



Communique

January 19, 2017

A CGH Medical Center Publication

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As an organization, we are refocusing on our Mission, Vision and Values through the Culture of Caring. This featured concept map will help you visualize the upcoming two year journey.

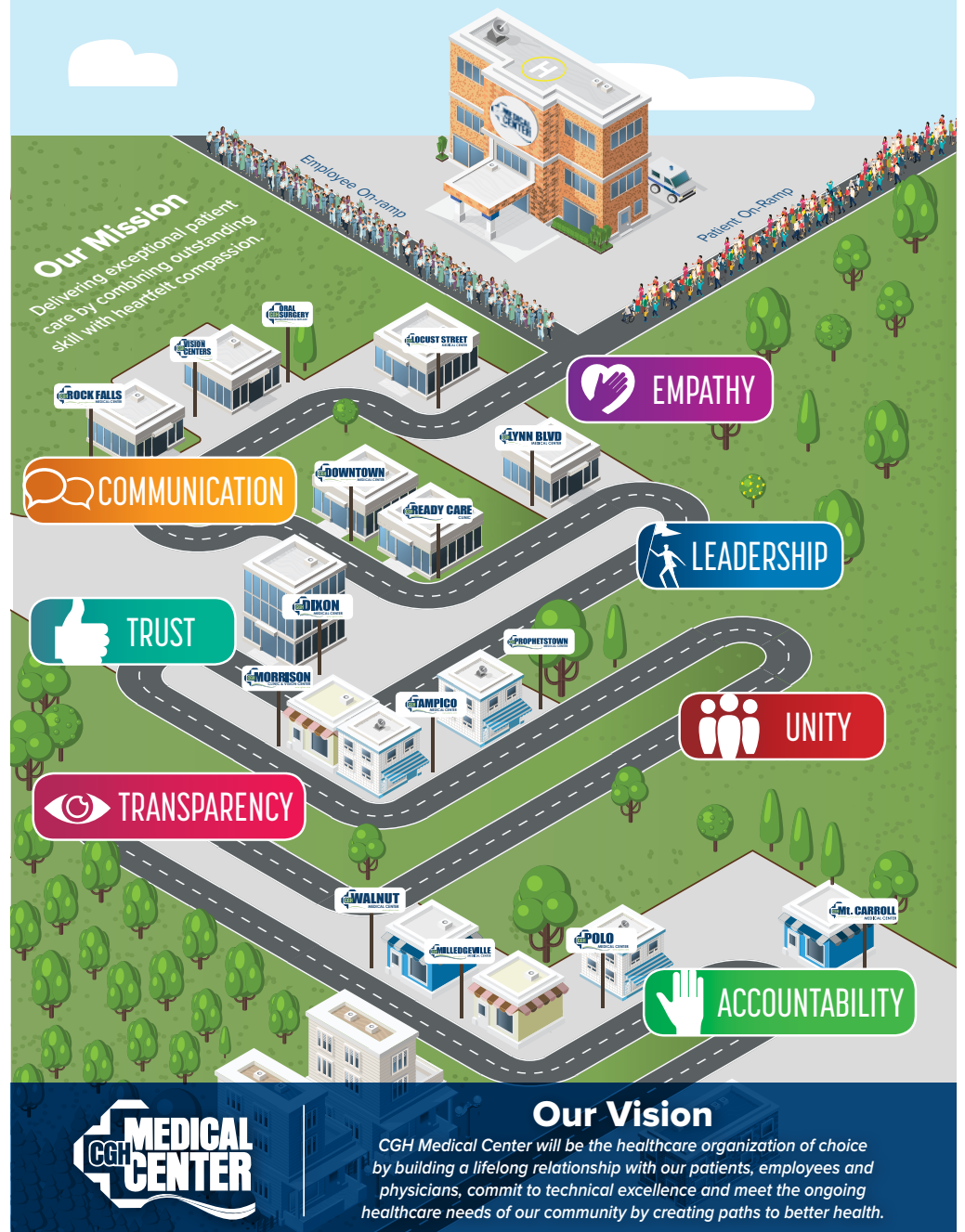
As previously explained, the Culture of Caring is not an initiative and there are no gimmicks. It is the environment that we want to cultivate for each other and for our patients. We are listening to our employees and our patients and this is Patient Experience's response to areas that were brought to our attention.

