



# Communique

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A CGH Medical Center Publication

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## CGH Birthing Center Enhances Newborn Security with Digital Footprints

Newborns at CGH are making their mark on the world one step at a time, but it's no longer just a keepsake. The CGH Birthing Center recently installed a new and innovative Infant Safety System, developed by CertaScan Technologies ([www.certascantek.com](http://www.certascantek.com)), that helps ensure baby's safety from day one. The proprietary system allows the hospital to capture digital, high resolution newborn footprints which can be used for precise identification in emergency situations throughout the child's life, like abduction, lost baby or natural disaster.



"The system is entirely safe for use on babies and provides outstanding digital footprint quality," said Kathy Milby, CGH Director of Maternal-Child Services. "Ink and paper images often smudge because babies are always moving. Now we are able to capture a digital image of a baby's footprint which is stored in the newborn's electronic medical record and is linked to a picture of the baby and the mother's fingerprint."



The Newborn Safety System — which uses LiveScan Technology — has received attention and praise from the National Center for Missing and Exploited Children (NCMEC) and has been included as a recommendation for hospitals in its most recent Infant Security Guidelines.

"Much like fingerprints, footprints are unique to each baby, so they can be used for identification that will reinforce the baby's safety for a lifetime," added Dr. Paul Steinke, CGH President and CEO.

The CGH Birthing Center gives parents a complimentary birth certificate with their newborn's footprints, and families will have access online at [www.firstfootprint.com](http://www.firstfootprint.com) to enhance the footprint certificate with colors, different fonts and borders after they go home. Parents can also download a digital copy of their baby's footprints to create other keepsakes as well.

"The CertaScan is another example of how CGH continuously raises the standard of care for our patients," continued Dr. Steinke, "and we're proud to offer this latest technology in newborn security."

# Temporary Visitor Restrictions



Due to a rise in widespread influenza activity, not only in the community, but also in patients visiting our Emergency Department and outpatient clinics, CGH Medical Center is implementing temporary visitor restrictions effective immediately. While we realize these temporary steps may result in some inconvenience to family members and other

visitors, the safety and well-being of our patients, visitors and staff is our highest priority.

## Until further notice, visitor restrictions include:

- **Visitors will be limited to 2 adults per patient at any time. Limiting the number of visitors per patient will help control the spread of the illness.**
- **Since children are more likely to get sick and spread influenza, siblings and children under the age of 18 will only be permitted to visit patients in special cases with prior approval from the patients' healthcare team.**
- **Patients coming to the CGH ED or outpatient clinics with influenza symptoms will be asked to wear a mask.**
- **Wash your hands frequently. Make sure you clean your hands when entering and leaving the patient's room by washing with soap and water or rubbing your hands together with hand sanitizer (located in every patient room).**
- **Do not visit the hospital if you have symptoms of the flu. Signs of the flu include fever, cough, sneezing, runny nose or sore throat. The flu is easily and most often spread as a result of coughs or sneezes. A sneeze from one person with the flu can spread up to 20,000 flu germs into the air.**
- **If you haven't already, get the flu vaccine. Getting the simple shot can help increase your chances of staying healthy and avoid getting others sick.**

Together, we can prevent the spread of the flu in our hospital and our community this season. Thank you for your cooperation and support.

## Thank You

I would like to thank all of my "work family" for all of the prayers, calls, texts, donations after the sudden death of my dad, Robert D. Livingston. Also, thank you to the CGH Caring fund for the nice plant that was sent. During times like this, CGH proves that it is a great place to work!!

Thank you all again,  
**Lisa Livingston** and Family  
Supervisor of Materials Management and Laundry

# Providers on the Move

Effective Friday, March 1st, **Dr. John Luckey** and **Family Nurse Practitioner Shannon Scroggins** are moving to the lower level of the newly renovated CGH Downtown Medical Center at 15 W. Third Street in Sterling.



John Luckey, MD and Shannon Scroggins, FNP-BC

In addition, the CGH Diabetes and Nutrition Center relocated to the upper level at the CGH Downtown Medical Center on February 18.

An open house for staff and the public has been scheduled for Wednesday, April 10 at the Downtown and Ready Care Clinics. Watch for more details.

# Daycare Beach Party

*Since we have had such awful weather, CGH Helping Hands Daycare recently had a Beach Party to try and bring some of the warm weather this way and to have a day of FUN IN THE SUN!*



Noah and his great smile and his cool beach shirt, makes you want to go to the BEACH RIGHT NOW!



