

LEAVE A LEGACY

Courtesy of the CGH Health Foundation

February 13, 2019



Angelo's Pizzeria Repeats Pink Pizza Promotion

With the help of pizza-loving folks throughout the Sauk Valley, Angelo's Pizzeria has contributed \$17,957 to the CGH Health Foundation Women's Health Program.

All four locations in Sterling, Rock Falls and Dixon took part in the pink promotion to raise funds for breast cancer awareness during the month of October. Last year their efforts yielded \$16,230 from their promise to donate \$1 for every pizza sold.



Angelo's employees are from left, Tara Walker, Celia Meyer, Michelle Hodge and Danielle Dempsey. Accepting the gift is Joan Hermes, center, Foundation executive director.

"Angelo's donates to many causes, but this cause is near and dear to our hearts," said Michelle Hodge, operations manager of Angelo's. "So many people shared their stories with us at the restaurants about loved ones that have dealt with breast cancer. We want to make sure that local women in need can have access to mammograms and other tests."

The CGH Health Foundation has been devoted to raising awareness about early detection of breast cancer for almost 30 years.

Rock Falls man uses new giving tool

The ABCs of QCDs, RMDs and IRAs

Don't let all the acronyms scare you – contributing to your favorite charity can be as easy as 1, 2, 3 by using the new Qualified Charitable Distribution (QCD) tool approved in the new tax law in 2018.



Gene Robbins

CGH Health Foundation donor Gene Robbins, Rock Falls, was able to increase his annual gift considerably by using the new technique. "My tax adviser mentioned the QCD option and it made sense to make my annual contribution this way."

What is QCD and RMD?

If you're at least 70 ½ years old and taking required minimum distributions (RMDs) from your traditional IRA, the new QCD allows you to obtain a taxable benefit from your charitable donations, even if you're still claiming the standard deduction. *(continued on back)*

Learn About

THE NEW TAX LAWS & STANDARD DEDUCTIONS Charitable Strategies in the Face of Tax Reform

Thursday, Feb. 28

2 pm. in the CGH Ryberg Auditorium

This program features:

~2018 Tax Law Changes

~RMDs and QCDs: What Are They?

~Achieving Personal & Charitable Estate Planning Objectives

RSVP by Thursday, Feb. 21 to Amanda at
815/625-0400 x 5575

or Amanda.blaine@cghmc.com

Snacks provided ~ Bring a friend



All charitable gifts made to the hospital are administered by the CGH Health Foundation, a 501(c)(3) corporation.

The ABCs of QCDs, RMDs and IRAs *continued*

"It was a win-win situation," said Gene. "I was able to make a nice donation to the Foundation, reduce my gross income and claim a deduction for taxes. Another great thing is you can do this at any time in the year."

Robbins has been a Foundation supporter since 2004. He said it was an easy choice to know which charity he wanted to support when he found out about the QCD method. The retired supervisor at General Electric, Morrison, experienced one of the many Foundation programs firsthand during a Workplace Wellness cholesterol screening at the plant. He has also been a steadfast volunteer for the Foundation, helping to collate many a mailing over the last 14 years.

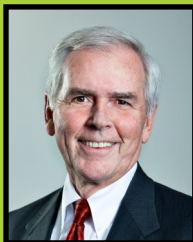
"I continue to support the Foundation because of all the good that they do in the community," Gene said. "I have also shared what I have done with friends to spread the word about the QCD way of giving."

For a more complete description of the Qualified Charitable Distribution strategy go to www.cghmc.com/media/2737/the-abcs-of-qcds-rmds-and-iras.pdf.

Mark your calendar for Feb. 28



Learn more about the changes in the tax laws by attending the 2 p.m. Thursday, Feb. 28 program sponsored by the CGH Health Foundation, called "Charitable Strategies in the Face of Tax Reform." Three area professionals will be on hand to walk you through the basics and will answer all questions you might have.



John Van Osdol is a certified public accountant, semi-retiring from Lindgren, Callihan & Van Osdol, Ltd. in 2010. He is a member of the Illinois CPA Society and the American Institute of CPAs. He has been a CGH Health Foundation trustee since 1990 and is chair of the Finance Committee.

He is currently Chair of the CGH Medical Center Board of Directors and serves on its Finance, Executive, Planning, and Quality Council committees. He also serves on the board of the Dillon Foundation and is a member and treasurer of the Sterling Kiwanis Club. He and his wife, Barb, have two sons and seven grandchildren.

Nick Lareau has been a Financial Advisor with Edward Jones since 2008. He moved to Sterling upon the retirement of Rich Coon in 2013 and is a Limited Partner. Nick volunteers his time for the CGH Health Foundation, Sterling Kiwanis Club, Sterling Main Street, Sterling Noon Rotary and Sterling American Legion. He and his wife, Jennifer, have been married ten years and have one daughter, Alivia, 7.

Nick earned his bachelor's degree in finance from Southern Illinois University, Carbondale. During his college tenure, he was also enlisted in the Illinois Air National Guard in Springfield as a medic.

Edward Jones, founded in 1922, is a Fortune 500 company with 15,000-plus financial advisors serving 7 million clients and more than \$1 trillion in assets under care. Nick's focus is on helping clients prepare for and live in retirement.



Amanda Baron is an attorney with Ward, Murray, Pace & Johnson, Sterling. She specializes in trust and estate planning, probate and trust administration, and real estate. She earned her law degree from Northern Illinois University College of Law, DeKalb, in 2015, where she graduated magna cum laude. She earned her undergraduate degree in 2012 from Augustana College, Rock Island, where she graduated magna cum laude. Amanda was a member of the Omicron Delta Kappa national leadership honor society.

She was admitted to the Illinois Bar in 2015 and is a member of the Illinois State Bar Association and Whiteside County Bar Association. Amanda also served as one of two reporters for the Illinois State Bar Association Special Committee on the Impact of Law School Curriculum and Student Debt on the Delivery of Legal Services in 2015.

Amanda serves on the boards of the United Way of Whiteside County and the Sauk Valley Area Chamber of Commerce.

The Legacy Circle is a recognition group established for those individuals who have included CGH in their estate plans. Call Joan Hermes at 815/ 625-0400, ext. 5672 for more information.