



Communique

August 15, 2019

A CGH Medical Center Publication

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CGH Recognizes DAISY Award Winner Erika Adams, RN

Erika Adams, a registered nurse and patient navigator in the CGH Diagnostic Imaging Department, was recently recognized in front of her friends, family and co-workers, as a recipient of the prestigious DAISY Award for extraordinary nurses. An international program, the award is presented to nurses around the world who go above and beyond for their patients and demonstrate extraordinary compassionate care.

"My daughter was recently diagnosed with breast cancer, and from the very beginning Erika, as nurse navigator, has been there for her," said the nominator for Erika. "It has been a trying time...made much more understandable with Erika's guidance! She really understands what information a patient and their family members need. Erika was very careful not to overload us at the start, and gave us the positive information, as well as the not so good."



Those presenting the DAISY award to Erika Adams, RN, included (L-R): Gina Grennan, Diagnostic Imaging Dept Director; Kristie Geil, CGH VP and Chief Nursing Officer; Ken Zuithoff, CGH Chaplain; Mary Jean Derreberry, Director of Home Nursing and Patient Experience; Stephanie Waller, RN, DAISY Award coordinator; Dr. William Bird, CGH Vice President and Chief Medical Officer; and Julie Morse, MSN, RN, Acute Care Services Director.

The nominator concluded, "Erika has come through as a kind, compassionate, and informed advocate! She will hold your hand, or whatever you need, and do it with sincere determination to ease the patient's anxiety. We know as we go through this time, we have many people to help, and Erika will also be there to help us with every step! Our thanks to CGH for employing such a wonderful nurse!"

The DAISY Award - an acronym for "Diseases Attacking the Immune System" - was established by the DAISY Foundation in California in memory of J. Patrick Barnes, who died at age 33 of an autoimmune disease. During his hospitalization, they deeply appreciated the care and compassion shown to Patrick and his entire family. When he died, they felt compelled to say "thank you" to nurses in a very public way. The DAISY Award continues to recognize and celebrate the outstanding professionalism and compassion that nurses bring to patients and their families every day.

Congratulations not only to Erika, but also to the following CGH nurses who were nominated by our patients this quarter for the DAISY award: Abby Anderson, Brittani Berge, Barbara Duffy, Elizabeth Goff, Manuel Mooney, Heather Moser, Heather Musselman, Michelle Nelsen, Kristy Pierce, Stephanie Robbins, Whitney Smith, Randi Sturtevant, Lori Vandermyde, Lisa Vos and Esther Whiles.

If you would like to submit a nomination for extraordinary nursing care that you or a family member have received at CGH Medical Center, please visit www.cghmc.com/daisy.



CGH Main Clinic Welcomes Edita Danaiata, MSN, APRN, A-GNP-C Cardiology

CGH Medical Center is pleased to announce that Edita Danaiata is now seeing patients in the Cardiology department at CGH Main Clinic with Dr. Scott Reese.

Edita received her MSN from Rush University School of Nursing in Chicago and her BA from Music University in Bucharest, Romania. In addition, Edita received a Post-Master's NP certificate as an Adult Gerontology Primary Care Nurse Practitioner from Maryville University School of Nursing in St. Louis, Missouri. Edita is a board certified nurse practitioner by the American Academy of Nurse Practitioners and is certified in Basic Life Support and Advanced Cardiac Life Support.



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(815) 625-4790
www.cghmc.com

CGH Health Foundation Meat Sale Pick Up Tomorrow

Your meat box order will be ready for pick up August 16!

Please plan to pick up your order between **4 and 6 p.m.** tomorrow at The Butcher Shop in Rock Falls, located at 3309 W. Rock Falls Rd.

Thank you so much for supporting this CGH Health Foundation fundraiser! Because of you, we are able to continue helping the people of the Sauk Valley! We are so grateful for your support!

Healthy Nurse Healthy Nation Employee Farmer's Market



The first Employee 2 Employee Farmer's market was short lived. It seems like many gardens are behind schedule this year.

We will try again on **Tuesday, August 27** starting at **7 a.m.** in Classroom 1 and ending whenever all the **FREE produce** is gone.

Remember: If you donate produce, you will be entered into a drawing for a \$100 Selmi's gift card at the end of the month.

See you on August 27! Save the date!

CGH Spirit of the Heart Staff/Volunteer Art Show

CGH Spirit of the Heart Art Gallery is again excited to open artist applications to our staff and volunteers, as well as to immediate family members of employees and physicians!



Please fill out an application, which can be downloaded at <https://www.heartbeatcgh.com/art>, and return it to the Marketing mailbox, or email to info@cghmc.com or dana.mccoy@cghmc.com by Wednesday, September 4. Up to 4-5 pieces of artwork may be entered into the show.

We will hang the show September 16 and it will run through November.

OneAmerica Visit

One America will be making an onsite visit to conduct individual appointments on **Thursday, September 5** in the Ryberg Auditorium from **8:30 a.m. to 3:30 p.m.**



They are here to help educate employees on the CGH Medical Center retirement plan, walk you through the enrollment process and online platform, and answer any financial and retirement questions you may have.

If you would like to set up an individual appointment please e-mail Tracey McCaslin and let her know a couple of time options that work best for your schedule.

