



Communique

June 20, 2019

A CGH Medical Center Publication

In This Issue:

- HNHN July Challenge
- June New Employees
- CGH Tampico Medical Center
- Summer Scholars
- Kids Count...Superheroes Wanted
- Another Slice of Summer
- July Birthdays
- Hospital Happenings:
 - Blood Pressure & Blood Sugar Screenings
 - Shoe Roads Productions
 - CGH Ways to Wellness Chronic Illness Support Group

CGH Home Nursing Earns SHPBEST “Superior Performer” Patient Satisfaction Award

CGH Home Nursing and Home Infusion has been recognized by Strategic Healthcare Programs (SHP) as a “Superior Performer” for achieving an overall patient satisfaction score that ranked in the top 20% of all eligible SHP clients for the 2018 calendar year.

The annual SHPBEST™ award program was created to acknowledge home health agencies that consistently provide high quality service to their patients. The 2018 award recipients were determined by reviewing and ranking the overall satisfaction score for more than 2,500 home health providers.

“I am so proud of the commitment and dedication that our staff brings to our patients and our organization every day,” said Mary Jean Derreberry, CGH Home Nursing Director. “By receiving this award, we reaffirm our commitment to excellence in providing the highest-quality care to our patients in the comfort of their home. Whether they need the services of a registered nurse, a physical or occupational therapist, a certified home health aide, a speech pathologist or a medical social worker, CGH Home Nursing provides highly qualified, caring professionals at a level that meets and exceeds the healthcare industry’s highest standards.”

“SHP is proud to present the SHPBEST awards to our top-performing customers,” said Rob Paulsson, President of SHP. “We commend these organizations for their continuous focus on delivering the highest quality of care to their patients.” With the largest HHCAHPS benchmark in the nation, SHP is in a unique position to identify and recognize organizations that have made patient satisfaction a priority and have been rewarded for their efforts with high marks on the HHCAHPS survey.

CGH Medical Center’s Home Nursing and Home Infusion serves patients in Whiteside, Lee, Ogle, Carroll and Bureau counties, providing high quality home health care that is tailored to meet individual needs, 24 hours a day, 7 days a week. For questions or more information about our Home Nursing services, visit www.cghmc.com/homenursing or call (815) 622-0836 or toll-free (800) 377-2828.

Read more about the SHPBEST awards program, including methodology and award recipient lists at www.shpdata.com/home-health/shpbest-hhcahps. Strategic Healthcare Programs (SHP) is a leader in data analytics and benchmarking that drive daily clinical and operational decisions. Their solutions bring real-time data to post-acute providers, hospitals, and ACOs to better coordinate quality care and improve patient outcomes. Since 1996, SHP has helped more than 7,000 organizations nationwide raise the bar for healthcare performance.



The CGH Home Nursing staff includes: Front row (L-R): Judy Hentges, RN and Jacque Schroeder, RN; 2nd row (L-R): Shelly Lewis, RN, Laura Hawk, RN and Sandy Hobbs, RN; 3rd row (L-R): Anne Nehrkorn, RN and Mary Jean Derreberry, RN, CGH Home Nursing Director; and top row (L-R): Lora Clapper, HUC/CNA; Cynthia Weisel, RN; Quan Kendrick, LPN; Pam Carey, RN; Angel Moreno, PTA; Deb Knutti, PT; Darcie Bettner, RN; and Deb Devine, RN. Not pictured: Aubree Johnson OT, Kiana Aude HUC/CNA, Erin Phalen PT, Theresa Murray RN and Denise Wooden RN.

HNHN July Challenge



Are you a veteran walker or someone who wants to be motivated to walk more?

We are doing a walking challenge in July where we can encourage and support each other to walk more by participating in a game. The challenge goes along with July's "Move More" Healthy Nurse Healthy Nation focus but anyone can participate; including non-CGH employees.