Ms. Dana, Ms. Ashley & Ms. Mimi having a great day of FUN IN THE SUN at the CGH BEACH PARTY!



Reece soaking up some RAYS!



Daycare turned KidTile into THE BEACH.



# CGH Named a 2019 Top 100 Rural & Community Hospital



CGH Medical Center has been named one of the Top 100 Rural & Community Hospitals in the United States by The Chartis Center for Rural Health. Regarded as one of the industry's most significant designations of performance excellence, the annual Top 100 Rural & Community Hospitals award is based upon the results of the Hospital Strength INDEX® from iVantage Health Analytics. Only four hospitals in Illinois were named to this list.

"To be named one of only four Illinois hospitals on the Top 100 Rural & Community Hospitals listing is quite an honor," said Dr. Paul Steinke, CGH President and CEO. "This recognition is a reflection of our outstanding team of healthcare providers, staff and volunteers, and represents our ongoing commitment to providing safe, high quality care to the communities we serve."

Hospitals recognized as a Top 100 facility scored in the top 100 among all rural and community hospitals nationally. Now in its ninth year, the INDEX leverages 50 rural-relevant indicators across eight pillars of hospital strength to determine an overall score for each hospital. Each of the INDEX's 50 indicators is collected from publicly-available data sources.

To view the complete list of this year's Top 100 Rural & Community Hospitals, as well as the 2019 INDEX methodology, please visit: [www.ivantageindex.com/top-performing-hospitals](http://www.ivantageindex.com/top-performing-hospitals).

INTRODUCING DIXON

# CGH REHAB SERVICES

- Physical
- Occupational
- Pediatric
- Speech

## OPEN HOUSE

**WEDNESDAY, MARCH 13 • 3 - 6PM**  
**CGH DIXON REHAB SERVICES**  
1319 N. GALENA AVE, DIXON, IL 61021

**Nolan Wolfe, PT, DPT**

## LINEN SALE

Thursday March 7th  
7 am - 5 pm

Friday March 8th  
7 am - 3 pm

located in the  
**Ryberg Auditorium**  
sponsored by CGH Auxiliary

## Surgical Floor Ribbon Cutting and Open House



**Thank you to everyone who attended the Ribbon Cutting and Open House for our newly remodeled Surgical Floor on Wednesday, February 20. Approximately 200 members of the community and staff came out to celebrate the opening.**

*Pictured from left to right are the CGH Plant Operations & Maintenance Department; Cindy Zander, VP Support Services; Kristie Geil, VP Chief Nursing Officer; Julie Morse, Director of Acute Care Services; Tim Schumaker, Facility Supervisor; Bob Lehman, Director of Plant Operations; Eric Mullen, Lead Carpenter; Mary Jean Derreberry, Director of Home Nursing; Dr. Paul Steinke, President & CEO; Skip Lee, Sterling Mayor; Scott Shumard, Sterling City Manager; and Sauk Valley Area Chamber and Rock Falls Chamber Ambassadors.*

