



# Communique

November 8, 2018

A CGH Medical Center Publication

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## CGH Health Foundation Delicious Designs Event Best Yet

Just over \$25,000 was raised Oct. 18 during the CGH Health Foundation Delicious Designs event at which area cancer and heart survivors were celebrated. Special recognition was given to the late Pam Topper, market president of Illinois Bank & Trust, who served this past year as Business Division Chair for the Foundation Annual Appeal.

Featured speakers included Cassandra Salmon from the bank, who provided a dedication to Pam, and Starr Coleman, a 28-year-old breast cancer survivor who was diagnosed last May. Nearly 300 people attended the fifth annual fundraiser at Deer Valley Country Club. Funds raised will go to help sponsor breast and ovarian cancer and heart projects for area women as well as comfort bags and hot meals for CGH Medical Center chemotherapy patients.



*The evening at Deer Valley Country Club featured speaker breast cancer survivor Starr Coleman. She is shown with her sister, Savannah Mussington, from left, next Starr, her mother, Bernadine Coleman, along with Erika Adams, fourth from left, CGH Diagnostic Imaging Center Nurse Navigator, and Gina Grennan, Director of CGH Diagnostic Imaging Center.*

"Our tremendous group of volunteers made all the difference in raising our net profit of \$25,054," said Pat McLeod, event chair. "We more than doubled our proceeds from last year with the help of so many generous individuals."

The night included mystery Wine, Spirits and Craft Beer pulls organized by Shelley Gottel, Chrissy Zollinger, Tiffany Marquez, Jerry Marquez, Teri Crawford and Sara Williams. The hugely popular Dessert Auction was organized by Kim Hegner, while the Silent and Live Auctions were co-chaired by Lupe Larson, Rita Smith and Mary Spitzer. Ticket Co-Chairs were Jamie Hay, Nancy Lauritzen and Marcy Lawrence.

Thanks goes to auctioneer Rob Young for his generosity, Jeff Hinton from 815 Productions, who did sound and lighting, and Sterling County Market, who donated the beautiful centerpieces. Committee co-chairs included Mary Spitzer and Mary Jean Derreberry. Other members included: Judy Borchardt, JJ Campbell, Deb Dillow, Amy Downs, Susan Frost, Deb Kuehl, Deirdre Mackay, Lindsey Pistole, Brenda Porter, Paulette Selmi, and Kelly Valentino. Dr. Bill Bird, Dr. Matthew Cutter, Ted Hegner, and Nick Lareau served as Dessert/Live Auction carriers

*Pictured at top left: CGHers Brenda Porter, from left, Tiffany Marquez, Sara Williams were also on the event committee, along with Teri Crawford.*

*Pictured at bottom left: Committee members included Mary Spitzer, overall co-chair and Auction co-chair, left, Rita Smith, Auction co-chair, center, and Pat McLeod, overall chair.*





# National Radiologic Technology Week



CGH Medical Center celebrated the important role that diagnostic imaging has had in the field of medicine and the invention of the X-ray during National Radiologic Technology Week, Nov. 5-11.

Diagnostic Imaging has greatly improved since the X-ray was first discovered in 1895. According to Gina Grennan, Director of Diagnostic Imaging, the invention of the X-ray plays an instrumental role in providing high-quality patient care.



"Most people know that the X-ray is used to produce images of inside the body," she said. "But the general public often doesn't know about the various advanced radiology systems that perform sophisticated medical tests using X-rays, such as thyroid scans and interventional and therapeutic treatments."

The radiology staff at CGH is composed of 5 radiologists with 85 radiologic technologists, and performs 75,000 X-ray exams annually, in addition to many CT scans, ultrasounds and mammograms.

"X-ray technology allows us to produce high-quality images that help physicians quickly and accurately detect, diagnose and treat injury and illness," Gina said. "Our team is extremely dedicated to providing the best possible patient care, and we're excited to celebrate our achievements during National Radiologic Technology Week."



Pictured from left to right are Cherie Parker, Erika Adams, Gina Grennan, Joleen Cortez, Jennifer Deetz and Shari Batten.



## EMERGENCY MANAGEMENT FAIR

**FRIDAY, NOVEMBER 9TH • 7AM - 4PM**  
**CLASSROOMS 1 & 2, RYBERG AUDITORIUM**

The fair will have stations designed to showcase different aspects of CGH's Emergency Management Operations Plan and staff response in order to help CGH staffers understand their role in Emergency Management.