To join the challenge just download the StepBet app on your phone and type in the game code "CGH". There is a \$20.00 entry fee but if you meet your StepBet goals you get your money back (and you might get more!)

The challenge starts on July 1 and ends July 28. Sign up today!



HEALTHYNURSE | HEALTHYNATION™

CGH Tampico Medical Center

CGH Tampico Medical Center is closed for the foreseeable future after last week's heavy rain caused water damage. The damage has yet to be fully assessed, and no timeline to reopen has been determined.

The clinic at 123 S. Main Street is open only four hours a week, from 8 a.m. to noon on Wednesday. Toni Ikens, APN, FNP-BC sees patients by appointment. Previously scheduled appointments for Tampico will be handled at Toni's office at CGH Main Clinic.

To make an appointment with Toni at CGH Main Clinic, please call (815) 625-4790.



Toni Ikens, APN, FNP-BC

June New Employees



Front Row (L - R): Roma Geidukyte (RN, Surgical Floor); Nate Ramirez (CNA, Surgical Floor); Alicia Wetzell (Medical Assistant, Family Medicine, Morrison); Shelby Kuepker (Summer Worker, Medical Staff), Edita Danaiaata (Nurse Practitioner, Cardiology)

Back Row (L - R): Reece Strike (Summer Worker, Materials Management); Mack Foy (Summer Worker, EVS); Nilou Rouhanizadeh (Pharmacist, Pharmacy); Allison Houldson (Summer Worker, Clinic Admin); Kirstie Gentry (Radiologic Technologist, DID); Marcia Ahrens (Medical Technologist, Lab); Holly DeWitte (Phlebotomist/MLA, Lab), Anne-Marie Wadsworth (Summer Worker, EVS)



Front Row (L - R): Trisha Meyer (CNA, Surgical Floor); Samantha Soleta (Summer Worker, EVS); Emily Schultz (Radiologic Technologist, DID); Jordan Mullan (Cath Lab Radiologic Technologist, Cardiac Cath); Megan Shearer (Summer Worker, Dietary)

Back Row (L - R): Trina Strock (General Secretary, Lab); Amanda Bailey (CNA, Medical Floor); Adrienna Rombouts (RN, Clinic-Floor); Amanda Ruter (CNA, Clinic-Floor); Eddie Adami (Carpenter, POM); Max Klimson (Summer Worker, Laundry)



Front Row (L - R): Holly Smith (Summer Worker, Business Services); Emily Adee (Summer Worker, Population Health); Jenni Miller (Summer Worker, EVS); Molly Jacobs (Food & Nutrition Assistant, Dietary); Jill Taylor (Housekeeper I, EVS)

Back Row (L - R): Madeline Geil (Summer Worker, CCU); Liz Falls (Quality Improvement Specialist, Quality Resources); Ethan Rocha (Summer Worker, Physical Therapy); Wes Bittner (Delivery Driver, Materials Management); Jaguer Heier (Food & Nutrition Assistant, Dietary); Terrance Bruce II (Summer Worker, POM)

Kids Count...Superheroes Wanted

Superheroes are wanted to boost the lives of area kids who receive physical, occupational and speech therapy services at the CGH Pediatric Rehab Center. Leading the CGH Health Foundation Annual Appeal campaign are Mike and Angie Loos, Sterling, and their three mini superhero partners, Leo, 11, Johnny, 5, and Emme, 4, (shown at right) each of whom has received therapy at the Center.

The focus project for the CGH Health Foundation is to fund \$50,000 toward state-of-the-art therapy equipment for the Center. Organizers kicked off the "Kids Count... Superheroes Wanted" campaign this month, which features adult Division Chairs and their mini superhero partners, each of whom has received therapy services at the Center.

Other members of the campaign cabinet include: Patti Sword, Business Division, and Harper Rosengren, 2; Dr. Jeff LeMay, Medical Division, and Oliver Wadelton, 7 months; Amy Downs, Clubs Division, and Jaxson Vervynck, 5; and Lindsey Fiorini and Geoff Wright, CGH Employee Division Co-Chairs, and Jaziya Balfour, 4.

