



Communique

September 24, 2020

A CGH Medical Center Publication

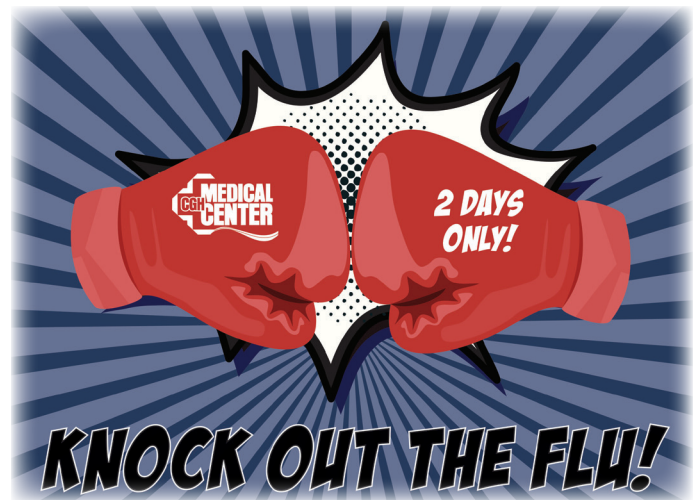
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Employee Flu Vaccination - Emergency Management Drill

As you all know, we've spent most of this spring and summer fighting a new respiratory virus – COVID-19. Although we are still in the midst of this pandemic, now is also the time for us to turn our attention to another familiar respiratory illness – influenza (the flu).

This year will look a little different than in years' past because we will be conducting an emergency management drill as part of the employee flu vaccine administration. IDPH requires CGH to ready ourselves for emergency events by conducting these emergency managements drills at least twice a year. We have regularly conducted these drills in the past and you may or may not have been a part of them. They usually involve our Pre-Hospital, Emergency Department, and other associated and support areas. This year's drill will be different because it will involve everyone.



The emergency management drill, that will be running along with our regular employee flu vaccination program this year, will allow us to prepare and test for a future event that would require vaccines to be distributed quickly and efficiently to the community. What we are trying to accomplish is to practice for such mass vaccinations by getting **as many employees as possible vaccinated at the same time.**

Accordingly, influenza vaccinations will **NOT** be provided at multiple times, but over the course of a two-day emergency management drill. For this to be successful, we need all CGH employees (yes, this means YOU) to help with this important event! Thanks in advance for your help!

Main Event: When and where to participate

The two-day flu vaccination/emergency management drill will be held **Monday, September 28** and **Tuesday, September 29** in the following locations:

1. **Ryberg Auditorium** – for ALL staff working their scheduled hours – in the hospital and Main Clinic on Sept. 28 or 29. (We will work with managers to pre-schedule times for as many departments as possible to avoid congestion and help with ease of patient care.)
2. **Drive-up tent in the West parking lot** – for ALL employees NOT scheduled to work on 9/28-29 and for all off-site staff **Enter ONLY to West lot from Locust St. - Exit ONLY from West lot onto LeFevre Rd.**
3. **Blue Walk-up tent (near Drive-up tent)** – for both scheduled and non-scheduled staff
 - Vaccines will be sent to off-site clinics. Staff members at these locations should also make sure to get your vaccine on Sept. 28 or 29.
 - Employees at the hospital and Main Clinic will need to make plans to receive your vaccines at the drive-up tent or walk-up site listed above.

Again, our goal is to vaccinate ALL employees on these two days.

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Employee Flu Vaccination - Emergency Management Drill continued from cover

Additional important information

1. Please bring your badge as you will need it to be scanned in for your vaccine. All registration and documentation will be done electronically. Consent will be available for review prior to vaccine administration so that you have time to review prior to signing onsite.
2. Please wear clothing that allows for ease of vaccination in your shoulder.

Adhering to our flu policy

CGH strongly recommends that all employees and volunteers receive the influenza vaccination unless they have a documented medical exception from a provider due to allergy, adverse reaction or other documented physical disqualification. The choice about whether or not to receive the flu vaccine is still yours but please understand, those who choose not to receive their vaccine are not eligible for their yearly bonus.

What about the COVID-19 Vaccine?

You've also probably spent time hoping for a COVID-19 vaccine. We are hoping it will be here soon as well. CGH will not be offering it until it is determined to be safe and effective. At this point, we don't know when that may be. While we don't have a COVID-19 vaccine yet, we DO have a flu vaccine that's available and easy to get. In fact, a flu shot is your best protection:

- It can stop you from getting the flu.
- If you do get sick, your illness will be milder and shorter.
- It protects others, including your family and our most vulnerable patients.
- It protects you all season.

We've all worked together at fighting COVID, so now let's work together to not only reduce the impact of influenza season, but also help us all plan and prepare for a mass vaccination that is (hopefully) in our near future. If you have any questions regarding this two-day event, please contact Lori in Employee Health at ext. 4438.