The Patient Experience Team will be training leaders starting in February. The expectation is that the leaders will be actively teaching these support tools to their staff and keeping their team engaged on a daily basis. Your leader has a vested interest in your engagement. Just as we want to ensure that every patient, every time is given exceptional care, we give the same value to our employees because we know if our staff is engaged and feels cared for, our patients will directly feel that culture of caring.

Our Journey in Patient Experience

Culture of Caring

One Mission. One Vision. One Team.



Our Vision

CGH Medical Center will be the healthcare organization of choice by building a lifelong relationship with our patients, employees and physicians, commit to technical excellence and meet the ongoing healthcare needs of our community by creating paths to better health.

Dr. Salzmann Receives IBCLC Certification

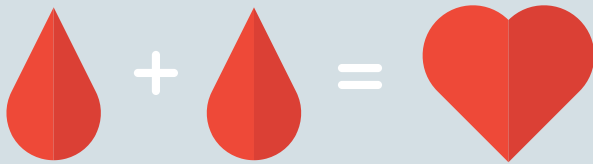
Congratulations to Dr. Chloe Salzmann, Main Clinic Pediatrics, for her recent board certification as an International Board Certified Lactation Consultant.



An International Board Certified Lactation Consultant (IBCLC) is a healthcare professional who specializes in the clinical management of breastfeeding. An IBCLC is certified by the International Board of Lactation Consultant Examiners (IBLCE), independently accredited by the National Commission for Certifying Agencies (NCCA) of the Institute for Credentialing Excellence (ICE). An IBCLC works in a wide variety of settings, providing leadership, advocacy, professional development, and research in the lactation field.

Congratulations

Savannah Kay daughter of **Sara Bartnick** (Lab) and **Daniel Hart** was born on January 11. She weighed 7 lbs., 2 oz. and was 20 inches long.



Give Blood, Give Life, Be a Hero!

BLOOD DRIVE

Thursday, February 2, 2017

9 a.m. to 8 p.m. | CGH Ryberg Auditorium

(100 E. LeFevre Road, Sterling)

Appointments are appreciated. Walk-ins are welcome.

To make an appointment, call Michelle at

(815) 625-4790 ext. 6879

Or Call Connie at

(815) 625-0400 ext. 5425

or call **1-800-RED CROSS (733-2767)**

or schedule online at www.redcrossblood.org



Bushel Basket

Candle Co.

2900 E. Lincolnway,
Sterling, IL 61081

Will provide a small gift for donors!

You can save up to 15 minutes when you donate blood by using RapidPass!
Visit redcrossblood.org/RapidPass for more information.

Emergency Management Evacuation Plan Update

New door signs coming to replace the yellow tape



As mentioned in recent Emergency Management trainings, the evacuation plan has a recent change.

The yellow tape which is placed on doors to signify that the patient room has been evacuated is being replaced with the door hanger shown above. This change out was made this past week.

The door hangers have been distributed to the Clinics and Patient Services departments. If you have evacuation bags in your department, please replaced the yellow tape with the door hangers, and return the yellow tape to Shirley Wolford. If you need door hangers, please contact Shirley at ext. 4906.