Three is definitely a lucky number for Mike and Angie, who adopted three children from China in three years. A former teacher, Angie said she and her husband were drawn to China and had a heart for children with special needs. The care, compassion and professionalism of the staff is at superhero status, according to Angie.



Emme, Leo & Johnny Loos

"I can't say enough about how passionate the staff is about their work. We are blessed to have them and this wonderful program right here in Sterling," she said. "It's always so positive, so fun, the kids love to go. The staff is so dynamic - Susanna (Riley), Lindsey (Fiorini) and Erika (Smith). They are such an amazing team."



(L to R): Erika Smith, MA, CCC-SLP; Shawna Kester, DPT; and Lindsey Fiorini, PTA, with pediatric therapy patient Johnny Loos.

What is especially beneficial is that parents are able to talk to someone else who knows what they are dealing with. "They are my sounding board," Angie said. "They are so great about listening. They become part of your tribe, your life."



Another Slice of Summer

Help us celebrate the first day of Summer, **TOMORROW**, Friday, June 21st, by wearing your new CGH shirt!



On Friday, if you are able, please gather in the Clinic Atrium at 12:30 p.m. for a group picture! In addition, please take a minute and take a group/department snapshot tomorrow in your shirts and send them to Dana McCoy in Marketing.

As always, we appreciate you and the work that you do. Thank You!

July Birthdays

- | | |
|--------------------------|----------------------|
| 1 Peter Barajas | 15 Tammie Evans |
| 1 Susan Hageman | 15 Santos Garcia |
| 1 Jose Sandoval | 15 Sarah Gee |
| 2 Erika Barron | 15 Kassi Henrekin |
| 2 Becca Holloway | 15 Michael McAlvey |
| 2 Alisha Hubbard | 15 Danica McBride |
| 2 Rosie McClard | 15 Brittany Schmitt |
| 2 Kellsey Stoudt | 16 Abigail Coyle |
| 3 Emily Adee | 16 Gary Velasquez |
| 3 Hannah Eddinger | 17 Nicole Bollman |
| 3 Stephanie Ernst | 17 Maureen Francque |
| 3 Heather Pair | 18 Jinni Waller |
| 3 Vicki Velasquez | 18 Lori Weed |
| 4 Elizabeth Austin | 19 Tara Arteberry |
| 4 Sarah Coffey | 19 Meaghan Coward |
| 4 Elizabeth Foster | 19 Phong Dang |
| 5 Lindsey Crow | 19 Christopher Franz |
| 5 James DuBois | 19 Briana Lance |
| 5 Clark Franks | 19 Kara Metzger |
| 5 Eric Gale | 19 Brittany Slater |
| 5 Abigail Goebig | 20 Steven Mackay |
| 5 Jacqueline Greer | 20 Angel Moreno |
| 5 Jackie Greve | 21 Julie Egan |
| 5 Iyad Jundi | 21 Melissa Geiger |
| 5 Maribel Navarro | 21 Nataly Jones |
| 5 Nichole Nielsen | 21 Edward Miles |
| 6 Erin Buchholz | 21 Senada Tefiku |
| 6 LaDonna Clark | 22 Brailey Johnson |
| 6 Erin Dempsey | 22 Jessica Lawson |
| 6 Katherine Gillespie | 22 Marilyn Slater |
| 6 Kristine Ratliff | 23 Laurie Buckman |
| 6 Lori Timms | 23 Ivett Escalante |
| 7 Susan Meusel | 23 Terri Miller |
| 7 Melody Smith | 23 Kaitlyn Schwartz |
| 7 Jamie Wagenknecht | 24 Wendy Love |
| 8 Natalie Cruse | 24 Laurie Schroeder |
| 8 Trisha Meyer | 24 Shannon Schultz |
| 9 Beth Lancaster | 24 Julie Wardell |
| 9 Anita Meier | 25 Douglas Ackland |
| 9 Emily Miller | 25 Erika Smith |
| 9 Jayden Veracini | 25 Reece Strike |
| 10 Alexis Appleman | 25 Carlene Ward |
| 10 Trina Ballard | 26 Beth Jacobs |
| 10 Kathleen Forth | 26 Melody Reed |
| 10 Shauna Kramer | 27 Debra Knutti |
| 10 Vanessa Lira | 27 Martin Marrantino |
| 10 Susan Maynard | 27 Kristi Pierce |
| 10 Michele Setlock | 27 Nicole Pitts |
| 10 Angelica Tintori | 27 Anita Schryver |
| 11 Jessica Morris | 27 Breah Sharp |
| 11 Marc Stees | 27 Kara Todd |
| 11 Anaiza Uribe | 28 Joan Capp |
| 12 Colleen Bonnell | 28 Kevin Rogers |
| 12 Jennifer Cook | 28 Amanda Siperly |
| 12 Curtis Coyle | 28 Taylor Wood |
| 12 Jaguer Heier | 29 Wendi Doyle |
| 12 Denise Lendman | 29 Suzanne McDonnell |
| 12 Sandra Watkins | 29 Matthew Reed |
| 13 Sandi Hay | 29 Meaghan Rivera |
| 13 Andrea Mallhi | 29 Laura Shipman |
| 13 Nichole Mitchem | 29 Jeanette Shuman |
| 13 Drake Myers | 29 Sandra Westbo |
| 13 Karissa Shepard | 29 Jacie Young |
| 13 Cade Tessmann | 30 Sheri Fetrow |
| 14 Sandra Meyer | 30 Andrea Garriott |
| 14 Susan Pennell | 30 Matthew Lindstrom |
| 14 Niloufar Rouhanizadeh | 30 Julie Morse |
| 14 Tammy Wilhelms | 30 Kirsten Pitman |
| 15 Kay Benavidez | 31 Victoria Simpson |
| 15 Sally Douglas | 31 Christina Young |