Employee Appreciation Week

We want to take this opportunity to thank each and every one of you for the time, effort and work you do at CGH day in and day out. Like almost everything in our lives right now, COVID-19 changed the way we celebrate Employee Appreciation Week.

We missed seeing all of your faces throughout the week but your health and safety is the most important, please remember our Anniversary celebration for employees celebrating a milestone anniversary is not cancelled; rather it is postponed until we can celebrate together in our traditional gathering. We will contact this year's participants with details once the rules allow us to gather and enjoy the meal and awards ceremony together.

We are Stronger Together



CGH HEALTH FOUNDATION
**DELICIOUS
DESIGNS**
2020 **WE'VE GONE VIRTUAL!**

The seventh annual CGH Health Foundation Delicious Designs event has gone VIRTUAL this year and will greatly impact the breast health of Sauk Valley women. The goal this year is to raise \$100,000 toward purchase of a new 3D Tomosynthesis mammography system at CGH.

Bid on our VIRTUAL Silent Auction items from October 15 to 21. Online bidding begins at 7 a.m. on Thursday, October 15 and runs 24/7 until 5 p.m. on Wednesday, October 21.

- Gift baskets, experiences, services, desserts and gift cards will be auctioned online by shopping on the AirAuctioneer.com website.
- The AirAuctioneer.com link will go live on October 14 on the CGH website. Sign in and get ready to bid to your heart's content at www.cghmc.com/deliciousdesigns.

We are Stronger Together. Join with us on behalf of area women!

Healthcare Food Service Workers Week

In October 1989, President George Bush announced the first annual "National Health Care Food Service Week," to observe the contributions of professionals in the health care food service industry. The week of observation, **October 4-10**, reaches out to professionals such as chefs, dietitians, and food service staff who not only keep waistlines in check, but who provide delicious and health conscious meals for health care facility patients and staff.

**HEALTHCARE
FOODSERVICE**
HEROES WORK HERE

From the preparation to the delivery of foods at CGH, our Dietary department professionals often work behind the scenes, but play an integral role in the nourishment of staff and patients. **Thank you to our Dietary staff for all that you do!**

COVID Cuties Winners

Many little ones born during the COVID-19 pandemic (since March 9, 2020) were born without a baby shower or were not able to have any visitors welcome them into the world due to safety restrictions. CGH recently celebrated all of the infants born at the CGH Birthing Center during this time and their families with a "COVID Cuties" contest, where parents were asked to submit their infant's photo and the story of their birth.

Nearly 50 entries were received, and winners of the contest were the DeVries family, the Magnafici family, and the Dean family. They were presented their prize baskets by CGH Birthing Center staff members Lisa Gordon, RN, BSN, CPN; Marcela Sproul, RN, CLS; and Liz Austin, RN.

Everyone who submitted a story was entered into the drawing for a Baby Care prize basket that included receiving blankets, diapers, wipes, pacifiers, a book and a stuffed animal, plus a \$250 Amazon gift card and a massage for first place, \$100 in gift certificates to local restaurants for second place, and \$50 in gift certificates to local restaurants for third place. Congratulations to our winners, and thank you to all who participated!



DeVries Family



Magnafici Family



Dean Family



BACK UP SAUK VALLEY!

Protect & Respect Our Community

- **WEAR A MASK**
- **WASH YOUR HANDS**
- **STAY 6 FEET APART**
- **STAY HOME WHEN SICK**

#maskupsaukvalley #strongertogether #cover-clean-contact-confine

The Whiteside County Healthier Communities Partnership has launched an education campaign

Mask UP, Wash UP, and Back UP!

to encourage the Sauk Valley to follow the recommended safety precautions.

We know this is a challenging time for everyone; let's continue to be Sauk Valley Strong as we support each other through this Pandemic.



CGH AUXILIARY GIFT SHOP

NEW ARRIVALS!

HOURS: MONDAY - FRIDAY 9 AM - 4 PM

(SUBJECT TO CHANGE)



