



Communique

July 5, 2018

A CGH Medical Center Publication

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CGH Receives ACC Chest Pain Center with Primary PCI Accreditation

The American College of Cardiology has recognized CGH Medical Center for its demonstrated expertise and commitment in treating patients with chest pain. CGH was awarded Chest Pain Center Accreditation with Primary PCI based on rigorous onsite evaluation of the staff's ability to evaluate, diagnose and treat patients who may be experiencing a heart attack.



"Our overarching goal was to enhance the care and treatment of chest pain and heart attack patients. Obtaining the CPC accreditation is a validation of those efforts. Ensuring we provide the highest standard of care to cardiac patients in our community is our number one priority," said Kristie Geil, Vice President, Patient Care Services and CNO. "Led by our project leader, Valerie Sigafus, our team of Cardiologists, Emergency department Physicians, EMS, Nursing and Radiology staff have worked diligently for the past year to increase community knowledge of early identification of heart attack symptoms as well as advance care by streamlining our internal processes to reduce the turnaround from presentation to transfer to the Cath Lab."

According to the Centers for Disease Control and Prevention, more than 730,000 Americans suffer a heart attack each year. The most common symptom of a heart attack for both men and women is chest pain or discomfort. However, women are more likely to have atypical symptoms. Other heart attack symptoms include, but are not limited to, tingling or discomfort in one or both arms, back, shoulder, neck or jaw, shortness of breath, cold sweat, unusual tiredness, heartburn-like feeling, nausea or vomiting, sudden dizziness and fainting.

Percutaneous coronary intervention (PCI) is also known as coronary angioplasty. It is a non-surgical procedure that opens narrowed or blocked coronary arteries with a balloon to relieve symptoms of heart disease or reduce heart damage during or after a heart attack.

Hospitals that have earned ACC Chest Pain Center with Primary PCI Accreditation have proven exceptional competency in treating patients with heart attack symptoms and have primary PCI available 24/7 every day of the year. As required to meet the criteria of the accreditation designation, they have streamlined their systems from admission to evaluation to diagnosis and treatment all the way through to appropriate post-discharge care and recommendations and assistance in patient lifestyle changes. In addition, they have formal agreements with other facilities that regularly refer heart attack patients to their facility for primary PCI.

CGH MEDICAL CENTER PRESENTS
PATIENT APPRECIATION DAY
JULY 12, 2018
FREE LUNCH 11 AM-1 PM



CGH WALNUT MEDICAL CENTER
www.cghmc.com

131 JACKSON ST., WALNUT, IL • (815) 379-2161

OUR CEO, **DR. PAUL STEINKE** WILL BE GRILLING AND GREETING!

CGH Health Foundation Scholarship Winners



Ashley Swanson, left, CGH respiratory therapist, is the recipient of the \$1,000 Marrietta Lilly Healthcare Scholarship, as presented by sponsor Bill Lilly, right. The grant is funded in partnership with the Bill Lilly Family and the CGH Health Foundation.

Ten individuals have been named recipients of CGH Health Foundation nursing and healthcare scholarships. Nearly \$18,000 will be funded.

Those selected include:

- **Emily Shearer**, CGH Surgical CNA, seeking Associate Degree in Nursing at Sauk Valley Community College - \$3,000 Althea Larson Nursing Scholarship
- **Amy Marcinkiewicz**, CGH Pharmacy tech, seeking Associate Degree in Nursing at Sauk Valley Community

College - \$1,000 Edgar and Florence Hall Nursing Scholarship

- **Amber Cooper**, Franklin Grove Living and Rehabilitation Center, seeking LPN degree at Sauk Valley Community College - \$1,500 Ron Smeltzer Nursing Scholarship
- **Ashley Swanson**, CGH respiratory therapist, seeking Healthcare Administration degree at Ashford University - \$1,000 Marrietta Lilly Healthcare Scholarship
- **Emily Geison**, Augustana College Sports Medicine, accepted into Doctorate of Physical Therapy at University of Iowa Carver College of Medicine - \$1,500 Dr. Carmelo and Dr. Flora Interone Healthcare Scholarship
- **McKenna Pearson** - CHI Health Creighton University Medical Center, seeking Bachelor of Science in Nursing at Creighton University - \$1,500 Dr. Carmelo and Dr. Flora Interone Healthcare Scholarship
- **Morgan Pope**, CGH Pediatrics CNA, seeking a Bachelor of Science in Nursing at Trinity College of Nursing and Health Sciences - \$3,000 Sterling Rock Falls Community Trust Healthcare Scholarship
- **Stacie Shipma**, CGH Pharmacy tech, enrolled in dental hygiene program at Carl Sandburg College - \$3,000 Sterling Rock Falls Community Trust Healthcare Scholarship
- **Trisha Richards**, CGH Ready Care MA, pursuing Licensed Practical Nursing Degree at Sauk Valley Community College - \$1,052 Blue Sky Healthcare Education Scholarship
- **Nichole Mitchem**, CGH OB/GYN receptionist, in radiologic technology program at Scott Community College - \$1,077 Blue Sky Healthcare Education Scholarship

To be eligible for a Foundation scholarship, students must have already been accepted into their professional field of study. On-line programs are funded in addition to traditional courses at a campus.

