



Communique

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A CGH Medical Center Publication

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CGH Recognizes DAISY Award Winner Alex Schmidt, RN

Alex Schmidt, a registered nurse in the CGH Critical Care Unit (CCU), was recently recognized in front of his friends, family and co-workers, as a recipient of the prestigious DAISY Award for extraordinary nurses. An international program, the award is presented to nurses around the world who go above and beyond for their patients and demonstrate extraordinary compassionate care.

"Alex made everything very easy for all of us to understand the process. My husband was in the hospital and on suicide watch, and Alex made sure to call me and keep me informed on the whole process from beginning to end. If there was anything my husband needed, Alex did his best to make sure he had it. He communicated very well with me while all of this was going on,



Alex Schmidt, Critical Care Unit (CCU), was recently recognized in front of his friends, family and co-workers, as a recipient of the prestigious DAISY Award for extraordinary nurses

and he made what could have been a very hard time for all involved, very easy. Alex won us over as CGH patients, and we will be working over the next few months to get set up with doctors there."

The nominator concluded, "I wish I could personally thank Alex for going above and beyond for us. He is an amazing staff member, and you are lucky to have him! Please thank him on my behalf. It's not common for me to be writing such nice things about staff members in the health field, but when I come across one, they are a diamond that deserves a little extra light!"

The DAISY Award - an acronym for "Diseases Attacking the Immune System" - was established by the DAISY Foundation in California in memory of J. Patrick Barnes, who died at age 33 of an autoimmune disease. During his hospitalization, they deeply appreciated the care and compassion shown to Patrick and his entire family. When he died, they felt compelled to say "thank you" to nurses in a very public way. The DAISY Award continues to recognize and celebrate the outstanding professionalism and compassion that nurses bring to patients and their families every day.

Other CGH nurses nominated by our patients this quarter for the DAISY award included: Erika Adams, Abby Anderson, Danielle Baker, Brittani Berge, Debby Beveroth, Emily Crossley, Diane Ebersole, Andrea Fry, Laura Hawk, Kim King, Marla Lund, Micah McNeill, Kim Moses, Heather Musselman, Michelle Nelsen, Trisha Schuck, Breah Sharp, Whitney Smith, Angela Sullivan, Jodi Thompson, Heather Trotter, Annette VanLanduit, Chelsey Vetter, Lindsay Wallace, Kathy Wescott, and Denise Zink.

If you would like to submit a nomination for extraordinary nursing care that you or a family member have received at CGH Medical Center, please visit www.cghmc.com/daisy.

Superheroes Recognized at Delicious Designs

Adult and pint-sized superheroes were celebrated on October 17 at the sixth annual CGH Health Foundation "Delicious Designs" event held at Deer Valley Country Club.

A movie featuring three local breast cancer survivors and seven CGH Pediatric Rehab patients prompted a few tears and many smiles, as nearly 350 attendees were there to help raise funds for the CGH Women's Health Program and CGH Pediatric Rehab Center. Net proceeds were still being determined at press time.

"There are few times in life that we can exist outside of our own lives and help others in need," said event co-chair Susanna Riley. "Last Thursday, a group of would-be superheroes came together to support a fantastic couple of causes: the new Pediatric Rehab facility and CGH's breast cancer program. The evening was a tremendous success of fun and funds for all present. I am tremendously thankful to have been a part of such a fantastic cause and evening. It is my hope that we continue to unite as a community to help those in need!"

With half of the funds raised, the Foundation is able to partner with the hospital in providing mammograms with no out-of-pocket costs to area women. Diagnostic tests, breast biopsies, ultrasounds and Pap tests are also covered, as well as comfort bags for breast cancer patients and hot meals for CGH Medical Center chemotherapy patients.

The rest of the funds will go towards the purchase of a sensory room, giant light bright wall, portable unweighing gait trainer and full-color interactive projector/motion capture system for the CGH Pediatric Rehab Center.

"Our tremendous group of volunteers made all the difference in creating this wonderful event," said Starr Coleman, event co-chair with Susanna Riley. "We are so grateful for the enthusiastic support of those who attended and have high hopes of beating last year's record of just over \$25,000 raised. We'll know more soon."

The night included mystery "Wine, Spirits and Gift Card" pulls as well as the new Wish Lists. Items needed by the Women's Health Program and Rehab Center were listed and could be "purchased" by individuals at the event. There were also three auctions – Dessert, Silent and Live.

Committee members included Janel Baker, Amanda Blaine, Angie Cannell, Mary Jean Derreberry, Amy Downs, Shelley Gottel, Jamie Hay, Joan Hermes, Deb Kuehl, Linda Kuhns, Nancy Lauritzen, Marcy Lawrence, Deirdre Mackay, Tiffany Marquez, Lindsey Pistole, Caitlin Pruis, Kelli Rodriguez, Cassandra Salmon, Kathy Schmidt, Katy Selmi, Paulette Selmi, Allison Shuman, Rita Smith, Mary Spitzer, Andrea Vondra and Karie Wheatley. Dessert/Live Auction carriers were Marc Geil, Dr. Eric Kuhns, Dr. Steven Mackay and Dr. Eric Riley.