Human Resources Open House



Thank you to all employees who visited Human Resources on Wednesday, August 14 for their Open House.

Staff toured Human Resources' new space on the 1st floor at CGH Main Clinic, which features several motivational quotes on the wall, as shown below. Attendees were treated to snacks, giveaways and prize drawings.

Pictured above are your CGH HR Staff, clockwise are Patti O'Brien, Tim Pashon, Dana Conkrite, Sandi Baylor-Schmidt, Shannon Kuepker, Lori Vandermyde, Tracey McCaslin and Melissa Cushman.



August New Employees



Front Row (L - R): Sherry Cushing (RN, Float-Clinic); Shelby Rus (Radiologic Technologist, DID); Tiffany Horbaczewski (Radiologic Technologist, DID); Johnna Myers (LPN, Family Medicine – Rock Falls)

Back Row (L - R): Mindy Cadogan (Pharmacist, Pharmacy); Julie Huennekens (RN, Float-Clinic); Breanne Scott (CT Technologist, CT Scan); Brice Taylor (Food & Nutrition Assistant, Dietary); Amy Anderson (Insurance Coordinator, Business Services); Courtney Grobe (RN, Medical Floor)



Front Row (L - R): Sam Stange (Receptionist, Internal Medicine - Sterling); Michelle Grevengoed (EMT-B, Pre-Hospital); Cristina Zavala (Pharmacy Technician, Pharmacy); Jaylynn Razo (CNA, Critical Care Unit)

Back Row (L - R): Morgan Latimer (Physical Therapist, Physical Therapy - Dixon); Jadre Jones (CNA, Critical Care Unit); Ann Fritz (CCU Educator/QI Coordinator, Critical Care Unit); Heather Stinson (Housekeeper I, EVS); Rick Frey (Pharmacy Technician, Pharmacy); Vinh Nguyen (CNA, Critical Care Unit)



Front Row (L - R): Valeria Cervantes (Housekeeper I, EVS); Tara Ward (Phone Representative, Business Services); Taylor Brownlee (Food & Nutrition Assistant, Dietary); Malorie Grennan (Food & Nutrition Assistant, Dietary)

Back Row (L - R): Elizabeth Detig (LPN, Sleep - Dixon); Esther Salazar (Auxiliary Assistant, Auxiliary); Stephanie Schutz (Food & Nutrition Assistant, Dietary); Morgan Rivera (Pediatric Speech-Language Pathologist, Pediatric Speech Therapy); Makaila Wesley (Food & Nutrition Assistant, Dietary); Lacy Hamstra (CNA, Surgical Floor); Lissett Ramirez (CNA, Float-Hospital); Martin Marrantino (Semi Skilled Maintenance Engineer, POM)

AUGUST 2019

Employee of the Month



Jessica Lehrer
Medical Assistant
Orthopaedics



I live in: Sterling

Joined CGH on: January 9, 2017

Education: Brown Mackie College

Family: Fiance, Matt; son, Ethan; daughters, Kylie and Emilie; dog, Nova

Proudest Achievement: Becoming a mother and doing the Chicago Marathon in 2010

Hobbies: Going on bike rides with my son, traveling, and spending time with family

Jessica exemplifies our CGH Standards of Behavior. She goes above and beyond for her patients and coworkers. She builds such a great relationship with each patient from before surgery, during surgery and post-op. You can always count on her and she is always willing to help.

Her dedication to her profession, patients and fellow staff is admirable. Orthopaedics is so blessed to have such a hard-working individual.

~ Maggie Egert, ASU and Destinee Schumaker, Orthopaedics

We congratulate her on being chosen August's Employee of the Month.

Purpose, Worthwhile Work, Making a Difference!

Hospital Happenings

Blood Pressure and Blood Sugar Screenings

Screenings are held on the first Thursday of the month (**September 5**) from **8 to 9:30 a.m.** in the CGH Main Clinic lobby; second Thursdays (**September 12**), from **11:30 a.m. to 1 p.m.** in the CGH Medical Center lobby; third Thursdays (**September 19**), from **3 to 4:30 p.m.** at County Market in Sterling; and third Fridays (**August 16, September 20**) at Westwood Fitness & Sports Center from **8 to 9:30 a.m.**



Plant Based Lunch Group

Are you interested in eating a more plant based diet? Join our "Lunch Pod". This plant based luncheon will be held on the **4th Friday** of every month at **11:30 a.m.** in the Ryberg. Lunch is prepared by CGH dietary staff at a cost \$5.00 per person. Also included is a short educational video about plant based lifestyles. RSVP's required. Please RSVP to Sherry DeWalt at ext. 5716.

Yoga

Yoga class is offered in the CGH Ryberg on **Mondays** at **5:15 p.m.** The instructor is Jennifer Sleeman and the cost is \$5 per class. Class length is approximately 60 minutes and is open to anyone. If you have a yoga mat, please bring one. Wear comfortable, loose fitting clothing.



FULL OF SURPRISES

SALE!

CGH AUXILIARY GIFT SHOP

SAVE THE DATE!

Thursday, August 22 – Friday, August 23
Classroom 2

Stop to find these great deals!
**Merchandise will be reduced to
\$1, \$2, \$3, \$5 or \$10 ONLY!!!!!!**

CASH & CHECKS ONLY
No credit cards or payroll deduct will be accepted.