

CGH HEALTH FOUNDATION  
**DELICIOUS  
20  
22 DESIGNS**



Sept. 7, 2022

Dear Friend,

Sauk Valley area women receiving breast health services and those impacted by dementia could use your help!! An easy way to make a difference in their lives is by supporting the ninth annual CGH Health Foundation Delicious Designs event, which is being hosted VIRTUALLY again this year.

Event Co-Chairs are Kayla Brown, funeral director at McDonald Funeral Home; Gina Grennan, director of CGH Diagnostic Imaging and Northern Illinois Cancer Treatment Center; and Lindsey Pistole, VP of Retail at Sauk Valley Bank.

Proceeds from the annual event will fund the new Dementia Project as well as the long-time Women's Health Program. We will continue to partner with CGH Medical Center in providing screening mammograms with no out-of-pocket costs to area women. Diagnostic tests, breast biopsies, ultrasounds and MRIs are also partially covered. Comfort bags for breast cancer patients and meals for CGH Medical Center chemotherapy patients are funded as well.

There are a variety of ways to get involved:

- Bid on over 150 baskets, services, experiences and gift cards during the five-day virtual auction, which runs from 7 a.m., Thursday, Oct. 20 to 8 p.m., Tuesday, Oct. 25.
- Sponsor a Wish List item for our patients
- Create a Purple or Pink Ribbon Tribute in honor of or in memory of a loved one impacted by breast cancer or dementia
- Sponsor a \$240 "virtual" table
- Sponsor a \$300 dessert, make arrangements with the baker on the date!
- Share our event information with your social media friends

*"My passion to be part of the Foundation campaign is twofold. In my role as Director of CGH Diagnostic Imaging and the Cancer Treatment Center, I see the advantages of early detection of breast cancer. Breast cancer that is found early, when it's small and has not spread, is easier to treat successfully. Secondly, our family has been directly impacted by dementia. I want to be part of raising awareness of the challenges families face while navigating through the dementia journey. It is important to take care of your loved one with dementia and for those that are their caregivers. I will do this in honor of my beloved mother-in-law, Peggy Grennan."*



Gina Grennan

## HOW YOU CAN GET INVOLVED

**Bid on our VIRTUAL Silent Auction items** from Oct. 20 to 25. Online bidding begins 7 a.m. Thursday, Oct. 20 and runs 24/7 until 8 p.m. Tuesday, Oct. 25.

- Gift baskets, experiences, services, desserts, gift cards and Wish List items will be auctioned online by shopping on the AirAuctioneer.com website. Sign in and get ready to bid to your heart's content at [www.cghmc.com/deliciousdesigns](http://www.cghmc.com/deliciousdesigns).

**Sponsor a Wish List item.** Choose from any of the items (like head scarves, turbans, gas cards, dementia education books) on the enclosed list and send in your gift.

**Create a Purple or Pink Ribbon Tribute** in honor of or in memory of a loved one impacted by breast cancer or dementia.

Go to <https://www.cghmc.com/pinkribbontribute>. All submissions will be displayed on the hospital website.

**Sponsor a \$240 "virtual" table.** As if you were attending the event, help us reach our goal by sponsoring a table of 8 @\$30 per seat.

**Sponsor a \$300 dessert.** We'll provide a list of area bakers who have agreed to create their specialties for our supporters. You will contact the individual and determine what date is best over the next few months to receive the goodies.

**Share our event information with your social media friends.**

- FOLLOW our CGH Health Foundation Facebook page, click SUPPORTING on our virtual event and SHARE
- Check out more details about our virtual event at [www.cghmc.com/deliciousdesigns](http://www.cghmc.com/deliciousdesigns)

"I am honored to be co-chairing an event that will be contributing to help fund CGH's new Dementia Project. This past year I lost my grandmother to Alzheimer's dementia, so a cause that will assist a project like this is something that is personally near and dear to me. I know that many individuals in our community, whether they are caregivers, family members, or those receiving a diagnosis, can benefit from the resources that the Dementia Project will have to offer."



Kayla Brown



Lindsey Pistole

"I'm proud to be affiliated with this important fundraiser for CGH. I have been fortunate to share in efforts for this wonderful event for the past 5 years, and have seen firsthand how the Foundation impacts our community. The Dementia Project hits home for me as dementia has unfortunately directly impacted my family. Being able to help provide resources to patients and caregivers is so important when navigating through this diagnosis. Now more than ever, helping to spotlight the importance of the programs and offerings available to our community members is so important to those who need the services. Being able to help raise awareness is my motivation to continue to be a teammate of this fantastic event."

**Check out the enclosed list of Wish List ideas.**

**Join with us in support of area women!**

With grateful thanks,

Lindsey Pistole, event co-chair  
Sauk Valley bank  
VP of Retail  
815/878-7564

Gina Grennan, event co-chair  
CGH and NICTC  
Director, Diagnostic Imaging  
Director, NICTC  
815/716-6363

Kayla Brown, event co-chair  
McDonald Funeral Home  
Funeral Director  
815/499-5976