Mini superhero Harper Rosengren, 2, shows her superhero power pose with Susanna Riley, co-chair of the Delicious Designs event, as well as a Pediatric Physical Therapist with the CGH Pediatric Rehab Center.



CGH Main Clinic Welcomes Amanda Dawson, MSN, FNP Family Medicine

CGH Main Clinic is pleased to welcome Amanda Dawson, MSN, FNP. Amanda joins Dr. Phong Dang in the Family Medicine department. Amanda is a board certified Family Nurse Practitioner by the American Academy of Nurse Practitioners.

A CGH employee since 2011, Amanda received her MSN from Chamberlain University in Downers Grove, and her BSN from the University of Saint Francis in Joliet. Amanda is a member of the American Association of Nurse Practitioners, is certified as a Trauma Nurse Specialist and an Emergency Communications Registered Nurse, and is Wound Care Certified.



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(815) 625-4790
www.cghmc.com

Respiratory Care Week • October 20-26 • #RCWEEK19

During National Respiratory Care Week, we'd like to recognize our Respiratory Care team for the important contributions they make to CGH.

As the key clinicians responsible for delivering hands on care to those with asthma, COPD, and other chronic and acute respiratory conditions, as well as critically ill patients on mechanical ventilation in the ICU, respiratory therapists work closely with physicians, nurses, and other health care professionals to ensure patients receive safe and effective care. National Respiratory Care Week is the perfect time to thank them for the vital role they play on the health care team. **Thank you to our Respiratory Care staff for all that you do!**



Employee Flu Vaccines

Flu season is around the corner!

Protect yourself and your family this season with an annual flu vaccine for everyone in your family who is 6 months of age and older. While the timing of flu season is unpredictable, seasonal flu activity can begin as early as October and last as late as May. CDC recommends that people get vaccinated by the end of October, if possible.

So, get your flu vaccine today! It takes about two weeks after vaccination for antibodies to develop in the body that protect against influenza virus infection.

You have the power to protect your family against flu this season. Get yourself and your family a flu vaccine. Fight flu!



Employee Deadline: Sunday, December 1, 2019

Employee Flu Vaccines

- Thursday, October 31
12-1:30 p.m. Employee Pharmacy
- Tuesday, November 5
12-1:30 p.m. Employee Pharmacy
- Wednesday, November 13
12-1:30 p.m. Employee Pharmacy
- Tuesday, November 19
12-1:30 p.m. Employee Pharmacy
- Monday, November 25
3-4:30 p.m. Human Resource Office, Main Clinic
- Tuesday, November 26
5-6 p.m. Cart on the Move, Hospital
- Sunday, December 1
5-6 p.m. Human Resource Office, Main Clinic

Employee walk ins are also accepted at the CGH Main Clinic Flu Clinic:

- Monday-Friday, November 4-15
8 a.m.-Noon Internal Medicine, Main Clinic, 1st Floor

October New Employees



Front Row (L - R): Celia Lee (Pharmacy Technician, Pharmacy); Bonnie Johnson (CT Technologist, CT Scan); Xenia Ramos (Registration Clerk, Patient Access); Brandi Nicklaus (Record Destruction Clerk, HIM)

Middle Row (L - R): Jeni Gottemoller (Café Worker, Dietary); Stephanie George (Food & Nutrition Assistant, Dietary); Alex Garza (EMT-B, Pre-Hospital); Blake Steen (DID Technologist, Diagnostic Imaging Department)

Back Row (L - R): Jason Hemmer (EMT-B, Pre-Hospital); Brian McPhillips (EMT-B, Pre-Hospital); Xavier Moreno (CRNA, Anesthesia)



Front Row (L - R): Whitney Snyder (Certified Occupational Therapy Assistant, Pediatric Occupational Therapy); Kim Garcia (CNA, Medical Floor); Bryce McCormick (CNA, Surgical Floor); Tiffany Markel (RN, Hospital-Floater)

Middle Row (L - R): Jazmin Hernandez (Security, Per Mar); Gina Clark (Respiratory Care Practitioner, Respiratory Care); Olivia-Hope Toppert (CNA, Hospital-Floater); Evelyn Villareal (CNA, Medical Floor); Abril Vazquez-Tapia (CNA, Surgical Floor)

Back Row (L - R): Christian Marsh (RN, Cardio Lab); Traci Brown (CNA, Medical Floor); Josh Diamond (Respiratory Care Practitioner, Respiratory Care); Amy Smith (RN, Float, Clinic); Emma Valdivia (Medical Assistant, Professional Building-Family Medicine); Marina Sanchez (Receptionist, Ortho)