Emergency Management

A big **THANK YOU** to everyone who participated in the **Emergency Management exercise with Monsanto on June 28th.**



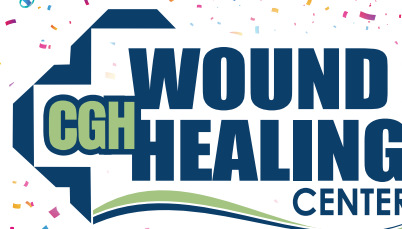
Hospital Command Center

We tested the Hospital Command Center, a new Triage area, expanded Minimum Treatment Area, Labor Pool, and many other aspects of the Emergency Management plan. It is through these continued exercises that we are able to evaluate our processes and make improvements, and also let staff become more comfortable in dealing with emergency events.



Minimum Treatment Area

YOU'RE INVITED



10 YEAR CELEBRATION

Wednesday, July 18 • 11:30am - 1:30pm

Ryberg Auditorium • 100 E. LeFevre Road, Sterling, IL

Enjoy the frozen yogurt bar and help us celebrate our **Center of Excellence award** and **10 Year Anniversary** of helping our communities heal!





CGH Main Clinic Welcomes Staci VonHolten

ATC, PA-C (Oncology/Hematology)

We are pleased to announce that Staci VonHolten, ATC, PA-C has joined Dr. Mir Alikhan and Mia McDermott, APN, NP-C in the Oncology/Hematology department.

Staci received her MS in Physician Assistant Studies from Rosalind Franklin University of Medicine and Science in North Chicago, Illinois; her MS in Athletic Training from A.T. Still University in Mesa, Arizona; and her BA in Athletic Training from North Central College in Naperville, Illinois.



101 E Miller Rd, Sterling, IL
(815) 625-4790
www.cghmc.com

Scholarship Deadlines

There are two more CGH Health Foundation scholarships available, with a deadline of Friday, Aug. 31.

They include the \$2,000 Ed Andersen Healthcare Scholarship and the \$1,000 Dr. Ralph and Katherine Redmond Nursing Scholarship.

The CGH Health Foundation James DeLange Textbook Scholarship is available each semester. Applications for the fall semester are due Friday, August 24.

See Lifeline, CGH Health Foundation, Internal Site, for the forms or contact Joan Hermes.



CGH HNHN July Challenge

It's time for our first CGH activity related to the Healthy Nurse Healthy Nation monthly themes. The theme for July is "Civility". Please take some time at home over the next two weeks to watch a 10 minute video (see link below). Send Sherry DeWalt an email with your answer to the question, "How can comportment be defined?", and your name will be entered in a drawing for a case of Kind bars.

www.youtube.com/watch?v=-1j1nx3O0cfY&t=50s

Watch your email from HNHN for more information and participate in the challenges to practice civility and to decrease the potential for workplace violence.



NOW OFFERING YEAR-ROUND SCREENING MAMMOGRAMS

WITH NO OUT-OF-POCKET COSTS!

(REGARDLESS OF INSURANCE COVERAGE OR ABILITY TO PAY)

PLEASE CALL (815) 625-3610 TO SCHEDULE & FOR MORE INFO



**Does not include any follow up treatment*

100 E. LeFevre Road, Sterling, IL 61081 • www.cghmc.com



JULY 2018

Employee of the Month



Amanda Broadus
Pharmacist



I live in: Rochelle
Joined CGH on: November 30, 2015
Education: Loyola University of Chicago and UIC College of Pharmacy
Family: Husband, Ben; son, Ben Jr.
Proudest Achievement: Being a mother
Hobbies: Hiking, reading and traveling

Amanda is a vital member of the Pharmacy Team. She works very hard to keep things running smoothly and is truly a joy to work with. Amanda is great with patients and her peers always making sure she has the most up-to-date and accurate information.

Just recently, a patient's surgery was being canceled due to an allergy. Amanda did a small investigation, including calling the patient's previous physician and surgeon to clarify the information.

Amanda is thorough and detail-oriented which makes her an excellent pharmacist and co-worker, and our patients are lucky to have her.
~ Pharmacy Staff

We congratulate her on being chosen July's Employee of the Month.

Purpose, Worthwhile Work, Making a Difference!

Hospital Happenings

Patient Appreciation Days

This summer we are hosting Patient Appreciation Days at several of our satellite clinics. Dr. Paul Steinke will be grilling and greeting patients throughout the events. We will be serving free lunch from **11 a.m. to 1 p.m.** on the following dates at the listed locations:



- July 12 - Walnut
- July 23 - Polo
- July 26 - Morrison
- August 3 - Sterling Vision Center (ice cream cups)

Lunch Pod

Are you interested in eating a more plant based diet? Join our "Lunch Pod". This plant based luncheon will be held on the **4th Friday** of every month at **11:30 a.m.** in the Ryberg. Lunch prepared by CGH dietary staff at a cost \$5.00 per person. Also included will be a short educational video about plant based lifestyles. RSVP's required. Please respond by July 20 to Sherry DeWalt.



Sarah Cebula

Advance Care Directives

Join us on **Tuesday, July 24** for our Growing Healthier Speaker Series, featuring **Sarah Cebula**, CGH Population Health Social Worker, at **6 p.m.** in the CGH Ryberg. Learn about living wills and power of attorney for healthcare.

Shoe Sale!
Save the date!
SHOE ROADS PRODUCTIONS
August 7th from 7am - 4pm
CGH AUXILIARY FUNDRAISER
Ryberg Auditorium

