

Communique

August 2, 2018

A CGH Medical Center Publication

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CGH Wound Healing and Hyperbaric Oxygen Center Earns Healogics "Center of Excellence Award"

The CGH Wound Healing and Hyperbaric Oxygen Treatment Center recently received the Robert A. Warriner III, MD, Center of Excellence award.

The center has achieved patient satisfaction rates higher than 92 percent and a healing rate of at least 91 percent in less than 30 median days to heal, for a minimum of two consecutive years. The Center was awarded this honor by Healogics, the nation's largest provider of advanced wound care services. Out of 340 eligible centers, 268 were honored with this award. The award is named for Dr. Robert A. Warriner III, a pioneer in wound care and former Chief Medical Officer for Healogics.



From left to right, Theresa Krueger, APN-BC, and Jason Green, Program Director, CGH Wound Healing Center, shared their Healogics Center of Excellence Award at the CGH Wound Healing Center's 10 year anniversary celebration on July 18.

"This is a significant accomplishment to receive this award," said Jason Green, Program Director of the CGH Wound Healing Center. "It demonstrates the dedication the physicians and staff at the CGH Wound Healing Center have towards achieving high healing outcomes for our patients.

The CGH Wound Healing Center is a member of the Healogics network of nearly 700 Wound Care Centers, with access to benchmarking data and proven experience treating approximately 2.5 million chronic wounds. The CGH Wound Healing Center offers highly specialized wound care to patients suffering from diabetic ulcers, pressure ulcers, infections and other chronic wounds which have not healed in a reasonable amount of time. Advanced treatments included negative pressure wound therapy, bio-engineered skin substitutes, hyperbaric oxygen therapy, biological and biosynthetic dressings and growth factor therapies.

On Wednesday, July 18, CGH Wound Healing and Hyperbaric Oxygen Center celebrated the award and their 10 year anniversary with a frozen yogurt sundae bar for CGH employees in the Ryberg Auditorium.

Pictured at right, Jason Green, Program Director, CGH Wound Healing Center, serves Brian Sage, POM, at the 10 Year anniversary celebration.





United Way Campaign Kickoff

United Way of Whiteside County will be kicking off their 2018 campaign with a gala on Thursday, August 16 at 5 p.m. in the CGH Main Clinic Atrium. The keynote speaker will be **Dr. William Bird**, Vice President and Chief Medical Officer.

Our very own, **Kevin Anderson**, Director IT, is the campaign chairman for the 2018 campaign and will be revealing the campaign goal and theme at the gala.

In 2017, CGH Medical Center won "Company of the Year" for consistently allowing the United Way a presence among hospital staff during the campaign, having a representative on the United Way Board of Directors, providing additional fundraising opportunities year-round, and helping lead the United Way's campaign cabinet.

Thank you to all CGHers that help support United Way in our local communities! Please join us for the campaign kick off on August 16. RSVP by August 10 to 815-625-7973.

Our CGH United Way Fair will be held later this fall. Watch for more details in the coming weeks.



Haz Mat Awareness

Ten staff members from Environmental Services, Emergency Management Services, and the Emergency department attended a Haz Mat Awareness Course taught by staff from Mercy Health/Rockford on July 31.

This course is an 8 hour class consisting of classroom and practical training with PPE donning and doffing (suiting up and removing PPE). The group also worked with the Zumro tent for decon.





Thank You

I would like to thank everyone that sent a message, said a prayer, or gave something to the family with the passing of my father. Your kind gestures mean a lot. I would like to thank the CGH Caring Fund for sending the lantern; it is a wonderful reminder of a wonderful man. I would like to especially thank my co-workers and Wound Center physicians for the beautiful lighted lamp post with the sign. It is something my Dad would have enjoyed as much as I do.

Cathy Dane (Wound Healing Center)

2018 CGH Summer Scholars Program Comes to a Close



CGH recently wrapped up its 2018 Summer Scholars Program a program designed to provide students in our service area with an opportunity to explore the health care field. Over the last two months, this year's participants had the opportunity to work one-on-one with CGH physicians, while also attending lectures about careers in the health care field and rotating between our various medical departments. The 2018 program concluded with a luncheon, where each of the students described the research project they worked on and/or completed while at CGH. Thank you to this year's Summer Scholars (pictured at left, L-R): Lama Zaioor, Emily Castillo, Brooklyn Freas and Kate Bonnell.

We hope you enjoyed your time at CGH and hope to see you again someday!



CGH Medical Center welcomes Jerald Cundiff, MD (Ophthalmology)

We are pleased to welcome Jerald Cundiff, MD to the Ophthalmology department at CGH Medical Center. Dr. Cundiff is board certified in Ophthalmology and has practiced for the last twenty years in the upper Midwest.