October Birthdays

- | | |
|------------------------|------------------------------|
| 1 Anna Imel | 17 Melanie Mangan |
| 1 Ashley Revels | 17 Abigail McCormick |
| 2 Melissa Anderson | 17 Courtney Mohr |
| 2 Kathryn Edson | 17 Kelcie Wilkens |
| 2 Sabrina Stock | 17 Cynthia Witherow |
| 3 Kylie Brauer | 18 Alexis Grobe |
| 3 Erica Day | 18 Kaylyn King |
| 3 Stacy Dillard | 18 Margo Rahn |
| 3 Susan Ernst | 18 Xenia Ramos |
| 3 Jodie Gaffey | 18 Charity Wheat |
| 3 Kristie Geil | 19 Lyndsay Hodapp |
| 3 Cherie Parker | 19 Debora Johnson |
| 3 Doris Saile | 19 Katie Pfundstein |
| 3 Julie Smeltzer | 19 Shannon Phelan |
| 4 Magdalena Castillo | 20 Aaron Drey |
| 4 Kelli Jepson | 20 Raquel Lilly |
| 4 Rebecca Mayberry | 20 Kaitlyn Miller |
| 4 Regina McCulloh | 21 Marjorie Burtlow |
| 4 Melissa Meusel | 21 Peggy Carney |
| 4 Jeanie Swanson | 21 Lekeshi Crawford |
| 5 Deborah Devine | 21 Chester Dela Cruz |
| 5 Michele Harrison | 21 Shirley Hernandez |
| 5 Danielle Scully | 21 Susan Jacobs |
| 5 Vanessa Williamson | 21 Samantha Linkowski |
| 6 Jennifer Howard | 21 Noah Niemann |
| 6 Sonia Johnson | 21 Regina Superczynski |
| 6 Korissa Kipping | 22 Kathy Colon |
| 6 Ruben Leal II | 22 Amber Guinn |
| 6 Charles Mighell | 22 Kaylie Hawbaker |
| 6 Alaina Sanchez | 22 Sara Jordan |
| 6 Laura Soleta | 22 Brandi Nicklaus |
| 7 Kathryn Beck | 22 Allison Shank |
| 7 Jennifer Bookman | 22 Whitney Smith |
| 7 Ken Koerner | 22 Todd Whiles |
| 7 Jessica Lehrer | 23 Jamie Huggins |
| 7 Amy Letcher | 23 Angela Renkes |
| 7 Young Song | 23 Matthew Tichler |
| 7 Ashley Swanson | 24 Katie Johns |
| 8 Julie Jones | 24 Ashok Maini |
| 8 Englantina Navarro | 24 Margaret Ruckman |
| 8 Desiree Olalde | 24 Angela Sullivan |
| 8 Karmen Sage | 25 Barbara Brady |
| 8 Nancy Tran | 25 Miriam Ferrel |
| 8 Andrea Vickers | 25 Mary Harvey |
| 9 Erika Stach | 25 Daxtun Heier |
| 10 Sherri Bellini | 25 Brandon O'Brien |
| 10 Lacey Dierks | 25 Richard Rodriguez |
| 10 Kaylan Dietz | 26 Lindsey Gray |
| 10 Stevie Jamin | 26 Meagan Hoehn |
| 10 Eric Kuhns | 26 Mary Lally |
| 10 Ryan Venema | 26 Denise Zink |
| 11 Abby Anderson | 27 Nicholas Conklen |
| 11 Randal Davis | 27 Lynn Gallegos |
| 11 Karen Hosler | 27 Cally Hibbard |
| 11 Linsey McBride | 27 Jennifer Johnson |
| 12 James Babu | 27 Michelle Nelsen |
| 12 Bryan Frederick | 28 Shauna Gipe |
| 12 Laura Mckenna | 28 Aimee Mouw |
| 13 Sean Bond | 28 Sandra Reed |
| 13 Pamela Crawford | 29 Amy Kutz |
| 13 Rita Hart | 29 Shelly Meier |
| 13 Johnny Hearn | 29 Jennifer Robers |
| 13 Alexander LaMendola | 29 Adam Schaefer |
| 13 Sara Rivera | 29 Trisha Shuck |
| 14 John Foust | 29 Tammy Tomman |
| 14 Chelsi Jones | 29 Craig Vander Molen |
| 14 Cheryl McCaffrey | 30 Kevin Anderson |
| 14 Becky Romano | 30 Lisa Armstrong |
| 15 Tyradenay Brands | 30 Mariana Bermudes Martinez |
| 15 Warren Judge | 30 Teresa Craft |
| 15 Hope Kraft | 30 Calya Crane |
| 15 Kelsi Peterson | 30 Alexandra Hollinger |
| 15 Sandra Ryan | 30 Eyan Zubler |
| 15 Lisa Schantz | 31 Jaziel Chavira |
| 15 Cassandra Trickle | 31 Therica Heeren |
| 16 Theresa Devine | 31 Kristina Koehler |
| 16 Shelby Rus | 31 Lindsay Melendrez |
| 17 Jennifer Brubaker | 31 Elliott Mertes |
| 17 Pamela Carey | |
| 17 Julia Hammer | |

Scrubs On-Site Sale

Thursday, October 15th

**RYBERG
AUDITORIUM**

Payroll Deduct, Cash, & Credit Card

CGH Logo Apparel Online Store:

Kickoff October 15th!

#SCRUBS
by MFG

Sponsored by CGH Auxiliary

BLOOD DRIVE

CGH Medical Center

Thursday, October 1

9:30 am to 7:00 pm

In the Ryberg Auditorium (100 E. LeFevre Rd., Sterling)

Call Michelle or Bryan at 815-625-0400
(x6879 for Michelle or x1057 for Bryan)

Bring Photo I.D.

Appointments and masks required

Please eat before donating.

Last Date to Donate Elsewhere: August 6, 2020



**GIVING
BLOOD
IS CLASSIC**

All donors will earn a **GIFT CARD**
OR retro inspired T-SHIRT!