



Communique

July 2, 2020

A CGH Medical Center Publication

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CGH Medical Center Revises Visitor Restrictions

CGH Medical Center continues to closely follow IDPH and CDC guidance in order to ensure the highest quality and safety standards that keep our patients, co-workers and visitors as safe as possible. Although visitor restrictions have been revised, we are still limiting visitation to one approved visitor per day for general visitation to help keep unnecessary interaction at a minimum.

For department specific visitor instructions for the following departments: Inpatient Units (Medical, Surgical, CCU, Pediatrics); Inpatient Surgery, Same Day Procedures (Operating Room, Digestive Health, Invasive Radiology & Cath Lab); Emergency Department (ED); and Clinics/Outpatient Testing Services, please visit www.cghmc.com/covid19.



Effective Monday, June 29, CGH Medical Center's general requirements for visiting responsibly include the following:

- The NO VISITOR restrictions remain in place for COVID-19 positive patients.
- ONE approved visitor PER DAY for general visitation will be identified by patient and placed on the official visitor list by nursing/clinical team. Visiting hours are 1 to 7 pm.
- The visitor must comply with screening at facility entrance. If the visitor does not pass this screening, he/she will be asked to leave.
- If the visitor has tested positive for COVID-19 in the previous 10 days, he/she will be asked to leave.
- The visitor must comply with personal face covering (cover nose and mouth) during the entire visit. If the visitor does not or is not able to comply with masking, he/she will be asked to leave.
- The visitor must comply with social distancing and should not congregate.
- Visitors under the age of 18 are not allowed.
- Visitors are required to consume any food or drink OUTSIDE the hospital/clinic to ensure compliance with use of face coverings.
- The hospital cafeteria is closed to the general public, but visitors may utilize the cafeteria during visitor hours of 1 to 7 pm. Limited seating is available. No food or drinks are allowed in patient care areas.
- Please follow department specific visitor instructions when applicable. Visit www.cghmc.com/covid19 for more information. Staff will guide you to specific areas.
- Special exceptions to these guidelines include the following:
 - End of Life patients (maximum three visitors)
 - Pediatrics (both parents/guardians may remain with the patient during normal visiting hours)
 - Clinic and Outpatient Testing Services (visits that allow support persons include parent/guardian of patient; special assistance needed; obstetrics visit/ultrasound; oncology office visit)

We appreciate your patience and understanding as CGH Medical Center's response evolves and various protocols are updated. Ultimately, our goal is to continue to maintain the safest environment possible for our patients and co-workers.



You've Got a Friend!



Deliver baskets to
CGH Health Foundation Office
2600 North Locust St., Sterling
by Friday, July 17 at NOON!

The CGH Health Foundation
Silent Auction
will go on!

Baskets Needed
We're hosting an
Online Auction instead

7 am Thurs., July 23 - Noon Mon., July 27

Grab some friends from your department or do a basket yourself!
Let's get every department involved!

Any questions, please contact:

Mimi Hicks, x5745, Beth Warner, x6110, event co-chairs, or Amanda Blaine, x5575

**Deliver baskets anytime, M-F, 8 am - 5 pm,
to CGH Health Foundation Office, 2600 N. Locust St., Sterling, by
final deadline, Fri., July 17 at noon!**



COVID Cuties Contest



CGH Medical Center is celebrating babies born during COVID-19. Many of these little ones were born without a baby shower or were not able to have any visitors to welcome them to the world.

We want to celebrate babies born at the CGH Birthing Center by hosting a contest and sharing their photos. (Please note that identifying information will not be used.)

Parents who are willing to participate can upload a photo of their young one and tell the story of their birth. Contest dates for birth are March 9, 2020 through now.

Everyone who submits a story will be entered into the prize drawing. The top three stories will be shared publicly.

Prizes are:

- 1st Place - \$250 Amazon gift card, a massage for mom and a baby care package
- 2nd Place - \$100 restaurant gift card and a baby care package
- 3rd Place - \$50 restaurant gift card and a baby care package

Entrants must complete a signed waiver. Submissions are due by August 7, 2020. Winners will be contacted by phone. **The COVID Cuties Contest opens July 6, 2020.** To submit a photo and story for your COVID Cutie, go to cghmc.com/covidcuties.

Thank You

Dear CGH Caring Fund,

We want to thank you from the bottom of our hearts for the money you gave to my dad's memorial fund when he passed away. The money will go towards glaucoma research through the Wheaton Eye Clinic where my dad was a patient for years. My family and I are so grateful for your thoughtfulness and your generous gift of money in his memory.

We also want to say thank you to everyone who remembered us with your prayers, thoughts, phone calls, emails, and cards. A very special thank you to my work family for the beautiful flowers, the Willow Tree figurine of a daughter and her dad, and the beautiful handmade card. It meant so much to me! Thank you again!

Ivan Adams Family

Kathy Edson, Rock Falls Family Medicine

High School Graduate Correction
Yvette Sandoval, daughter of Maribel Sandoval
(Downtown - Family Medicine),
graduated from Sterling High School