Dr. Cundiff received his MD from Loyola University of Chicago and his BS from University of Illinois at Champaign-Urbana. He completed his Ophthalmology residency at University of Missouri, Mason Institute of Ophthalmology in Columbia. Dr. Cundiff is currently accepting new patients at CGH Dixon Medical Center and at the CGH Vision Center in Sterling.



To schedule an appointment, please call

(815) 284-1600 1321 N. Galena Avenue, Dixon, IL www.cghmc.com

Pink Heals Honors Patient



On July 19, Gina Grennan, Director, Diagnostic Imaging, and Erika Adams, Breast Health Navigator were invited to be a part of the Pink Heals Tour stop at HALO for Starr Coleman.

Starr is a Program Implementation Specialist at HALO who is fighting Stage IV breast cancer.

"It was an honor to be there and even more of an honor for Erika to be recognized for being by Starr's side through her journey," said Gina.

Starr Coleman and Erika Adams, Breast Health Navigator, share a moment at Starr's Pink Heals Tour stop on July 19.

Plant Based Lunch Group

Are you interested in eating a more plant based diet? Join our "Lunch Pod". This plant based luncheon will be held on the 4th Friday of every month at 11:30 a.m. in the Ryberg. Lunch prepared by CGH dietary staff at a cost \$5.00 per person. Also included will be a short educational video about plant based lifestyles. RSVP's required. Please RSVP to Sherry DeWalt by August 17.



HNHN July Winner

The Healthy Nurse Healthy Nation theme for July was "Civility" and our CGH activity was to watch the video "Civility in Nursing" and answer the question "How can comportment be defined?" Concha Sitter completed the assignment and won the drawing for a case of KIND bars.

Any employee is welcome to become a part of the HNHN community. Sign up at www. HNHN.org and participate in



Concha Sitter GI Nurse Practitioner

the challenges. Also watch for our monthly CGH contests. You can view the "Civility in Nursing" video at https:// www.youtube.com/watch?v=1j1nx3O0cfY&t=50s.



Stop by the CGH Vision Center in Sterling on Friday, August 3 from 11 a.m. - 1 p.m. during Sterling Main Street's Hot Dog Days for dessert! FREE Ice Cream Cups - Vanilla / Chocolate / Strawberry!

AUGUST 2018 Employee of the Month



Laurie Shipman RN, Digestive Health Center



I live in: Rock Falls Joined CGH on: June 11, 1990 Education: Sauk Valley Community College Family: Husband, Stacy: son, Blake: daughter, Brittney: and dog, Oliver Proudest Achievement: Being married to my high school sweetheart for 28 years and having two wonderful kids Hobbies: Traveling, reading and bike riding

Laurie brings a wealth of knowledge to CGH Medical Center. She brings a positive high energy and genuinely cares about delivering excellent quality work to her patients. She amplifies the I CARE values: integrity, compassion, accountability, respect and excellence.

I have been honored to work with Laurie on Medical Floor and to witness her outstanding interaction with patients, families and staff. She leaves everyone just a little happier for having met her.

~ Sharon Schuldt

We congratulate her on being chosen August's Employee of the Month.

Purpose, Worthwhile Work, Making a Difference!

SchoolMessenger Notification System

CGH Medical Center utilizes the (SchoolMessenger) Notification System to provide communication to CGH Employees in regards to emergencies and general information communicated from your departments.

Please use the link below in order to set up or to log-in to your account to make changes on your preferences profile.

https://go.schoolmessenger.com/#/home *Please note-you will register with your CGH Medical Center email Instructions are also available on Lifeline:

http://lifeline2016/dept/HR/SitePages/Home.aspx

Please contact Melissa Cushman in Human Resources at ext. 5797 should you need assistance with this.

Dementia and Alzheimer's

Join us on **Thursday, August 30** for our Growing Healthier Speaker Series, featuring **Lindsay Rodriguez**, RN, at **6 p.m.** in the CGH Ryberg. Alzheimer's is only one form of dementia. Learn about what causes it and how it's treated.



Lindsay Rodriquez

Registration is appreciated but not required. For more information, call ext. 5716, or visit www.cghmc.com/growinghealthier.

Blood Pressure and Blood Sugar Screenings

Screenings are held on the first Thursday of the month (September 6) from 8 to 9:30 a.m. in the CGH Main Clinic lobby; second Thursdays (August 9, September 13), from 11:30 a.m. to 1 p.m. in the CGH Medical Center lobby; third Thursdays (August 16, September 20), from



3 to 4:30 p.m. at County Market in Sterling; and third Fridays (August 17, September 21) at Westwood Fitness & Sports Center.



Questions: Deb Keaschall • 815.625.0400 ext. 5727 CAUMANY CASH, CREDIT/DEBIT CARDS & PAYROLL DEDUCT IS AVAILABLE FOR CGH EMPLOYEES!