January New Employees



Front Row (L - R): Gabriela Vasconcelos (Medical Lab Assistant, Laboratory); Sara Smith (Nurse Practitioner, Women's Health, Polo); Lyndi Lemay (Speech Pathologist, Speech Therapy); Jessica Lehrer (Medical Assistant, Orthopaedics)

Back Row (L - R): Ashton Brushaber (Housekeeper I, EVS); J'Sondra Veracini (Food & Nutrition Assistant, Dietary); Brennecke Hutchison (Phlebotomist, Laboratory); Andrea Baumann (RN, Cardio Lab); Karen Merrill (Phlebotomist, Laboratory)

CGH Employee Caring Fund Spring Scholarship Winners

The CGH Employee Caring Fund is proud to announce spring scholarship winners: Raquel Romano (*Medical Floor*) and Heather Swanson (*Main Clinic Orthopedics*). Raquel and Heather each received \$500 scholarships.

The CGH Caring Fund Scholarship was created in 2014 by the CGH Caring Fund Committee and is funded 100% through CGH Medical Center employee contributions. The scholarships are for any CGH Medical Center employees who are continuing their education through trade school/college/university and is meant to support those who are pursuing careers in any field.



Raquel Romano



Heather Swanson

Mandatory Education

CGH Employee Mandatory Education FY 2016-17
Completion required by April 30

Double click on the CGH University icon located on all CGH computers. Check out the CGH University TO DO page for your regulatory requirements. Please note that all CGH Medical Center employees are required to maintain CURRENT CPR certification.



If you have any questions, contact laura.vandermide@cghmc.com.

Thank You

On behalf of myself and my daughter, Paige Morales, we would like to thank the Caring Fund, administration and all who sent us their thoughts and prayers during the passing of my grandmother and Paige's great grandmother last month.

Missi Armstrong, APN, FNP-BC
(Tampico and Walnut Medical Centers)

Growing Healthier Speaker Series

Dialogue that Makes a Difference

No More Diets
Wednesday, January 25 at 6 p.m.
CGH Ryberg Auditorium



Presented by
Sherry DeWalt,
ACE Certified Health Coach & Bryan Frederick,
Exercise Physiologist

Registration appreciated but not required.

To register, visit

www.cghmc.com/growinghealthier
or call (815) 625-0400 ext. 4913
for more information.

Enjoy refreshments and giveaways!

CGH
Health Foundation



CGH Rock Falls Introduces Jennifer Garriott, APN, FNP-BC



Jennifer Garriott, APN, FNP-BC recently joined CGH Rock Falls Medical Center as a Family Nurse Practitioner. Jennifer has been a nurse at CGH Medical Center since 2010 on the medical floor.

Jennifer received her MSN from St. Anthony's College of Nursing in Rockford, Illinois and her BSN from Rockford College. She is a member of the Illinois Society for Advanced Practice Nursing.

She is currently accepting new patients at her office at the CGH Rock Falls Medical Center, 100 West 1st Street. To schedule an appointment, call 815-632-5366.

