



Communique

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A CGH Medical Center Publication

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Auxiliary Volunteers Recognized at Annual Recognition Banquet

On Thursday, May 16, CGH Medical Center held its 2019 Annual Recognition Banquet at Bethel Reformed Church. During this year's celebration, entitled "Moments Make a Difference," the hospital honored its volunteers with delicious food (served by Administration), laughter, and recognition.



CGH Auxiliary volunteers visit with administration at the 2019 Annual Recognition Banquet on May 16.

"It's hard for me to emphasize how important everything is that you do for CGH on a regular basis," said Dr. Paul Steinke, CGH President and CEO. "The number of hours you dedicate each year is truly amazing and for that, we all send you a big thank you."



Dr. Paul Steinke, CGH President and CEO, and Shane Brown, Vice President, Physician Services, serve Auxiliary volunteers at the banquet.

From May 1, 2018 to April 30, 2019, CGH volunteers supported 22 CGH departments with 20,304 work hours, representing an equivalent of nearly 10 full-time staff members. The value of this service to CGH is \$516,331!

"We often talk about the link between the work you all do and our mission statement," said Dr. William Bird, CGH Vice President, Chief Medical Officer. "With 4000 admissions, 4200 surgeries, 5900 GI procedures, and 550 babies every year, not to mention 950 office visits every single day, we all have the privilege of being part of patients' and their families defining moments, as they decide whether their care was exceptional or not. Each of you are a big part of this! Your volunteerism matters, and all of the interactions that each of you have with our patients and their families go a long way towards making their defining moments truly exceptional. Thank you for all you do!"

During the business meeting that followed, Auxiliary President, Dave Osborn, was proud to announce that the CGH Auxiliary will soon offer a shuttle service for our CGH Main Clinic patients and family members. "A golf cart type vehicle has been purchased," he said. "After completing some updates, including an enclosure and additional hand rails, this vehicle will allow us to meet patients and their family members at their cars and transport them to the Clinic entrance. Our hope is to also offer this service to hospital patients in the future."

On behalf of CGH Medical Center, we extend a warm thank you to each one of you as we recognize all of the many moments you have given to make a difference in the lives of our patients, visitors and staff. Thank you for all you do!

"Each and every one of you makes this organization what it is; a compassionate and dedicated group of people giving their time, energy, and heart for a truly worthwhile cause... helping CGH be the best that it can be."

- Dave Osborn, Auxiliary President

CGH Honors Fallen Hero

Over 100 CGH Medical Center physicians, staff, and Auxiliary members gathered outside to pay tribute to Sterling native, U.S. Army Corporal John G. Krebs, as his funeral procession passed by the hospital on Friday, May 17.



CGHers gather to honor U.S. Army Corporal John G. Krebs.



From L-R, Environmental Services staff members Nikki Roberts, Senada Tefiku, Rae Walls, Maria Riggs and Sonia Johnson show their patriotism during the funeral procession.

Corporal Krebs, 19, fought and died in Chochiwon, South Korea on July 11, 1950, but for 69 years, was listed as Missing In Action because he could not be accounted for after the battle. His twin brother, U.S. Army Private First Class George J. Krebs, was also killed in that battle. The services for Corporal Krebs included full military honors, complete with a 21-gun salute and Taps, at Calvary Cemetery in Sterling as he was laid to rest next to his twin. The brothers were members of Company L, 3rd Battalion, 21st Infantry Regiment, 24th Infantry Division.

We take this opportunity to not only pay tribute to John and George Krebs, but to also thank all of the men and women of our armed forces who serve, sacrifice and die fighting for our freedom.

Softball Tournament Champs



Congratulations to the CGH Softball Team – 2019 Champs of the Illinois Valley Hospital Softball Tournament for the fourth year in a row!

Team members included back row from L-R: Dugan Repass (PT), Ashley Roux (EMR), Geoff Wright (PT), Kaylene Becker (Diabetes & Nutrition Center), Allison Loggins (PT) and Logan Miller (IT). And, front row L-R: Evan Klein (Respiratory Care), Linsey Brown (PT), Cara Phalen (GI) and Trevan Burn (PT).

Mississippi Valley Regional Blood Center Designated as CGH Blood Provider

Mississippi Valley Regional Blood Center (MVRBC) has been designated by CGH Medical Center as the hospital's exclusive provider of blood and blood components. MVRBC is a not-for-profit community blood center based in Davenport, Iowa (closer in proximity for CGH to receive blood products) and is currently serving 95 hospitals in Illinois, Iowa, Missouri, and Wisconsin. The Blood Center will begin providing blood components to CGH Medical Center in June.



To ensure the Blood Center's ability to meet patient needs, MVRBC will begin holding blood drives at CGH Medical Center in June, including a blood drive scheduled at the hospital on **Thursday, June 6** from **9:30 a.m. to 7 p.m.** in the Ryberg Auditorium, 100 E. LeFevre Road, Sterling. All donors who come to give blood will receive a voucher for a \$10 gift card to the donor's choice of Amazon, Caseys, Dominos, or Starbucks.