### STATIONS:

- Airborne Precautions
- Security
- Evacuation Plan and Devices
- Communications
- Incident Command
- Minimum Care Patient Treatment Area
- Patient Tracking/Patient Flow
- Off-Sites

ATTENDANCE AND DOCUMENTATION OF ALL ACTIVITIES WILL COMPLETE CGH MC 2018-19 EMERGENCY MANAGEMENT MANDATORY TRAINING MODULE.



Give Blood, Give Life, Be a Hero!

## BLOOD DRIVE

**Thursday, December 6, 2018**

**9:30 a.m. - 7:00 p.m. | CGH Ryberg Auditorium**

100 E. LeFevre Road, Sterling

Appointments are appreciated. Walk-ins are welcome.

To make an appointment, call Michelle at  
**(815) 625-4790 ext. 6879**

Or call Connie at

**(815) 625-0400 ext. 5425**

Or call **1-800-RED CROSS (733-2767)**

Or schedule online at [www.redcrossblood.org](http://www.redcrossblood.org)

Enter for a chance to win a special gift basket provided by the

**CGH Gift Shop**



You can save up to 15 minutes when you donate blood by using RapidPass! Visit [redcrossblood.org/RapidPass](http://redcrossblood.org/RapidPass) for more information.

# Veterans Day Thank You

Honoring  
ALL WHO  
served  
**THANK YOU  
VETERANS**



*In honor of Veterans Day, CGH Medical Center will be giving employees who are veterans a free meal in the Fresh Cafe on Sunday, November 11.*

Honoring the sacrifices many have made for our country in the name of freedom and democracy is the very foundation of Veterans Day.

**Thank you to all Veterans - past and present!**

Way to Go!



**Kathy Milby**, Director of Maternal and Child Care, recently passed her Certified Nurse Manager Leader (CNML) certification from the American Organization of Nurse Executives (AONE).



Kathy Milby

The CNML credential is designed exclusively for nurse leaders in the nurse manager role. The AONE provides leadership, professional development, advocacy and research to advance nursing practice and patient care, promote nursing leadership excellence and shape public policy for health care nationwide. AONE is a subsidiary of the American Hospital Association.

## National Medical Staff Services Awareness Week



Julie VanAusdal, CPCS



Dena Wheeler

November 4th - 10th, 2018

**How do you know** that when you seek medical care the practitioners you see are properly educated, licensed, and trained in their specialty?

During **National Medical Staff Services Awareness Week**, we recognize medical services professionals—important members of the healthcare team who are dedicated to thoroughly investigating and verifying the credentials of healthcare practitioners. These women and men also have expertise in areas such as medical staff organization, accreditation, regulatory compliance, and provider relations.



**Don't forget to stop by and say hello to your medical services professionals.**

For more information about NAMSS, visit [www.NAMSS.org/MSPWeek](http://www.NAMSS.org/MSPWeek).

## Yoga Class is Back!

**Yoga class back and is being offered in the CGH Ryberg on Mondays.**

Class begins at 5:15 p.m. The instructor is Jennifer Sleeman and the cost is \$5 per class. Class length is approximately 60 minutes and is open to anyone. If you have a yoga mat, please bring one. Wear comfortable, loose fitting clothing. Yoga is traditionally performed in bare feet.



**Tuesday, November 13th  
CGH Main Clinic Atrium**

**5:00 pm** - Event Begins

**5:30 pm** - Ceremonial Lighting

**Featuring:**

- Entertainment by Sterling High School Madrigals
- Cookies and refreshments will be served

**PUBLIC WELCOME!**

5th Annual

**Healthy & Bright  
Holiday Lighting**



# NOVEMBER 2018

## Employee of the Month



**Emily Holldorf**  
COA/Vision Center Lead



**I live in:** Sterling  
**Joined CGH on:** March 18, 2010  
**Education:** Associate's Degree in Health Information  
**Family:** Husband, Nic; daughter, Laurel; and 4-legged son, Hank  
**Proudest Achievement:** My family  
**Hobbies:** Reading, spending time with family, and cooking

I cannot say enough about what an outstanding co-worker Emily is at our Vision Center. Emily is always calm and collected and does a wonderful job helping out when needed to ensure the department is running smoothly. She has a lot of responsibility in keeping up with the daily and upcoming changes but always works with us to ensure we understand these changes. We are very lucky to have Emily as a part of our CGH Team!

~ April Bull

We congratulate her on being chosen November's Employee of the Month.

*Purpose, Worthwhile Work, Making a Difference!*

Hospital Happenings

## HALLOWEEN '18



Hospital Diagnostic Imaging



Daycare



Cardiac Rehab



EMR - The Price Is Right



Daycare



Main Clinic Radiology - Forrest Gump