February Birthdays

- | | |
|----------------------------------|--------------------------|
| 1 Erika Boostrom | 15 Jennifer Rogers |
| 1 Ted Bryant | 15 Christina Rowzee |
| 1 Ryan DeBrock | 15 Monica Sloat |
| 1 Kristine Gallardo | 15 Jennifer Vance |
| 2 Kay McGrath | 15 Shelly Whitman |
| 2 Priscilla McNeill | 16 Tara Ames |
| 2 Billy Jo Rahn | 16 Michael Fritz |
| 2 Maria Riggs | 16 Nicole Jones |
| 2 Todd Swanson | 16 Samuel Twining |
| 2 Jennifer Wolf | 17 Jenna Harris |
| 3 Nicole Gragert-Lynch | 17 Debra Hussung |
| 3 Douglas Heeren | 17 John Luckey |
| 4 Dorothea Brown | 17 Lynsey Smith |
| 5 Emily Heckman-Aleman | 17 Elizabeth White |
| 5 Jennifer Lopez | 18 April Bull |
| 5 Kimberly Near | 18 Jane Hayen |
| 5 Heather Swanson | 18 Laura Kramoski |
| 6 Amanda Burtflow | 18 Dean Nelson |
| 6 Elizabeth Goff | 18 Stacie Shipma |
| 6 Erica Grote | 19 Drew Carroll |
| 6 Julia Headrick | 19 Trisha Frump |
| 6 Jennifer Hinton | 19 Marisa Rodriguez |
| 6 Sarah Kapp | 19 Jackson Terry |
| 6 Christy Quinn | 19 Angela Tschosik |
| 7 Deborah Celestino | 20 Pamela Charleston |
| 7 Judy Hammett | 20 Beriah Foust |
| 7 Lisa Livingston | 20 Sabrina Heath |
| 8 Rajan Gopal | 20 Dacia Hutchison |
| 8 Kelly McDuffy | 20 Brenda Porter |
| 8 Betty Reed | 20 Jill Vegter |
| 9 Joseph Alden | 20 Amy Young |
| 9 Cassidy Challenger | 21 Becky Buss |
| 9 Elizabeth Fordham | 21 Joie Caudillo |
| 9 Diana Hanson | 21 John Niemann |
| 9 Lindsay Hoyle | 21 Christina Ruth |
| 10 Tammy Chino | 22 Luis Camacho |
| 10 Sharon Halverson | 23 Ronda Davison |
| 10 Jamie Hay | 23 Jennifer Gehrke |
| 10 Dorothy Montanez | 23 Mercedes Johnson |
| 11 Jessica Cook | 24 Susan Bush |
| 11 Melissa Cushman | 24 Jodi Dempsey |
| 11 Makenzie Dolan | 24 Michelle Lenox |
| 11 Lisa Gordon | 24 Jessica Boyles |
| 11 Jeanette Hunter | 25 Cynthia Fargher |
| 11 Mary Martin | 25 Branninghan Hutchison |
| 11 Tracey McCaslin | 25 Micah McNeill |
| 11 Candice McNinch | 25 Nanette Metzler |
| 11 Jessica Pageloff | 25 Jessica White |
| 12 Ashley Hamilton | 26 Debora Beveroth |
| 13 Dominique DeLaFuente-Penaflor | 26 Shelly Christensen |
| 13 Marcia Ellis | 26 Laura Emmole |
| 13 Karen Habben | 26 Danca Luchici |
| 13 Kayhla Shomaker | 26 Koren McClearin |
| 13 Billie Udell | 26 Pennie Schrader |
| 14 Stephen Berns | 26 Shannon Scroggins |
| 15 Michelle Belha | 26 Elizabeth Williams |
| 15 Andra Collins | 27 Tommy Rice |
| 15 Kayla Gaffey | 27 Sonya Schilpp |
| 15 Emily Holldorf | 29 Michael White |

Hospital Happenings

Cholesterol Screenings

If you need your cholesterol checked, make an appointment at one of our upcoming screenings on **Thursday, February 23** or **Friday, March 24, 6 to 9:20 a.m.** 12-hour fast and appointment required. Call ext. 5716.

Blood Pressure and Blood Sugar Screenings

Screenings are held on the first Thursday of the month (**February 2**) from **8 to 9:30 a.m.** in the CGH Main Clinic lobby; second Thursdays (**February 9**), from **11:30 a.m. to 1 p.m.** in the CGH Medical Center lobby; and third Thursdays (**February 16**), from **3 to 4:30 p.m.** at County Market in Sterling.

Life Uniform Sale

Mark your calendars for the upcoming Life Uniform Sale, sponsored by the CGH Auxiliary. The fundraiser will be held **Friday, February 17** from **7 a.m. to 7 p.m.** in the Ryberg Auditorium. Stop by for a great selection of uniforms and more! Cash, check, credit card and payroll deduct (with employee badge) will be accepted.



When a Wound Won't Heal.



Coming this month to
**CGH Dixon
Medical Center**

(815) 564-4002