Hospital Happenings

Blood Pressure and Blood Sugar Screenings

Screenings are held on the first Thursday of the month (**August 1**) from **8 to 9:30 a.m.** in the CGH Main Clinic lobby; second Thursdays (**July 11, August 8**), from **11:30 a.m. to 1 p.m.** in the CGH Medical Center lobby; third Thursdays (**July 18, August 15**), from **3 to 4:30 p.m.** at County Market in Sterling; and third Fridays (**June 21, July 19, August 16**) at Westwood Fitness & Sports Center from **8 to 9:30 a.m.**



*Shoe Sale!
Save the Date!*

Shoe Roads Productions
August 5 & 6 from 7am - 4 pm
CGH Auxiliary Fundraiser
Ryberg Auditorium

CGH Ways to Wellness Chronic Illness Support Group

Focused on Positive Coping with Chronic Health Conditions



**Solving Problems,
Managing Depressive
Thinking and
Managing the Anger
Associated with
Chronic Illness**



**Presented by:
Christine
Romesburg,
MHP**

*CGH Ways to Wellness
Care Coordinator*

RSVP to Christine at

- **815.625.4790, ext. 1916 (office)**
- **815.440.3574 (cell)**
- **or visit www.cghmc.com/calendar**

The CGH Chronic Illness Support Group is held the first Monday of each month and is provided as a service of the CGH Health Foundation in partnership with Mississippi Centers.

Monday, July 1

11 am - Classroom 2

CGH Medical Center, 100 E. LeFevre Rd.

Are you or someone you love living with a chronic illness? If so, it can be frustrating for you and your family. Join others who understand some of the challenges that come with having an ongoing illness as we discuss ways to help you take charge of your life! Learn ways to solve problems, manage depressive thinking and manage the anger associated with your chronic illness.

Refreshments will be served.