"Please know that in addition to continued monthly incentives, delicious post-donation food, and knowing you are helping people in our community, donors will now earn points as part of the IMPACT Donor Loyalty Program for exclusive donor gifts," said CGH blood drive coordinators Connie VonHoltzen, RN and Michelle Nelson, RN.

"All previously scheduled blood drive dates will remain the same, and all prior/cumulative blood donation totals for each individual donor will be honored! Simply bring a photo ID (or employee badge) with you to the next blood drive to get registered...You will not be allowed to donate without it! In addition, donors will still have the opportunity to give double red cell donations, or Power Reds, if they desire."

To schedule an appointment to give blood, please contact Michelle Nelsen at (815) 625-4790, ext. 6879; Connie VonHoltzen at (815) 625-0400, ext. 5425; or visit www.bloodcenterimpact.org/donor/schedules/drive_schedule/84694.

If you are unsure of your blood type, and would like the opportunity to find out what your blood type is prior to donating, representatives from the Mississippi Valley Regional Blood Center will have a table outside the CGH cafeteria on Thursday, May 30 from 11 a.m.-1 p.m. You may also register for the June 6 blood drive at this time.

Thank You

A heartfelt thank you to all my CGH family for the thoughts, prayers, and remembrance lantern at my sister's sudden passing. It helps knowing her family and I have your additional support during this difficult time.

Sandi Ryan, Business Services-Main Clinic

May New Employees



Front Row (L - R): Wendy Love (Receptionist, Ophthalmology-Dixon); Brianna Kampmeier (Summer Worker, Obstetrics); Bianca Rodriguez (Linen Specialist, Laundry); Ariana Olalde (Receptionist, Float-Clinic)

Back Row (L - R): Andrew Gee (Cath Lab Rad Technologist, Cardiac Cath); Shawn Zigler (Skilled Maintenance Engineer, POM); Gayle Maupin (RN, Medical Floor); Bobby Trump (Housekeeper I, EVS)



Front Row (L - R): Karissa Shepard (Medical Assistant, Podiatry); Shandi Armstrong (CNA, Surgical Floor); Kaylie Hawbaker (RN, Float-Hospital); Erica Ricci (Café Worker, Dietary); Katie Morris (Training & Data Integrity Coordinator, Clinic Administration)

Back Row (L - R): Richard Kemmer (Security, Per Mar); Tom Lehman (Carpenter, POM); Heather Hagemann (RN, Family Practice-CGH Downtown Medical Center); Tammy Wilhelms (Director of Respiratory Services, Respiratory Care); Bri Lance (Registration Clerk, Patient Access); Rosemarie Bass (Receptionist/CNA, Chiropractic)

Way to Go!

Randi Sturtevant, ED, recently passed her Certified Emergency Nurses (CEN) exam. The CEN exam is for nurses in the emergency department setting who want to demonstrate their expertise, knowledge and versatility in emergency nursing.

Congratulations, Randi!



Randi Sturtevant

HNHN April Winner

Linda Lightner (Triage) was the winner of the Healthy Nurse Healthy Nation drawing for April. The challenge dealt with resiliency and moral courage using nurse Alex Wubbel's story of her arrest for refusing to draw blood from an unresponsive patient per her hospital's policy. Linda won a \$50.00 Selmi's gift certificate.



Linda Lightner

Healthy Nurse Healthy Nation is an initiative to connect and engage nurses, employers, and organizations around improving health in five areas: physical activity, nutrition, rest, quality of life and safety. You don't have to be a nurse to join! Please visit the following link to learn more: www.healthynursehealthynation.org/.

CGH Main Clinic Welcomes Laurie Buckman, CNM, APRN Obstetrics and Gynecology

We are pleased to announce that nurse-midwife Laurie Buckman CNM, APRN has joined the Obstetrics and Gynecology department at CGH Main Clinic. Laurie has worked at CGH Medical Center since 2000 as an RN in the CGH Birthing Center.

Laurie received her MSN from the University of Cincinnati, and her BSN from Indiana Wesleyan. She is a Certified Nurse Midwife by the American Midwifery Certification Board and is certified in advanced fetal monitoring, neonatal stabilization, neonatal resuscitation, basic life support, and is a certified lactation specialist.

Laurie provides care for women from adolescence through adulthood for gynecological and family planning. If needed, she will collaborate/consult with the physician.