# March Birthdays

- |                        |                               |
|------------------------|-------------------------------|
| 1 Kaylene Becker       | 18 Sandra Bay-<br>lor-Schmidt |
| 1 Kermit Cox           | 18 Chloe Heal                 |
| 1 Brittany Holocker    | 18 Elyn Horn                  |
| 1 Ashley Imel          | 19 Beverly Burrows            |
| 1 Miranda Long         | 19 Amy Pepper                 |
| 1 Mikio Martinez       | 20 Molly Anderson             |
| 1 Kimberly Vandermyde  | 20 Fran Haan                  |
| 2 Mariel Kester        | 20 Joseph Kelly               |
| 2 Brian Zschiesche     | 20 Heather McCarter           |
| 3 Grant Conibear       | 20 Kelli Rajnowski            |
| 3 Trista Garza         | 20 Marissa Rosengren          |
| 3 Vicki Spotts         | 20 Connie VonHolten           |
| 3 Nicole Tessendorf    | 21 Katie Johnson              |
| 3 Kimberly Wainscott   | 22 Margo Bartels              |
| 4 Sally Canas          | 22 Tamera Eads                |
| 4 Pat Mills            | 22 Kali Hubbard               |
| 4 Perri Plog           | 22 Machele Johnson            |
| 4 Angela Reitzel       | 22 Canaan Ross                |
| 4 Konnie Swanson       | 22 Timothy Schumaker          |
| 5 Kate Janssen         | 22 Julie Schwenk              |
| 5 Heather Musselman    | 22 Denise Zinke               |
| 5 Norma Urrutia        | 23 Pamela Bittorf             |
| 5 Lindsay Wallace      | 23 Melissa Cassens            |
| 6 Karen Dever          | 23 Edward Hanlon              |
| 6 Mary Hammelman       | 23 Arisha Hubbard             |
| 6 Lisa Holmes          | 23 Evan Klein                 |
| 7 Casey Cheshier       | 23 Patricia Nice              |
| 7 Christy Fredericks   | 23 Faith Smith                |
| 7 Austin Peters        | 24 Michelle Asher             |
| 7 Rebecca Rhodes       | 24 BillieAnn Baldwin          |
| 8 Kristina Dauen       | 24 Peggy Burger               |
| 8 Janice Davey         | 24 Pamela Fugate              |
| 8 Jason Larson         | 24 Shannon Gipe               |
| 8 Blake Shipman        | 24 Jennifer Jellerichs        |
| 8 Alice Vetter         | 24 Rosemarie Merced           |
| 9 Elizabeth Camacho    | 24 Sammantha Portner          |
| 9 Danielle Spevak      | 24 Irma Solis-Nieto           |
| 10 Sarah Bruckner      | 24 Sara Williams              |
| 10 Carly Ebersole      | 25 Dana Behn                  |
| 10 Sarah Snow          | 25 Rebecca Fidler             |
| 10 Ruth Stevens        | 25 Connie Geerts              |
| 11 Alisha Henson       | 25 Melissa Jacoby             |
| 11 Tiffany Houzenga    | 25 Teresa Stern               |
| 11 Allison Loggins     | 25 Samantha Weathers          |
| 11 Katie Nauman        | 26 Judy Meinsma               |
| 11 Concha Sitter       | 27 Sherri Gascoigne           |
| 11 Jay Woodin          | 27 Victoria Johnson           |
| 12 Donna Dorathy       | 28 Olivia Baker               |
| 12 Debra Lira          | 28 Anne Cordell               |
| 13 Shari Batten        | 28 Wendy Selover              |
| 13 Ashley Earl         | 28 Rae Walls                  |
| 13 Melissa Lawson      | 28 Robert Whittaker           |
| 14 Miranda Daugherty   | 29 Beth Dearing               |
| 14 Julie Hurd          | 29 Margaret Godman            |
| 15 Timothy Dunphy      | 29 Gina Grennan               |
| 15 Cortney Parker      | 29 Peggy Montgomery           |
| 15 Janicé Repass       | 30 Jeanette Keegan            |
| 16 Kiana Aude          | 31 Steven Butts               |
| 16 Brianna Fredrickson | 31 Ashley Davis               |
| 16 Brittany Hemminger  | 31 Jacob Hopping              |
| 16 Shawna Snapp        | 31 Kimberly Jacobs            |
| 17 Morgan Ammon        | 31 Betsy Leech                |
| 17 Jill Bryan          | 31 Theresa McFadden           |
| 17 Roderick Miniel     |                               |
| 17 Cara Phalen         |                               |

# Kids Count! Super Heroes Wanted!

**Want to help your community and have fun doing it? Be a Super Hero and join the CGH Health Foundation Employee Division Committee!**

Each year, CGHers play a major role in changing lives and saving lives for children and adults in our area communities. Through your giving, you help nearly 25,000 people annually in need of healthcare services, medication, transportation, wellness education, and scholarships. Love on a Leash is another program sponsored with contributions from individuals, businesses and clubs throughout the Sauk Valley. This year we will be working especially hard on

raising funds for the Pediatric Rehab department. The Foundation will be purchasing equipment for this department that is necessary to improve pediatric rehab services.

### Want to find out how you can help?

Grab your free lunch in the CGH Café and join our Employee Division committee kick-off meeting on **Thursday, March 7 at noon** in the OB Classroom on the 3rd floor of the hospital. **Geoff Wright** and **Lindsey Fiorini**, the 2019 Employee Division Co-Chairs, will be there to tell you more about the CGH Health Foundation and what it means to be on the Employee Division Committee. They will also answer any questions you may have, and we will start planning our upcoming spring events.

Being on this committee is very flexible. We need volunteers to recruit baskets, baked goods and desserts, as well as help set up, work, and tear down our events. You can help a little or a lot, whatever works best for you!

If you are unable to join the meeting but would still like to participate on the committee, please e-mail Geoff Wright, Lindsey Fiorini or Amanda Blaine.



**CGH**   
**Health Foundation**  
*Your partner in good health*