



# Communique

January 13, 2022

A CGH Medical Center Publication

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## WCHD Beyond Capacity for Contract Tracing: IDPH Surge Center Implemented **\*\*Important Change for Return to Work Letters\*\***

With 1,216 positive COVID-19 cases in Whiteside County in the past 7 days, the WCHD is beyond its capability of addressing cases and contact tracing in a timely manner. Beginning Thursday, January 13, there is a new centralized process to help manage these cases through IDPH. **This change is especially important for those who have tested positive for COVID and require letters to return to work.** Please read below for more information about this, as well as about at-home tests, and CGH's unchanged isolation policy.

- The IDPH Surge Center will reach out directly to COVID-positive individuals 65+ years of age and at high risk of developing severe illness.

### IDPH will text those who test positive for COVID-19

Follow the instructions for next steps



- For COVID-positive individuals NOT in this group, you will receive a text message that there is important information for you with a link to your instructions. This link will provide information on how long to quarantine or isolate and link to resource assistance, if needed. You will also be instructed to call 312-777-1999. Individuals who call this number will be considered as "opting in" for an interview and symptom monitoring. **For COVID-positive individuals who require a return to work letter, it is imperative that you opt in. This is the ONLY way for you to receive a return to work letter.** Do not call the Health Department, CGH Ready Care, or your primary care provider for a letter if you did not opt in, as we will not be able to provide a letter. Ready Care can only provide return to work letters for those who receive a negative test result from a test done at Ready Care.
- At-home tests - While these tests are useful for helping understand infection within your household (and can be useful on day 5 after an exposure), **the Health Department, CGH Ready Care, or your primary care provider CANNOT intervene regarding an at-home test result. They are also unable to provide release letters for work, daycare, etc. from at-home tests.** If you test positive on an at-home test, we strongly encourage you to confirm your results through a testing site who reports results directly to IDPH.

The CDC has recently changed their isolation guidelines for individuals testing positive for COVID-19. The link with the detailed information for the updated CDC guidelines can be found at [www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html](https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html).

**HOWEVER: CGH's isolation policy will remain unchanged. We will still require our patients to isolate for \*\*10 days\*\* from the onset of symptoms, be fever free for 24 hours without fever reducing medications, and have improvement of symptoms.**

Please note that these revised guidelines are for the general population. For guidelines specific to schools, please visit [www.isbe.net/Pages/covid19.aspx](https://www.isbe.net/Pages/covid19.aspx).



**Terry McFadden, LPN**  
Neurology

**Fun facts about me:**

I am a twin (Tom and Terry), and I had twins (Chad and Christine). I have wanted to be a nurse for as long as I can remember. I never questioned what I was going to do with my life. My mother was a nurse and worked for Dr. Ballard for over 40 years. It must be hereditary.



**My best career lesson:**

Always adapt, learn new things, accept change, and accept responsibility.

**3 words that describe me:**

Mother, Grandmother, Caregiver

**When I'm not working, I enjoy:**

Going to parks; playing games; shopping with my grandchildren, Alexis (7) and Jensen (5); golfing; and spending time with my friends and family.

**What I like about my job:**

I love helping and caring for patients.

**My job duties:**

My job duties include rooming patients, phone calls, appealing medication denials, assisting with EMG/NCS, and Botox injections.

**January '22**



Due to limited staffing, CGH Prophetstown Medical Center is closed until further notice. Please call the CGH Morrison Medical Center at (815) 772-8100 for questions or to make an appointment. Thank you for your patience and understanding.

**Celebrating 35 Years**



Join with us this year as the CGH Health Foundation celebrates 35 years of building a healthier Sauk Valley through commitment, compassion, collaboration and community service.

This pledge to change lives and save lives was begun on Sept. 15, 1987. Since then, over \$10.5 million has been raised and invested in community education programs, healthcare services, scholarships and purchase of medical equipment.

You can be our partner! Please support our Annual Appeal. Help fund 19 impactful programs.

To make a gift, go to [www.cghmc.com/foundation](http://www.cghmc.com/foundation).

**BLOOD DRIVE**

[BLOODCENTER.ORG](http://BLOODCENTER.ORG)



Thursday, February 3

9:30am – 6:00pm

Ryberg Auditorium (100 E. LeFevre Rd.)

**MASKS AND APPOINTMENTS ARE REQUIRED.**

To schedule, please scan the QR code or call

815-625-0400; x6879 for Michelle or x1057 for Bryan



DONORS GET THEIR CHOICE OF A ST. PATRICK'S DAY THEMED SHIRT OR A GIFT CARD!



SCAN ME!

Please eat before donating and bring Photo ID.  
Last Date to Donate Elsewhere: 12/09/2021  
Group Sponsor Code: 3591



EMPLOYEE OF THE MONTH

**COLTON SMITH**

Pharmacy Technician



**JANUARY 2022**

Colton has been one of the most valuable assets to our department. He goes above and beyond with each task that is given to him and he is a true team player. Colton comes to work everyday with the ambition and drive to help his co-workers in any way that he can.

Specifically, he went above and beyond during a recent Saturday shift in which our employee pharmacy was closed but our ED needed to supply two patients that were recently displaced from a house fire with medications through our Medication Assistance Program. In addition to completing his daily tasks when we were already understaffed, he typed, dispensed and located the medications for these patients so we were able to service them in their time of need. The ordering provider was very appreciative for the time and effort that was put into helping these patients.

Thank you, Colton, for being so kind and caring to everyone that encounters the CGH Pharmacy!



Purpose, Worthwhile Work...  
*Making a Difference!*



CGH Milledgeville Medical Center will be temporarily closed until Tuesday, February 1. Angela Stralow, FNP-BC, and Dr. Paul Steinke will continue to see patients at the CGH Polo Medical Center. For questions or to schedule an appointment, please call (815) 946-3661. Thank you for your continued patience and understanding during this time.

**Pfizer Vaccines for 12+ Now Available at CGH Main Clinic**



**ADULT & PEDIATRIC COVID-19 VACCINE CLINIC**

CGH Main Clinic  
[www.cghmc.com/vaccine](http://www.cghmc.com/vaccine)

Pfizer vaccines (primary 1st & 2nd doses and boosters) for individuals age 12 and older are now available at the CGH Main Clinic. Walk-ins are welcome or appointments can be made by calling (815) 632-5298. The vaccine clinic is open Monday through Thursday, 8 am to 5 pm and Friday 8 am to 2pm. We will continue to offer Moderna and Johnson & Johnson for those 18 and older as well.

**Pediatric COVID-19 Vaccine Clinic:**

For pediatric patients age 5 to 11 years old, we continue to offer the Pfizer vaccines. The pediatric vaccine clinic is open on Friday afternoons from 1:30 to 5pm at the CGH Main Clinic. Appointments are required and can be made by calling (815) 632-5298.



**Help us hit a million steps in February!**  
Help your heart and enter for a chance to win one of our weekly prizes!  
Watch for more details coming soon!



# CGH UGLY SWEATER DAY '21



Helping Hands Daycare  
"PEOPLE'S CHOICE WINNER"



Pharmacy



Rock Falls Medical Center



Materials Management



Linsey McBride  
Morrison Physical Therapy



Case Management/Social Service



Karen Dever, Genia Reitzel  
& Brook Elmendorf  
Main Clinic Cardiology



Main Clinic Cardiology



Liz Foster & Rebecca Green  
Marketing