville**  
RN, Surgical Floor

**Eric DeAnda**  
Skilled Maintenance Engineer,  
POM

**Alexis (Lexi) Vance**  
RN, Walnut

**Addison (Addi) Raser**  
Sterile Processing Tech, SPD

**Maria (Cristina) Salomon**  
Housekeeper I, EVS

**Aubree Johnson**  
Food & Nutrition Assistant, Dietary

**Avalina Williams**  
Housekeeper I, EVS

**Melissa Carroll**  
RN, ACS

**Shelby Rus**  
US Tech, US-DID

**Yelena Favela**  
Food & Nutrition Assistant, Dietary

**Jalon Bruder**  
RN, Wound Care Center

**Gordon Ware**  
HUC-CNA, Hospital Float

**Raphnie Lawrence**  
CNA, Clinic-Float

**Brett Showers**  
Sterile Processing Tech,  
Sterile Processing

**Cynthia Stringer**  
Social Worker, Population Health

**Sabrina Gisi**  
Food & Nutrition Assistant, Dietary

**Madelyn Pink**  
Food & Nutrition Assistant, Dietary

**Jennifer Jacobs**  
RN, Surgical Floor

**Amara Campos**  
RN, ACS-Surgery

**Danielle Cook**  
Receptionist, Orthopedics

**Christiano Segretto**  
Cafeteria Worker, Dietary

**Heather Farrington**  
RN, Medical Floor

**Cierra Wilder**  
RN, Clinic-Dermatology

**Tiana Kennedy**  
RN, Float-Hospital

**Krista Buckley**  
RN, Emergency Department

**Karen Nestor**  
CNA, CCU

**Colt Adams**  
Food & Nutrition Assistant, Dietary

**Kimberly Weinstock**  
Receptionist, Float-Clinic

**Haley Varga**  
Radiologic Technologist, DID

**Jessica Carr**  
Food & Nutrition Assistant, Dietary



## NEW CGH MAIN CLINIC LAB HOURS

Effective August 16, 2021, at the CGH Main Clinic Lab,

**6:00 AM - 7:00 AM**

will be reserved for patients with  
**FASTING or STAT/EMERGENCY**  
lab orders **ONLY**.

**The lab will open for all other tests at 7 AM.**

Patients with fasting and STAT orders that arrive  
after 7 AM may have a longer wait time.

**Please advise your patients of this change  
when scheduling their labs.**

**Monday-Friday:**

6:00 AM - 7:00 AM FASTING or STAT lab orders ONLY

7:00 AM - 5:00 PM Lab open for all other orders

**Saturday:**

6:00 AM - 10:30 AM

For questions, call the Main Clinic Lab at (815) 625-4790, ext. 6020.

## Shop the Gift Shop Online

### Shop 'til you drop!

The CGH Auxiliary recently added some new products to the gift shop website at [www.cghgiftshop.com](http://www.cghgiftshop.com) under the Décor and More section.



As a reminder, the gift shop offers a curbside pickup program, as well as the option to have a gift delivered to a patient. In addition, the gift shop carries much more than what is on the website and would be happy to help customers over the phone.

## EMPLOYEE OF THE MONTH

**MARY  
MCCORMICK**

**RN**  
Obstetrics



**AUGUST 2021**

### ABOUT ME

- **I live in:** Sterling
- **Joined CGH on:** August 4, 1980
- **Education:** Rock Falls High School and Swedish American Hospital School of Nursing
- **Hobbies:** Quilting, playing violin and piano

Mary sets the standard for nursing: she is hardworking, dedicated to her patients and team, and is continually striving to encourage and develop nursing students and new employees. Mary always anticipates the needs of her patients, and ensures they are met, both physically and emotionally. Recently, Mary cared for a patient who has PTSD from a previous traumatic hospital experience. Mary was able to build a strong rapport with this patient who had extreme anxiety during her stay. Mary delivered exceptional care and even came in on her day off to ambulate and shower the patient after her surgery to help alleviate anxiety the patient had surrounding accomplishing these tasks. This is just one example of the many ways Mary has demonstrated true compassion and holistic care to the women and newborns she has cared for in the 40 years that she has worked for CGH Medical Center.

### PROUDEST ACHIEVEMENT

My family and working a job that I LOVE!

### MY FAMILY

Husband, Larry; and children: Matthew, Phillip, Sarah, Katie, Michael, Andrew, Mary Elizabeth, William, Alexander, Jakob and Abigail



Purpose, Worthwhile Work...  
*Making a Difference!*