November Birthdays

1 Marcia Ahrens	15 Debra VanZuiden
1 Jasmine Corral	16 Ajay-Kumar Buddaraju
1 Magdalene Kowal	16 Tiffany Horbaczewski
1 Brian McPhillips	16 Sandra Huizenga
1 Carlos Munoz	16 Amanda Kusk
1 Kalpesh Patel	16 Ana Mendoza
1 Tabithia Whitebread	16 Diane Ramirez
2 Lisa Cooksey	16 Melissa Sandoval
2 Michelle Daehler	16 Melvin Stokes
2 Roma Geidukyte	16 Luanne Trujillo
2 Daniel Hose	17 Marcy Romero
2 Jessica Kearse	17 Talia Rosas
2 Ashley Nares	18 Warren Cannell
2 Kathleen Wescott	18 Lora Clapper
3 Tracey Coppotelli	18 Dawn Edwards
3 Kimberly Davis	18 Jennifer Eide
3 Lori Green	18 Kayla Jackley
3 Crystal Koster	18 Samantha Sneek
3 Erica Ricci	18 Christeen Thayer
3 Olivia Sandoval	19 Kelli Kinnaman
3 Breanne Scott	19 Diana McKinley
4 Danielle Hadaway	19 Sheryl O'Brien
4 Susan McGinn	19 Brittany Temiquel
4 Emily Mills	20 David Almasy
4 Cynthia Weisel	20 Stephanie Friedrich
4 Karen Zigler	20 Jason Johnson
5 Dana Conkrite	20 Lindsay Rodriguez
5 Jerald Cundiff	20 Naomi Rodriguez
5 Rose Sondgeroth	20 Madison Schlegel
7 Rebecca Crump	20 Brandi Taylor
7 Dorinda Dyche	21 Mateo Cortez
7 Lisa Vos	21 Terry Eaglin
8 Shane Brown	21 Jane Kenseth
8 Penny Carl	21 Glenda Rickelman
8 Angela Davis	22 Susan Boelkins
8 Kevin Folk	22 Secilia Gonzalez
8 Kimberly Hammer	22 Katelyn Setters
8 Stephanie Richards	22 Kimberly Velazquez
8 Rachel Rimington	23 Lisa Everly
8 Patricia Skutt	23 Trinity Lewis
8 Janel Yordy	23 Jenni Miller
9 Nikki Mariel de Oca	23 Russell Van Zuiden
9 Ashlee Griffin	24 Amanda Bailey
9 Stephanie Stanley	24 Kathy Bonnell
10 Sheila Henard	24 Angela Dennis
10 Patricia Renkes	24 Tara Long
11 Chico Alexis Alejo	25 William Bird
11 Penny Hammer	25 Brandy Haggard
11 Cassie Wiersema	25 Tiffany Markel
12 Lori Cantu	25 Henry Oh
12 Teri McCormick	25 Allison Yemm
12 Megan Meiners	26 Brandi Barron
12 Samantha Stange	26 Mireya Guerrero Ortiz
12 Kimberly Teats-Garrison	27 Cameron Bierman
13 Jennifer Garriott	27 Traci Goebig
13 Quanene Kendrick	27 Cayla Wolbert
13 Joseph Klimson	28 William Chaplin
13 Sasha Lumzy	28 Stephanie George
13 Kerri Norberg	28 Ben Schaab
13 Ixchelle Rivera	28 Shanda Shook
14 Breanna Brashaw	29 John Cousins
14 Jessica Hartzell	29 Michaela Delgado
14 Kelly Johnson	29 Mary Schreiner
14 Mark Razo	29 Kathy Ybarra
15 Vicky Jones	30 Jennifer Adamson
15 Rebecca Koepf	30 Penny Kester
15 Katrina Ruchotzke	30 Jim Sampson
15 Carson Sterling	30 Haley Thorpe
15 Kathy Thomas	30 Lindsay Wohrley
15 Michelle Valdez	



UNITED WAY AGENCY FAIR

FOR STAFF OF CGH MEDICAL CENTER, CGH MAIN CLINIC & CGH HEALTH CLINICS

FRIDAY, NOVEMBER 1 • 7:00 AM - 1:00 PM • CGH RYBERG AUDITORIUM

• JOIN US TO MEET THE AGENCIES AND LEARN ABOUT HOW THE UNITED WAY HELPS OUR COMMUNITY.

• BREAKFAST AND LUNCH WILL BE SERVED!

• IF YOU DONATE, OR CURRENTLY DONATE, AT LEAST \$2 PER PAY PERIOD, YOU WILL RECEIVE YOUR CHOICE OF A CGH GIFT.

NEW FAIRSHARE GIVERS

IF YOU ARE A FIRST-TIME GIVER, BECOME A FAIR SHARE GIVER (1% OF YOUR TOTAL SALARY OR 1 HOURS PAY PER MONTH) OR INCREASE YOUR GIVING BY \$1 PER PAY PERIOD, YOU WILL RECEIVE A FREE BLING LANYARD OR LIGHT UP PEN.



Your current payroll deduction renews unless you would like to add or change it.

CGH HEALTH FOUNDATION



CGH Health Foundation

Fall Bake Sale

Wednesday, October 30

7 am - 1 pm
CGH Ryberg Auditorium

Help support the
CGH Health Foundation
Women's Health program

If you are able to donate goodies to this bake sale, please contact:

Barb Brady at ext. 3223 or barbara.brady@cghmc.com

Brenda Vazquez at 815-625-8669

Amanda Blaine at ext. 5575 or amanda.blaine@cghmc.com

**SUPERHEROES
WANTED**