



Communique

March 26, 2020

A CGH Medical Center Publication

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COVID-19 Resources for CGH Employees

The COVID-19 pandemic continues to evolve along with recommendations and directions that come from IDPH and CDC. Please be assured we are doing our best to anticipate the needs of our patients, protect our employees, and educate our community. We will get through this together.

CGH would like to thank everyone for their support and cooperation during the past few weeks. All elective procedures have been cancelled. Volunteers have been sent home. Our visitor restrictions have tightened. We are

checking everyone (employees too) who comes into our buildings. We've sent home everyone who doesn't need to be here. Some employees don't have work to do so we are doing what we can to keep them going financially. In the midst of all that, we are still taking care of our patients that have an immediate or emergency need beyond COVID-19.

Employee Resources

CGH Medical Center has created a website to provide information to employee's that they can log into from home. The website is www.heartbeatcgh.com. We will continue to post announcements from Dr. Steinke and all employment related information as the COVID-19 situation continues. For general, up-to-date COVID-19 information, watch our Facebook page and www.cghmc.com/covid19.

Virtual Town Halls

An auto messenger went out yesterday for Dr. Steinke's first virtual Town Hall meeting for employees. You can view it on www.heartbeatcgh.com or you can go to Lifeline, click on the COVID-19 INFORMATION link and it is listed in that library. To submit a question for the next Town Hall go to www.heartbeatcgh.com and fill out the "Ask Us Anything" form on the homepage. Dr. Steinke will answer your submitted questions during upcoming virtual town halls.

Community Donations

We can't thank our community (and the surrounding communities) enough for all of the support you have shown us through this difficult time! Many people continue to ask us how they can help.

While we feel confident about our planning, we are unsure what may come down the road, including delays in receiving supplies due to nationwide shortages. Therefore, we are currently requesting donations of:

- NIOSH approved N95 masks
- Medical Procedure Masks
- Protective Wear (isolation or procedure gowns)

If you are willing to donate these items, please email DonateMaterials@cghmc.com or call 815-632-5324. Any items received that we currently have enough inventory of will be brought to the Whiteside County Health Department for distribution to other healthcare personnel throughout the county (such as nursing homes, assisted living facilities, senior centers, EMS/fire/police, etc). For up-to-date donation requests, please visit www.cghmc.com/covid19.



VIRTUAL
TOWN HALLS

with Dr. Paul Steinke, President & CEO

We Are CGH Orders



Buy a shirt or window cling to support our CGH Family!

All proceeds raised will go to the CGH Caring Fund in partnership with the CGH Health Foundation to help support our coworkers. We are grateful for those on the front lines of this pandemic & want to show them our support.

**Due to social-distancing, non-CGH employees MUST have shirts mailed. Shipping included in price.*

Shirts have been approved to be worn at work.

Non-CGH Employees* or Employees who want items shipped to them:

<https://www.cghmc.com/caringfundne/>

CGH Employees:

<https://www.cghmc.com/forms/cgh-caring-fund/>

Any questions, please contact Ashley Roux (iamcgh2@gmail.com) or Diane Ebersole (dianeebersole1@yahoo.com).

Scholarship Deadlines Extended to May 1

Scholarship application deadlines have been extended to May 1 for CGH Auxiliary and CGH Health Foundation grants.

It's easy to apply by going to cghmc.com/scholarships. There is one application for the Foundation and one application for the Auxiliary, with a **deadline of Friday, May 1 for both.**



CGH Auxiliary Scholarships

The CGH Auxiliary awards several \$1,000 scholarships to students who reside in the CGH service area. Students must have been accepted into their professional school of healthcare study and meet the criteria established by the Auxiliary.

Please return the completed form, found at www.cghmc.com/scholarships, to CGH Medical Center Auxiliary office or employee mailbox by 5 p.m. on **Friday, May 1**. Contact Deb Keaschall, ext. 5727, for more information.

CGH Health Foundation Scholarships

There are 8 nursing/healthcare scholarships open to the public – with one application for all 8. One criteria is proof of acceptance into your professional school of healthcare study. Residents of the CGH service area are eligible.

Please return the completed form, found at www.cghmc.com/scholarships, to CGH Health Foundation office or employee mailbox by 5 p.m. on **Friday, May 1**.

Visitor Restrictions Upgraded



On Sunday, March 22, CGH Medical Center implemented increased visitor restrictions for the protection of our patients and staff.

NO VISITORS are allowed at this time.

Some exemptions will be made for extenuating circumstances on a case-by-case basis, including:

- Children admitted to the hospital
- Maternity units
- Patients receiving end-of-life care
- Clinic or Outpatient testing patients who need assistance

For approved exceptions, only ONE visitor per patient will be allowed. They must be:

- 18 or older
- Either immediate family members, powers of attorney, guardians or patient representatives
- Healthy with no symptoms of an influenza-like/respiratory illness (including fever, cough, sore throat or sneezing). If you show symptoms, you will be asked to leave. You will be screened prior to entry. This includes having your temperature checked.