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June Birthdays

1 Eric Behrens	17 Thomas Sweeney
1 Denise Johnson	18 Cindy Eaglin
1 Dianna Johnston	18 Cynthia Kyarsgaard
1 Kathy McCarty	18 Marla Lund
1 Morgan Pope	18 Tresa Mackey
1 Kara Robinson	18 Randi Sturtevant
3 Alyssa Bohms	18 Jeffrey Wadsworth
3 Michael Massey	19 Shawn Hanlon
3 Stacey Roberts	19 Shannon Hauser
3 Caitlin Seeley	20 Cheryl Baker
4 Nicole Dowdy	20 Julie Cox
4 Theresa Krueger	20 Sarah Deter
4 Danielle Miller	20 Gretchen Foust
4 Jeanne Robertson	20 Desirae Landsee
4 Carly Schaab	20 Vicki Neubauer
5 Kathleen Ivey	20 Deborah Osborn
5 Stephanie Janssen	20 John Park
6 Tonya Clayton	20 Corrina Richards
6 Laura Hawk	20 Linda Sathoff
6 Sandra Hobbs	20 Christiane Wiemken
6 Joann Mandrell	21 Lauren Cecchetti
6 Elana Nichols	21 Donna Cook
6 Venus Schilpp	21 Robert Henson
6 Darci Schmitt	21 Dawn Scoles
6 Sarah Stuepfert	22 Bryanna Flynn
6 Gayle Wright	22 Gregory Hepner
7 Kami Shank	22 Leslie Hinrichs
7 Kim Treviranus	22 Leah Weaver
8 Rachel Hallstrom	22 Esther Whites
8 Erika Matheney	23 Mallory Anderson
8 Kimberly Reinhardt	24 Gina Brands
9 Staci Drosopoulos	24 Jeff Dyke
9 Rebecca Tieman	24 Philip Joines
9 Maria Vargas	24 Mary Lott
10 Mary Bender	24 Robin Thompson
10 Maria Castro De Garcia	25 Linda Bell
10 Neil De Oca	25 Matthew Dingus
10 William Friedrich	25 Miranda Lauritzen
10 Lina Guerrero	25 Brenda Pettorini
10 Kathleen Knapp	25 Betty Sensenig
10 Kyle Pletsch	26 Michelle Franks
11 Kip Aitken	26 Rebekah Gravila
11 Katherine Dempsey	26 Cari Magana
11 Elizabeth Senneff	26 Rhonda Miller
12 Justin Cramer	26 Traci Smith
12 Tina Dillon	26 Steve Temple
12 Alyssa Folk	27 Andrew Gee
12 Ginger Lane	27 Lindsay Strehlow
12 Shanna Mooney	28 Dawn Gill
12 Erin Phalen	28 Arturas Grazulis
12 Laura Stoudt	28 Thomas Kurian
13 Angela Chavira	28 Meredith Pope
13 Polly Duncan	28 Haley Sibley
13 Kimberly Jamieson	29 Diane Ebersole
13 Marcia Jones	29 Lisa Garcia
13 Kristy Murphy	29 Jessica Null
13 Elizabeth Schmidt	29 Michelle Pratt
13 Jennifer Sheaffer	29 Barry Stevens
14 Michele Cox	29 Richard Styczynski
15 Josephine Hale	29 Denise Warner
15 Dillon Stoner	30 Miranda Benavidez
16 Kimberly Bloom	30 Brittani Berge
16 Kerensa Pink	30 Mindy Billings
16 Elizabeth Vandernick	30 Kristi Wolfe

Thankful for Employee Support

To our friends at CGH,

Your amazing generosity is a blessing. We are so grateful for the wonderful support you have shown towards the CGH Health Foundation.

Thank you so much for your efforts, whether it was donating an item, gift certificate or service; baking; putting together a basket; purchasing a baked good, basket or raffle ticket; or sharing your time to help us. Together we raised \$18,077 during all the recent Foundation events.

It is so very important that we succeed each year in fully funding our wellness education programs, breast health, eyeglass and dental services for the under-served, Love on a Leash program, Transportation Assistance, Medication Assistance projects and our scholarships funds. This year we are working especially hard on raising funds for the Pediatric Rehab department. The Foundation will be purchasing equipment for this department that is necessary to improve pediatric rehab services. You are all wonderful partners in making this goal a reality.

Thanks for caring,

Lindsey Fiorini, Employee Division Co-Chair

Geoff Wright, Employee Division Co-Chair

Mimi Hicks, Silent Auction Co-Chair

Beth Warner, Silent Auction Co-Chair

Kim Przysucha, Bake Sale/Dessert Auction Co-Chair

Janice Repass, Bake Sale/Dessert Auction Co-Chair

Joan Hermes, Executive Director, CGH Health Foundation

Amanda Blaine, Development Officer, CGH Health Foundation



Congratulations to Corinne Abell, HID, for winning the recent CGH Health Foundation 50/50 Raffle. Corinne won \$365! Thank you to everyone for participating!

Savanna Ladies Day Luncheon



The Savanna Chamber of Commerce hosted its annual Ladies Day luncheon on Friday, April 26, in the Fiesta Room at Manny's Pizza in Savanna. CGH Mt. Carroll Medical Center was an event sponsor. Mt. Carroll staff members attended the luncheon. Pictured above from left to right are Natasha Schwarz, Miranda Burke, Shelly Christensen and Karri Hess, PA-C.