



You have been scheduled for an **Esophagram (barium swallow)**

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| <b>Appointment Date</b> |  |
| <b>Arrival Time</b>     |  |

You have been scheduled for an **Esophagram (barium swallow)**.

For this exam, you will be asked to drink barium (a chalky liquid). X-rays will be taken as you drink it. This exam may take 30 minutes to 1 hour.

Please follow the following instructions to prepare for the exam:

1. Do not eat or drink after midnight, before the exam.
  2. Take your normal medications with small sips of water.
  3. Women of childbearing age (12-55) should have this exam done only during the first 10 days following the first day of their period, when it is certain there is no pregnancy. If the exam is done at any other time, then a pregnancy test is required (except for women who have had a tubal ligation or hysterectomy).
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- Please bring your insurance, Medicare, or Medicaid cards with you. To ensure accurate billing, the Admitting staff will need to copy these each time you come to CGH Medical Center for service.
  - Check with your insurance company to see if the exam/test ordered requires pre-certification or a second opinion.
  - Report to the Admitting department 15 minutes prior to your appointment to allow time for your registration.
  - If you have any questions about your scheduled exam, please call the Central Scheduling department at 625-3610 between the hours of 8 am to 5 pm weekdays. We will be glad to answer your questions.
  - Expect to receive a pre-procedure phone call from our radiology department the day before your exam.

100 E. LeFevre Road – Sterling, IL 61081 – (815) 625-0400