Thank you for your patience and understanding!

Mask Disinfection Trial



The process of saving masks started yesterday afternoon. Approximately 42 masks were disinfected this morning. We will continue to work on the process!



Our Doctors are the Heart of our Community!

At our hospital, patients come first.

And no one embodies that belief more than our doctors. Not only do they work long, often brutal hours to give their patients the best care possible, many go well beyond. They teach and mentor the next generation, donate their time in the community, and step up to care for the sick during national health crises like COVID-19. Since 1909, the doctors and healthcare workers at CGH Medical Center have helped our community through many pandemics such as the Spanish flu, cholera, polio, bird flu, H1N1 and other serious public health outbreaks. We will continue to be your trusted healthcare provider now more than ever.

From our hearts to yours, we say thank you to our doctors for all that you do for CGH and the communities we serve.

Happy Doctors' Day

Write a note at www.cghmc.com/ThankADoc



100 E LeFevre Rd, Sterling, IL • (815) 625-0400



CGH MEDICAL CENTER

BLOOD DRIVE

9:30AM - 7PM • THURS, APRIL 2, 2020
CGH RYBERG AUDITORIUM • 100 E LEFEVRE ROAD, STERLING, IL

**Appointments are required for this drive
NO WALK INS WILL BE ACCEPTED**

Blood shortages are now occurring in the U.S. as a side effect of the Coronavirus Pandemic (COVID-19), and blood donors are recognized as essential critical infrastructure in our response to COVID-19. We are working to prevent shortages locally.

For this blood drive, there are a few things to remember,

You will NOT be allowed to donate if:

- You are 80 years old or older.
- You have been diagnosed with or are being tested for COVID-19 (coronavirus).
- You have been within six feet of someone who has the virus or is being tested for the virus.
- You have a fever, cough, or shortness of breath.

- Blood donation is safe! Blood drives are safe environments where staff and donors are screened to be sure they are healthy and well and have not been exposed to the virus to be present. They are not mass gatherings for the purpose of social distancing.
- It's the blood on the shelf from regular donors that saves lives. Blood is a critical resource for patients and the blood center must maintain 24/7 operations during this pandemic to ensure life-saving treatment can continue.
- The blood supply is safe! There are no reports of the spread of COVID-19 by blood transfusion, and blood donation is permitted under the Shelter in Place directive in the State of Illinois.

To make an appointment, please contact

**Connie at (815) 625-0400, ext. 5425 or Michelle at ext. 6879
or visit www.bloodcenterimpact.org and use code 3591 to locate the drive**



On the day of the drive, donors may complete their questionnaire prior to arrival at the blood center by going to www.bloodcenter.org/earlyq. Potential donors must be at least 17 years of age (16 with parental permission form available through www.bloodcenter.org) and weigh more than 110 pounds. All donors must bring a Photo ID. Donors who last gave blood on or before 02/06/20 are eligible to give at this drive.

CGH Emergency Daycare

Beginning Monday, March 30, Emergency Daycare will be available at CGH Helping Hands Daycare from 6:30 a.m. to 5:30 p.m. for **essential staff only**. Limited openings are available on a first come first serve basis due to strict ratios.



Limited openings are available for ages 6 weeks to 12 years of age. Any child in that age group is accepted even if they do not currently attend.

Interested employees should contact Mimi Hicks at (815) 716-3960 for further details. The child's last physical and immunizations must also be provided.

April Birthdays

- | | |
|------------------------|------------------------|
| 1 Rosemarie Bass | 16 Amber Clark |
| 1 Penny Capesius | 16 Rahsaan Friend |
| 1 Skyler DeLaFuente | 16 Rosemary Gittleson |
| 1 Kaley Downie | 16 Robin Klenz |
| 1 Renee Stach | 16 Leah Landis |
| 2 Chris Gale | 16 Fran Taylor |
| 2 Jill Halverson | 17 Amanda Blasdell |
| 2 Jesse Pate | 17 Tara Celletti |
| 2 Sarah Prowant | 17 Deborah Etheridge |
| 3 Beverly Adamson | 17 Lyndi Lemay |
| 3 Evan Cooper | 17 Tia Thompson |
| 3 Angelica Dornes | 18 Bryan Kemker |
| 3 Brianna Kampmeier | 18 Serena Lahey |
| 3 Esther Salazar | 18 Daniel Posateri |
| 3 Lauren Williams | 19 Melissa Brooks |
| 4 Kayla Magill | 19 Christopher Ramirez |
| 4 Dawn Mayes | 19 Alex Schmidt |
| 4 Taylor Poulter | 19 Tara Steingraber |
| 4 Joseph Real | 20 Wendy Burke |
| 5 Linda Baker | 20 Jobelle Gamboa |
| 5 Tyler Lawson | 20 Heather Wakefield |
| 5 Tiffany Marquez | 21 Andrea Castanon |
| 6 Andrea Ferguson | 21 Amie Stoecker |
| 6 Tanja Gruber | 21 Shawna Winstead |
| 6 Julie Penne | 22 Ashlea Canady |
| 6 Eddie Pruis | 22 Katlyn Hagen |
| 6 Greta Van Weelden | 22 Glenna Lawson |
| 7 Jessie Henrichs | 22 Brenda Miller |
| 7 Cari Johnson | 22 Sarah Slaunwhite |
| 7 Marsha Malburg | 22 Alicia Wetzell |
| 7 Karen McNinch | 23 Jill Adolph |
| 7 Jorge Monteagudo | 23 Katherine Chase |
| 7 Diane Shipman | 23 Mary Devine |
| 8 Debra Bowman | 24 Susanna Riley |
| 8 Helen Bruni | 24 Brian Sage |
| 8 Amy Francque | 24 Barbara Smith |
| 8 Julie Schoeny | 24 Patricia VanDrew |
| 9 Andrea Fry | 24 Kim Wolfe |
| 9 Kimberly Peikert | 25 Allison Crawford |
| 10 Audriana Burks | 25 Amanda Dawson |
| 10 Lynette Ebersole | 25 Jaini Driscoll |
| 10 Carrie Pineda | 25 Maxwell Klimson |
| 10 Kerri Stover | 25 Stephanie Robbins |
| 10 Abril Vazquez-Tapia | 26 Sabrina Allen |
| 10 Mikayla Watkins | 26 Danielle Baker |
| 11 Karley Bonnell | 26 Andrew Manzano |
| 11 Rebecca Murray | 26 Joselyn Reed |
| 11 Suzette Schriener | 27 Deborah Blackert |
| 11 Paul Steinke | 27 Melinda Brainerd |
| 12 Julie Donovan | 27 Michelle Wiersema |
| 12 Sondra Heidenreich | 28 Alexandra Brady |
| 12 Karri Kloeping | 28 Jennifer Etheridge |
| 12 Amy Marcinkiewicz | 28 Jennifer Rodriguez |
| 12 Michael Pearson | 28 Heather Widolff |
| 12 Gina Silvius | 29 Alicia Fritz |
| 13 Coral Engle | 29 Kelcie Fullmer |
| 13 Andrew Jacobs | 29 Virginia Heal |
| 13 Hannah Walls | 29 Mary Matthews |
| 14 Rachel Deets | 29 Timothy Pashon |
| 14 Brandon Dewey | 29 Tarah Pyse |
| 14 Kimberly Whalen | 29 Sterling Reese |
| 15 Justin Brown | 30 Steven Adee |
| 15 Melissa Henson | 30 Tammy Heslop |
| 15 Debbie Pratt | 30 Nikki Roberts |
| 15 Tammy Vinson | 30 Amy Waldschmidt |
| 15 Cynthia Zander | 30 Dena Wheeler |

Thank You from Ready Care



The CGH Ready Care staff sends a huge "Thank You" to everyone that has supported them over the past several days, including the "Sauk Valley Taking Care of Our Caretakers" group that provided pizza for their lunch on Monday.

March New Employees



Front Row (L - R): Kevin Lee (EMT-P, Pre-Hospital); Kim Whalen (RN, Surgical Floor); Monty Smith (Front Door Attendant, Business Services); Andrew Manzano (IT Support Tech, IT)

Back Row (L - R): Amy Letcher (Medical Assistant, Float - Clinic); Xavier Cervantes Arreola (Food & Nutrition Assistant, Dietary); Alison Wittenauer (RN, Float - Clinic); Andy Jackson (Semi Skilled Maintenance Engineer, POM); Tom Ritenour (Carpenter, POM); Tammy Johnston (Security, Per Mar); Austin LaMaack (Security, Per Mar)



Front Row (L - R): Kara Nehr Korn (Phlebotomist, Laboratory); Gaby Ovalle (Food & Nutrition Assistant, Dietary); Sara Jordan (RN, Critical Care Unit); Priscila Espinoza Castillo (Teacher's Aide, Day Care)

Back Row (L - R): Patricia VanDrew (Patient Transport, DID); Andrea Niccoli (General Secretary, Laboratory); Kara Ellis (CNA, Medical Floor); Maribel Sandoval (LPN, Family Practice, Downtown); Lori Kemmerer (Cardiac Monitor Tech, Critical Care Unit); Steffanie Saiter (Surgical Scrub/Sterile Processing Tech, Central Sterile)